



BIENNIAL REVIEW 2024

Lake Region State College

Drug-Free Schools and Campuses Regulations [EDGAR Part 86]

Jessica Dimitch, Counseling & Disability Services Coordinator | Academic Affairs | December 2024

Alcohol and other Drug Prevention Certification Signed by Chief Executive Officer

**Lake Region State College
Drug-Free Schools and Campuses Regulations [EDGAR Part 86]
Alcohol and Other Drug Prevention Certification**

The undersigned affirms the adoption and implementation of an alcohol and other drug prevention program for students and employees, which includes the following components:

1. Annual Distribution of Information

The program ensures that all employees in addition to students enrolled in credit-bearing courses (excluding continuing education units), regardless of the program length, receive the following:

- Clear standards of conduct that strictly prohibit the unlawful possession, use, or distribution of illicit drugs and alcohol on institutional property or as part of any institutional activities.
- A description of applicable legal sanctions under local, state, or federal laws for the unlawful possession or distribution of illicit drugs and alcohol.
- Information about the health risks associated with illicit drug and alcohol use.
- Details about drug or alcohol counseling, treatment, rehabilitation, or re-entry programs available to employees and students.
- A clear statement outlining disciplinary sanctions for violations of the standards of conduct, which may include expulsion, termination of employment, referral for prosecution, or the completion of a rehabilitation program.

2. Biennial Program Review

The institution will conduct a comprehensive review of its alcohol and drug prevention program every two years to:

- Evaluate its effectiveness and implement necessary changes to improve the program and policies.
- Ensure consistent enforcement of disciplinary sanctions.

By implementing this program, the institution reaffirms its commitment to promoting a safe and healthy environment for its community.

Lake Region State College
Name of University

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Address of University

Doug Darling, Ph.D.
Typed Name of Chief Executive Officer

0254229
IRS Employer Identification Number


Signature of the Chief Executive Officer

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INTRODUCTION/OVERVIEW

The 2024 Lake Region State College Biennial Review fulfills the requirement of the Drug-Free Schools and Campus Regulations that call for institutions of Higher Education to conduct a biennial review of their alcohol and other drug (AOD) programs and policies (EDGAR Part 86.100).

It is the goal of the Student and Academic Affairs Divisions (Appendix A) to produce a Biennial Review that would be used to document the progress made by Lake Region State College and also provide insight into how Lake Region State College AOD programs could be improved.

The 2024 Lake Region State College Biennial Review meets two objectives:

1. Evaluation of AOD prevention program effectiveness at Lake Region State College.
2. Ensure Lake Region State College enforces consistent disciplinary sanctions for violating standards of conduct.

This Biennial Review encompasses January 1, 2022 - December 31, 2024.

Philosophy

Lake Region State College acknowledges that the use of alcohol and other drugs is a significant issue in our society and recognizes its responsibility to support students and employees in maintaining a drug-free lifestyle. The college is committed to fostering an academic and social environment that supports the personal and academic development of its students, faculty, and staff. Lake Region State College believes that promoting and sustaining a drug-free community benefits both the college and society as a whole.

In line with this commitment, Lake Region State College has established the following objectives:

1. To develop and enforce clear policies regarding the use of alcohol and other drugs on campus.
2. To provide educational initiatives aimed at preventing alcohol abuse and illegal drug use.
3. To cultivate a campus environment that emphasizes individual responsibility to oneself and the broader community.
4. To offer education and referral resources for students, faculty, and staff experiencing issues related to alcohol and other drugs.

To achieve these goals, Lake Region State College adheres to the statutory requirements outlined in the Drug-Free Schools and Communities Act Amendments of 1988 (Public Law 101-226), which govern prevention programs and federal assistance for institutions of higher education.

BIENNIAL REVIEW PROCESS

Biennial Review Preparer

Jessica Dimitch, Counselor and Disability Support Services Coordinator oversees and produces the Biennial Review out of the Academic Affairs Office. Information is produced from the following departments/individuals:

- Director of Housing, Scott Dunbar
- Director of Academic Affairs, Jade Erickstad
- Assistant Vice President of Student Affairs, Casey Zehrer
- Vice President of Academic and Student Affairs, Lloyd Halvorson
- Director of NDUS Student Affairs, Katie Fitzsimmons

Location of Report

The Biennial Review is located in the President's Office, Paul Hoghaug Library, and online at www.lrsc.edu: Admissions & Aid: Consumer Information: Biennial Review. A hard copy will be made available upon request from the Office of Counseling & Disability Services in Academic Affairs as well as in the Human Resources Office.

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ANNUAL POLICY NOTIFICATION PROCESS

Content of Alcohol/Drug Abuse and Prevention Statement

As outlined and required by the Department of Education, Lake Region State College's Alcohol/Drug Abuse Statement (Appendix A) can be found at <https://www.lrsc.edu/student-life/substance-use-education>.

Notification Process for Employees

LRSC sends an official campus email to employees mid-fall, mid-spring and mid-summer term sessions with LRSC's Alcohol/Drug Abuse Statement. During employee orientation, the Human Resources Manager has each new employee sign the DRUG-FREE workplace acknowledgement provided by the state of North Dakota for all state employees.

- Appendix B - official campus email
- Appendix C - Drug-Free workplace acknowledgement

Notification Process for Students

LRSC sends an official campus email to students mid-fall, mid-spring and mid-summer term sessions with LRSC's Alcohol/Drug Abuse Statement. Every new student then has access to receive a hardcover handbook or review it online upon registration of classes at LRSC. Each student living in the residence hall has the opportunity to receive a student handbook in his/her mailbox at the beginning of the school year. Policies are discussed in New Student Orientation with on and off campus new students. Incoming freshmen are encouraged to take UNIV 101 as a course. LRSC goes over policies in one classroom session during UNIV 101.

- Appendix B - Official campus email
- Appendix D - UNIV 101 schedule
- Appendix E - Orientation schedule

ALCOHOL AND OTHER DRUG (AOD) DATA/NEEDS ASSESSMENT

LRSC, in conjunction with the North Dakota University System (NDUS), collects data for various initiatives on campus and within the community. This data is described in the Appendix F.

AOD POLICY, ENFORCEMENT, AND COMPLIANCE INVENTORY

A. Policies

1. Alcohol and Drug Abuse Prevention Statement - Appendix A
2. Drug and Alcohol Abuse Education - Alcohol and other drug policies are discussed in athletic orientation which occurs during new student orientation. LRSC makes a referral for each student found in violation of policy 1500.15 [Lake Region State College Policy and Procedure Manual](#) (Appendix G) to the Counseling Coordinator where alcohol and/or drug education takes place. Based on the student needs, counseling may or may not continue. In addition, all consequences defined in 800.30 [Lake Region State College Student Handbook](#) (Appendix H) will be looked upon in a case by case manner.
3. Dry Campus Policy: Alcohol is banned or restricted on campus.
 - a. [State Board of Higher Education Policy 918](#) (Appendix I)
4. Student Code of Conduct
 - a. 800.30 [Lake Region State College Student Handbook](#) (Appendix H)
 - b. 1500.15 [Lake Region State College Policy and Procedure Manual](#) (Appendix G)
5. Alcoholic Beverages - Payment from College/University Accounts
 - a. This is prohibited based on [State Board of Higher Education Policy 918](#) (Appendix I)
6. Alcoholic Beverages - Sale, Serving and Consumption
 - a. This is prohibited based on [State Board of Higher Education Policy 918](#) (Appendix I)
7. Tailgating does not occur on LRSC Campus or at athletic events.
8. Alcoholic Beverages in or consumed in campus housing is prohibited based on the following policies
 - a. [State Board of Higher Education Policy 918](#) (Appendix I)
 - b. 800.30 [Lake Region State College Student Handbook](#) (Appendix H)
 - c. 1500.15 [Lake Region State College Policy and Procedure Manual](#) (Appendix G)
9. Substance Abuse on campus housing is prohibited based on
 - a. 800.30 [Lake Region State College Student Handbook](#) (Appendix H)
 - b. 1500.15 [Lake Region State College Policy and Procedure Manual](#) (Appendix G)
10. LRSC does not have sororities or fraternities associated with the campus in any way.
11. LRSC is a smoke free/tobacco free campus according to section 400.25 of the [Lake Region State College Policy and Procedure Manual](#) (Appendix J)
12. Medical Amnesty Laws: LRSC respects and abides by the medical amnesty laws for drug and alcohol related emergencies under North Dakota Century Codes [5-01-08](#) (Appendix K) and [19-03.1](#) (Appendix L) in 1500.15 [Lake Region State College Policy and Procedure Manual](#) (Appendix G)
13. In accordance with the NJCAA [Code of Conduct NJCAA Athletics](#) (Appendix M), NJCAA athletics prohibits the use of tobacco, alcohol and other drugs. These can be reported to the Executive Director of the NJCAA or his/her designee. LRSC adheres to LRSC Athletic Handbook (Appendix N) for situations involving use of alcohol and other drugs.

14. LRSC does not currently have an Athletic Department Alcohol and Other Drug Testing Policy.
15. Employee assistance program referrals are completed through supervisors, human resources and at times through the [Lake Region State College Policy and Procedure Manual](#) Cares Team policy 800.29 (Cares Team). (Appendix O)
16. Financial Aid follows the federal policy for drug convictions found on page 21 of Volume 1 of [Federal Student Aid Student Eligibility](#) .
17. Sexual Assault and other Violence is within policy 1500.09 .03 g. [Lake Region State College Policy and Procedure Manual](#). (Appendix P) Incapacitation is a state where a person cannot make rational, reasonable decisions because they lack the capacity to give consent, due to the use of drugs or alcohol, unconsciousness or because of an intellectual or other disability. Furthermore, in section 1500.09 amnesty for alcohol, drug and other code of conduct violations exist if students who experience sexual misconduct, report an incident of sexual misconduct or assist a victim while under the influence of alcohol or other drugs.
18. Alcohol/Drug use in the classroom policy is addressed in [Lake Region State College Policy and Procedure Manual](#) 1500.15 (Appendix G) and in [State Board of Higher Education Policy 918](#) (Appendix I) stating the consumption, use, possession, distribution, or sale of alcoholic beverages or illicit drugs while on property under control of LRSC or at an LRSC sponsored activity is prohibited.
19. If alcohol poisoning is suspected, employees and students would call 9-1-1 to assist the individual. By training on medical amnesty during orientation and RA training, students and employees know how to respond during an emergency. In addition, it is featured in the annual notification each semester.

B. Oversight of Policy

1. Administration of Policy
 - a. Administration of the policies contained in this report is overseen by the Director of Student Affairs and Vice President of Academic and Student Affairs. Under their guidance, policies related to alcohol and drug use are reviewed and implemented to ensure consistence in application.
2. Discipline/Sanctioning/Adjudication of Policy
 - a. The adjudication and disciplinary procedures for policy violations are included in the applicable policies.

C. Enforcement

1. On-Campus Authorities include all employees of LRSC as reporting personnel if anyone is found to violate campus policies. The enforcement of policies is dependent on the following individuals and these policies would be specific to alcohol and other drugs:
 - a. Lloyd Halvorson, Vice President of Student Affairs oversees and enforces student misconduct sanctions.
 - b. Scott Dunbar, Director of Residence Life enforces student misconduct sanctions that happen in the residence halls.

- c. Sandi Lillehaugen, Human Resources Director enforces employee misconduct sanctions in conjunction with employee supervisor.
 - d. Jared Marshall, Director of Athletics enforces student athlete misconduct sanctions.
 - e. LRSC Police Department exists under authority granted by N.D.C.C. 15-10-17.1 and the [State Board of Higher Education Policy 916](#) (Appendix Q). LRSC police respond only to a “crime in progress that threatens the safety and/or security of campus-based persons or property”. For reports of criminal activity, one should report to the applicable supervisor. LRSC’s policy 1500.18 in the [Lake Region State College Policy and Procedure Manual](#) (Appendix R).
2. Off-Campus Authorities include:
 - a. Devils Lake Police Department will investigate any reports of criminal activity reported by Lake Region State College. All suspected drug activity is turned over to the Devils Lake Police department at the time of the occurrence.

D. Record of Violations

1. The number of violations observed/reported for each judicial/discipline related policy are located on Page 22 of the [LRSC Campus Security Report](#) (Appendix S).
2. The type and number of sanctions are on page 22 of the [LRSC Campus Security Report](#) (Appendix S).
 - a. Any arrests made on campus can constitute a discretionary amount of community service hours and a counseling referral to be completed for drugs or alcohol along with municipal court sanctions. If the student was found to have drugs in campus residence halls, the student was evicted from the residence halls.
 - b. If the student was found to have alcohol or drugs on campus and an arrest was not made, the student had 20 hours of community service and a counseling referral to be completed for drugs or alcohol. If the student was found to have drugs in campus residence halls, the student was evicted from the residence halls.
 - c. If an employee was found to have alcohol or drugs on campus, human resources works with each employee individually and can follow through with any disciplinary proceedings imposed by section 1500.05 of the [Lake Region State College Policy and Procedure Manual](#) (Appendix T).
3. Number of requests for permission/authorization to have alcohol at a campus sponsored event.
 - a. Since 2022, we have had about 3 requests for alcohol to be at a LRSC event, two of which were on the LRSC campus and the other being a consistency at the Burdick Arena during LRSC hockey games. All events were/are to bring either community members or professionals to campus to show what we offer for people in the fields or fundraising events for campus scholarships.

AOD COMPREHENSIVE PROGRAM/INTERVENTION INVENTORY AND RELATED PROCESS AND OUTCOMES/DATA

A. Community Activities / Initiatives

1. SAC - Substance Abuse Councils Ramsey County
 - a. <https://www.facebook.com/Substance-Awareness-Councils-Benson-Eddy-Pierce-Ramsey-Counties-341572686030953/>
 - b. SAC assisted in the purchase of bathroom stall hangers to provide information to students throughout the community. LRSC does a “Privy Chat” that offers events on campus, insight into mental health and counseling available free and confidential to LRSC students. In addition, SAC works with K-12 counselors on programming with the younger ages.
2. Lake Region Suicide Prevention Coalition
 - a. <https://www.facebook.com/lakeregionspc/>
 - b. The Lake Region Suicide Prevention Coalition (LRSPC) exists to increase awareness, support the inherent value of life, and promote positive alternatives to suicide. Those who struggle with substance abuse have a higher likelihood of suicide. By attending programming and events, the Lake Region Suicide Prevention Coalition brings awareness to all avenues of mental health.
 - c. The Out of Darkness Suicide Prevention Walk, September 17, 2022 and September 16, 2023 included more than 200 people. These events bring awareness to all mental health. LRSC is a host site for the First Lady of ND initiative Recovery Reinvented to bring awareness to substance abuse. We have hosted the summits with a variety of professionals in attendance.

B. College/University Activities/ Initiatives

1. Presentation at New Student Orientation - All first-time college students must attend a new student orientation. Students receive a copy of the Student Handbook, either hard copy or electronically, specifically highlighting the alcohol and drug policy. Within evaluation using the NDCORE survey, 91.7 percent of students reported being familiar with campus policies regarding alcohol and drugs. (Appendix U)
2. Educational Campus Program
 - a. 2023 February - Nicole Phillips, The Negativity Remedy
 - b. 2023 March - Louie’s Luau-Lunch & Learn, Planning a Fun & Safe Spring Break
 - c. 2023 April - GSA, Luncheon and student testimonies
3. UNIV 101 - E-Check Up to Go Survey completed to bring awareness to alcohol and how it affects you as an individual.

C. Programs for Special Populations

1. NJCAA student athletes

- a. Athletic orientation - Athletic Director (AD) and Coaches go over student athlete handbook with student athletes. It is discussed very specifically alcohol and other drugs. Additionally, the AD goes over the NJCAA policy on alcohol and other drugs. They discuss the effects of drugs and alcohol on athletic performance.
 - b. All student athletes are encouraged to attend each all alcohol and other drug related events on campus.
2. First Generation, Low-Income, Disabled Students
 - a. TRiO Student Support Services is available for students who fall into this category. These students are eligible for a professional academic advisor, tutoring, technology, and so much more throughout their duration at LRSC. TRiO advisors are provided the opportunity to become mental health first aid certified and offer a holistic approach to student advising.

D. Individual-Based Programs/Interventions

1. Motivational Interviewing
2. Electronic Check-Up to Go
3. Individual Assessment Programs through counseling
4. Individual based counseling and intervention programs
5. Employee Assistance Program - referrals
6. Referral programs to off-campus treatment providers for students
7. Individual interventions for staff and faculty
8. Educational programs usually reserved for policy violators can voluntarily participate in for 1.5 - 2 hours for each sanction.

E. Group-Based Programs/Interventions

1. CHOICES Program - delivered through counseling center
2. Peer Education/Theater Programs - Student Educational Programming
3. Alcohol and other Drug Programs - Delivered during orientation programming
4. Social Marketing Campaigns - Sober in October
5. Curriculum Infusion Programs - UNIV 101
6. Soft Skills Program - Adult Learning Center brings to classrooms a career readiness and soft skills presentation.

F. Environmental/Socio-Ecological-Based Programs

1. Alcohol and other Drug Task Force, Campus/Community Coalition
 - a. NDHECSAP - provides resources to LRSC for prevention, harm reduction and education regarding alcohol and other drugs.
2. Alcohol Free Options: Offer and promote social, recreational, extracurricular, and public service options that do not include alcohol.
 - a. As a campus, LRSC purposefully plans activities on a regular basis to provide an alcohol-free environment that encourages socialization and recreation. Student Senate consistently plans late night, free events that are open to all students. These events are held throughout the week during the evening with special events for the weekends, Events include:

- i. Dodgeball, hypnotists, dances, movie nights, ice skating, art programs, and karaoke nights. Late night programming occurs from a start time of 8pm or 9pm and lasts approximately 2 hours. LRSC continues with late night activities to give students an alternative to alcohol and/or drugs. These programs bring 50-60 students in on a regular basis.
 - ii. Other programs, such as study nights, life essentials bingo, and different programming ideas created by Resident Assistants and Student Senate, occur at 9pm and occur on a weekly basis. These programs bring 20-30 students in on a regular basis.
 - 3. Social Norms Campaign
 - a. Sober in October has been the only social norms campaign regarding alcohol and other drugs.
 - 4. Alcohol-free Residence Facilities/Wellness Programming Facilities
 - a. [State Board of Higher Education Policy 918](#) (Appendix I)
 - 5. Alcohol minimization at campus/community celebratory events
 - a. Alcohol Marketing and Promotion: Restrict marketing and promotion of alcoholic beverages both on and off campus.
 - i. No alcohol advertising is allowed on campus.
 - ii. The LRSC Bookstore works with the Student Services Office to make sure they are offering items that do not encourage alcohol use.
 - b. City of Devils Lake City Ordinance (Appendix V)
 - i. The consumption in alcohol in public areas is prohibited in the City of Devils Lake, unless special permission is granted by the City of Devils Lake.
 - ii. Limitations on days/hours in Devils Lake
 - 1. City Ordinance 5.24.130 lists the limitation on hours and days of alcohol sales in Devils Lake.
 - a. “No licensee shall dispense or permit the consumption of alcoholic beverages on licensed premises or permit other persons to remain on such licensed premises after two a.m. on Sundays, before twelve noon on Sundays, or between the hours of two a.m. and eight a.m. on all other days of the week, nor shall licensee dispense alcoholic beverages or permit consumption thereof on the licensed premises on Christmas Day, after two a.m. on Thanksgiving Day, or after six p.m. on Christmas Eve. (Ord. 869, 2005: Ord. 780, 1993)
 - b. During the 2005 legislative session SB 2067 was passed, which amended sections 5-01-01 and 5-02-06 of the North Dakota Century Code. This bill defines when a person legally turns 21 years of age, “... a person is not twenty-one years of age until eight a.m. on that person’s twenty-first birthday.” This legislation was aimed to eliminate so-called "power hours," in which newly legal drinkers try to consume large amounts of alcohol between midnight and when the bar is closed.
6. Responsible Beverage Service/Server Education Programs
 - a. Server Training

- i. Server training is offered and provided by the Devils Lake Police Department but is not mandated by law in the City of Devils Lake
7. Enforcing Underage Drinking Law Programs
 - a. “North Dakota Century Code (NDCC 05-01-06.1) establishes that every spouse, child, parent, guardian, employer, or other person who is injured by any obviously intoxicated person has a claim for relief for fault against any person who knowingly disposes, sells, or gives away alcoholic beverages to:
 - i. A person under twenty-one years of age
 - ii. An incompetent, or
 - iii. An obviously intoxicated person
 - iv. And if death ensues, the survivors of the deceased are entitled to damages.”
8. Compliance Checks
 - a. LRSC does not have a blanket attendance policy for the campus. Faculty set their own expectations for attendance for each of their courses. LRSC suggests that the maximum unexcused absences be placed at 6 absences for a typical 3 credit course throughout the semester.
 - b. LRSC uses a proactive advising model that ensures students are contacted multiple times for academic advisement through numerous modes of contact. LRSC provides tutoring for any student in need of academic assistance.
 - c. As alcohol and illegal drugs are not allowed anywhere on campus, periodically, LRSC may request that local law enforcement investigate the presence of illegal drugs by employing a specially trained canine in the parking lots and residence halls.
 - d. Faculty and Staff receive an e-newsletter from Live Well Solutions on a monthly basis talking about wellness and health related issues. Faculty and staff are given the option to utilize Live Well Solutions for personal counseling.
 - e. All first-year freshmen are encouraged to take UNIV 101. During class, students are reminded about the Student Handbook, which include AOD policies, student conduct and grievance.
 - f. Faculty and staff follow the policy 800.30.2 Safe Campus reporting students:
 - i. Minor misconduct described as: Disciplinary action may be taken against a student who: Violates the LRSC Alcohol and Other Drugs policy [Lake Region State College Policy and Procedure Manual](#) (1500.15 - Appendix G) regarding the possession or consumption of alcohol and/or drugs
 - ii. Major misconduct described as: Disciplinary action may be taken against a student who: Violates the LRSC Alcohol and Other Drugs policy (1500.15) regarding the unlawful delivery of alcohol or the possession, use, or delivery of other drugs.

AOD COMPREHENSIVE PROGRAM GOALS AND OBJECTIVES FOR BIENNIUM PERIOD

For the 2021/22 Biennial Review, the following recommendations were made for the current review:

LRSC will continue to participate in the ACHA/NCHA survey through NDHECSAP to gain data and gauge student overall needs with prevention, harm reduction, education and resources regarding alcohol and other drugs. - continued, obtained.

LRSC will continue to participate in the E-CHUG survey with new students to gauge the incoming student climate regarding alcohol. - continued, obtained.

LRSC will continue to improve counseling services on campus to better serve our students' alcohol and other drug needs. - continued, obtained. In-person counseling or telehealth is available for all students and through Northern Prairie Community Clinic through the NDUS and NDHECSAP along with additional community resources.

LRSC campus counselor will continue to work with community sponsored councils and coalitions to provide as many resources to LRSC students as possible. - continued, obtained.

LRSC will continue with late night programming to give LRSC students alternatives to alcohol and other drugs. - continued, obtained. LRSC has followed a philosophy of late-night programming since 2012 but continues to offer many forms of programming throughout the week so late night options are not the only options for programming.

AOD STRENGTHS, WEAKNESSES

A. Strengths (Favorable Compliance)

1. LRSC has strong dedication to an Alcohol and Drug Free campus. With support from Student Activities, Residence Life, Shared Mental Health Services, LRSC Counseling Coordinator and community organizations, the college has been able to bring in consistent messaging to both the campus and community about not only alcohol and other drugs, but also mental health.
2. During this period, several new initiatives were implemented which included:
 - a. De-Stress mindfulness activities for students during stressful times of each semester as alternative activities to alcohol and other drugs
 - b. Consistent programming to reach students about alcohol and other drugs on a semester basis
 - c. Additional institutional funding for educational programming on alcohol and other drugs
3. LRSC encourages engagement of the student athletes on a higher level than ever before regarding alcohol and other drugs prevention. Athletes make up the majority of our residence life population, so providing additional education and activities is important to reduce the use of alcohol and other drugs.

B. Weaknesses (Areas Needing Improvement)

1. LRSC should form a committee that is instrumental in setting campus goals regarding alcohol and other drug use by using the data obtained from ACHA/NCHA.
2. The focus for alcohol and other drugs has typically been on mostly students and not employees. There is a need to have more attention to meeting the needs of employees in all realms of mental health.

C. Recommendations for Next Biennium

1. Develop committee to set LRSC campus goals regarding alcohol and other drug use by using the data from ACHA/NCHA.
2. Explore additional funding through partnerships and grant opportunities.
3. Develop a bystander training program that addresses alcohol and other drugs as well as other situations that happen on college campuses.

APPENDICES

Appendix A - Alcohol/Drug Abuse and Prevention Statement

LAKE REGION STATE COLLEGE: ANNUAL NOTIFICATION

In accordance with the 1989 amendments to the Drug-Free Schools and Communities Act, as articulated in the Education Department General Administrative Regulations (EDGAR) part 86 (Drug Free Schools and Campuses Regulations), requires an institution of higher education (IHE) such as Lake Region State College, to certify that it has implemented programs to prevent the abuse of alcohol and use and/or distribution of illicit drugs both by LRSC students and employees both on its premises and as a part of any of its activities. All of LRSC Policy and Procedures can be found on our website at www.lrsc.edu, Discover LRSC, Policy and Procedure. To ensure every student, faculty member and staff person is informed about LRSC alcohol and other drug policies, at a minimum, an IHE must annually distribute the following in writing to all students and employees:

- Standards of conduct that clearly prohibit, at a minimum, the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees on its property or as part of any of its activities;
- A description of the applicable legal sanctions under local, State, or Federal law for the unlawful possession or distribution of illicit drugs and alcohol;
- A description of the health risks associated with the use of illicit drugs and the abuse of alcohol;
- A description of any drug or alcohol counseling, treatment, or rehabilitation or re-entry programs that are available to employees or students; and
- A clear statement that the IHE will impose disciplinary sanctions on students and employees (consistent with local, State, and Federal law), and a description of those sanctions, up to and including expulsion or termination of employment and referral for prosecution, for violations of the standards of conduct required by paragraph (a)(1) of this section. For the purpose of this section, a disciplinary sanction may include the completion of an appropriate rehabilitation program.

In accordance with the 1989 amendments to the Drug-Free Schools and Communities Act, as articulated in the Education Department General Administrative Regulations (EDGAR) part 86 (Drug Free Schools and Campuses Regulations), each year Lake Region State College attempts to ensure every student, faculty member and staff person is informed about Lake Region State College alcohol and other drug policies. All of Lake Region State College Policy and Procedures can be found on our website at www.lrsc.edu, MY LRSC, Faculty and Staff, Policy and Procedure.

Campus Policy:

Lake Region State College's Administrative Council updated Policy and Procedure 1550.15-Alcohol and Drugs at their August 30, 2017. The complete policy is found below.

Lake Region State College**Policy and Procedure Manual**

SECTION 1500.15 ALCOHOL AND DRUGS

See Appendix G on page 35.

Legal Sanctions

A student or employee who violates their respective LRSC code of conduct policies or Alcohol and Drug policy 1500.15 may be subject both to the campus sanctions and to criminal sanctions provided by federal, state, and local laws.

State Laws:

In North Dakota, individuals must be 21 years of age to buy, possess and/or consume alcohol. North Dakota laws on alcoholic beverages can be found in the North Dakota Century Code in Chapter 5, section 01 (<http://www.legis.nd.gov/cencode/t05.html>). ND has adopted the Uniform Controlled Substances Act, which restricts the manufacture, transfer, and possession of narcotic drugs and other drugs that have the potential for abuse or that may lead to physical or psychological dependence. Specific information about North Dakota laws on drugs can be found in North Dakota Century code, Chapter 19, Section 03-01 (<http://www.legis.nd.gov/cencode/t19c03-1.pdf?20150506102051>)

Federal Laws:

Federal law provides criminal and civil penalties for unlawful possession or distribution of alcohol and drugs. Details on Federal trafficking penalties for controlled substance violations can be found at <https://www.dea.gov/drug-information/drug-policy>.

Tobacco:

According to section 400.25 of the [Lake Region State College Policy and Procedure Manual](#), a Tobacco Free Campus, smoke and the use of chewing tobacco are prohibited anywhere in LRSC buildings, on LRSC property and/or LRSC rented property by employees, students and visitors.

For the purpose of this policy, tobacco includes the possession of any lighted tobacco product or the use of any oral tobacco product.

Responsibility/Enforcement: Supervisors are responsible for ensuring that employees, students, visitors, and where applicable, contractors are made aware of this policy and that

they comply with its requirements. Non-compliance with this policy may result in disciplinary action being taken through normal disciplinary procedures.

For disciplinary actions for staff, please see the North Dakota University System Human Resource Policy 25. Job Discipline/Dismissal:

<http://www.ndus.edu/makers/procedures/hr/?SID=44&re=d>

For Faculty, normal disciplinary actions will be taken which could include nonrenewal, termination or dismissal; see State Board of Higher Education policy 605.3:

<https://ndus.edu/sbhe-overview/sbhe-policies/600-heading-policies/>

For Students, formal disciplinary procedures will go through the Student Affairs Office. Such actions may include verbal reprimands, written reprimands and official citations. Students who violate the university Tobacco Free policy will be subject to the following processes and sanctions:

1. A college official, faculty member or student who observes a student who is in violation of the Tobacco Free policy (seen smoking or chewing/disposing of tobacco on campus property) should report that violation to the Director of Student Services. The following sequence of sanctions and actions will generally be taken as a result of such a report:
 - a. A first reported violation of the Tobacco Policy will result in a personal consultation with the student by the Director of Student Services, informing the student of the LRSC Tobacco Policy. Educational and Quit Smoking information will be shared with the student at that time.
 - b. If the same student is reported a second time, the Director of Student Services will issue a formal, written reprimand should the information indicate a disregard for the Tobacco policy. The personal consultation will also include a referral to the Ramsey County Tobacco Prevention Specialist for possible tobacco cessation counseling and further education.
 - c. A third report of violation of the LRSC Tobacco Policy will result in a written reprimand.
 - d. Any additional reported violations will result in a formal disciplinary process under the provisions of the LRSC Code of Student Conduct and may include sanctions ranging from additional fines, conduct probation, and suspension.

Disciplinary Sanctions:

Student sanctions for violations of the Student Conduct policy or Alcohol and Drug policy can include written warnings, limited access to campus, mandatory counseling or treatment, restitution, loss of student employment, campus or community service, training, fines or fees, loss of campus privileges, eviction, and/or suspension or expulsion.

Employee sanctions for violations of the employee Code of Conduct or Alcohol and Drug policy can include written warning, limited access to campus, administrative leave, counseling or training, restitution, performance improvement, loss of privileges or wages, class or job reassignment, or termination.

Health Risks of Alcohol and Other Substances of Abuse:

There are many known health risks associated with the use of alcohol and drugs. The health risks range from decreased reaction time and motor coordination which can affect work and/or academic performance. When using alcohol or other drugs, one's mood might become unstable, one may pay less attention to detail, and risk of injury to either student or employee will increase. Furthermore, more severe risks of cancer, heart attacks, and even death can occur with the use of alcohol and other drugs. More information can be found at the links below.

<http://niaaa.nih.gov/alcohol-health/alcohols-effects-body>

https://search.dea.gov/search?affiliate=justice-dea&sort_by=&query=drug+info+fact+sheet

Other Risks/Consequences:

- Federal Financial Aid - If you are convicted of a drug-related felony or misdemeanor while you were receiving federal student aid, you will become ineligible to receive further aid until one-year elapses or successful completion of a qualified drug rehabilitation program.
- Other areas in which alcohol or other drugs can impact academics and work in a negative manner include, but are not limited to:
 - Employment
 - Certifications needed within your academic field for employment
 - Housing

Available Counseling and Treatment Programs:

Students and employees may receive help for themselves or others by contacting:

On Campus:

1. Counseling Office: 701/662-1546
2. Student Life Coordinator: 701/662-1525 or 351-2544
3. Human Resource Manager: 701/662-1543 or 261-3287
 - a. Employee Assistance Program: 866/831-2181
Live Well Solutions: www.livewellworklife.com Company code: lrsc1

Off Campus:

1. 24-hour Crisis Line: 651-266-7900 or 988
2. Lake Region Human Service Center: 701/665-2200
3. Devils Lake ADAPT Office: 701/662-8174
4. Center for Solutions: 701/968-2568
5. SLN Recover and Wellness Program, Fort Totten, ND: 701/766-4285
6. National Drug & Alcohol Hotline: 800-662-HELP (4357) & 800-784-6776

Appendix B – Annual Notification Email

LRSC **Alcohol** and **Other Drugs** Policy - Please Read



Dimitch, Jessica



To: LRSC-STUDENTS@LISTSERV.NODAK.EDU; LRSC ALL Staff; LRSC All Faculty

Tue 10/22/2024 9:55 AM

Lake Region State College

In accordance with the 1989 amendments to the Drug-Free Schools and Communities Act, as articulated in the Education Department General Administrative Regulations (EDGAR) part 86 (Drug Free Schools and Campuses Regulations), requires an institution of higher education (IHE) such as Lake Region State College, to certify that it has implemented programs to prevent the abuse of alcohol and use and/or distribution of illicit drugs both by LRSC students and employees both on its premises and as a part of any of its activities. All of LRSC Policy and Procedures can be found on our website at www.lrsc.edu, Discover LRSC, Policy and Procedure. To ensure every student, faculty member and staff person is informed about LRSC alcohol and other drug policies, at a minimum, an IHE must annually distribute the following in writing to all students and employees:

- Standards of conduct that clearly prohibit, at a minimum, the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees on its property or as part of any of its activities;
- A description of the applicable legal sanctions under local, State, or Federal law for the unlawful possession or distribution of illicit drugs and alcohol;
- A description of the health risks associated with the use of illicit drugs and the abuse of alcohol;
- A description of any drug or alcohol counseling, treatment, or rehabilitation or re-entry programs that are available to employees or students; and
- A clear statement that the IHE will impose disciplinary sanctions on students and employees (consistent with local, State, and Federal law), and a description of those sanctions, up to and including expulsion or termination of employment and referral for prosecution, for violations of the standards of conduct required by paragraph (a)(1) of this section. For the purpose of this section, a disciplinary sanction may include the completion of an appropriate rehabilitation program.

In accordance with the 1989 amendments to the Drug-Free Schools and Communities Act, as articulated in the Education Department General Administrative Regulations (EDGAR) part 86 (Drug Free Schools and Campuses Regulations), each year Lake Region State College attempts to ensure every student, faculty member and staff person is informed about Lake Region State College alcohol and other drug policies. All of Lake Region State College Policy and Procedures can be found on our website at www.lrsc.edu, Discover LRSC, Policy and Procedure.

Campus Policy:

Lake Region State College's Administrative Council updated Policy and Procedure 1550.15-Alcohol and Drugs at their August 30, 2017 assembly. The complete policy is found below.

Lake Region State College Policy and Procedure Manual

SECTION 1500.15 ALCOHOL AND DRUGS

Lake Region State College (LRSC) students and employees are required to abide by all federal, state and local laws. Except as authorized by [SBHE policy 918](#) and/or NDUS procedure 918, the consumption, use, possession, distribution, or sale of alcoholic beverages or illicit drugs while on property under the control of LRSC or at an LRSC sponsored activity is prohibited. Students, employees and visitors shall not be on campus or at an LRSC sponsored activity while visibly impaired by the use of alcohol and/or drugs.

LRSC requires employees to maintain a safe and sober workplace. As such, employees shall not consume alcoholic beverages or drugs (including prescription drugs that can cause impairment) during scheduled work hours or within close proximity to scheduled work hours. Employees on call back, outside of regular hours, shall disclose to their supervisor if they have consumed alcoholic beverages to ensure that only appropriate duties are assigned or the need for the employee is reassigned to another. Employees taking prescription medication that can cause impairment must notify their supervisor, in advance of performing work, to ensure only appropriate duties are assigned, duties are reassigned as necessary, and/or sick leave is taken.

A supervisor may, after consultation with the Human Resources Manager, require an employee suspected of violating this policy to submit to a breath, blood, or urine test. The test is not required should the employee admit to the consumption and/or impairment. If the employee refuses testing, the employee may be disciplined as if the test had been positive. In the event of a positive test and/or admission, the employee shall be required to take annual leave for the remainder of the workday. The supervisor and/or the employee must arrange for safe transportation home.

Violations of this policy constitutes misconduct and disciplinary action may be imposed according to [Student Conduct Policy 800.30](#) and the [Code of Conduct Policy 1500.05](#).

The policy addressing alcohol and drugs in the residence halls can be found in the [Residence Life/Housing Policy 800.008](#). Medical Amnesty Laws: LRSC respects and abides by the medical amnesty laws for drug and alcohol related emergencies under North Dakota Century Codes 05-01-08 (6) and 19-03.01.

Parental Notification: In accordance with the Family Educational Rights and Privacy Act (FERPA), the Director of Student Services reserves the right to notify the parents/guardians of students under 21 years of age, and the parents/guardians of dependent students., regardless of age, of any incident in which the student is found responsible for violating this policy.

The college has programing, coordinated by the Director of Student Services, to prevent drug and alcohol abuse by students. The Director of Human Resources shall make similar information available to all employees. These programs shall include dissemination of informal materials, counseling services, educational programs, referrals, and code of conduct violations.

Legal Sanctions

A student or employee who violates their respective LRSC code of conduct policies or Alcohol and Drug policy 1500.15 may be subject both to the campus sanctions and to criminal sanctions provided by federal, state, and local laws.

State Laws:

In North Dakota, individuals must be 21 years of age to buy, possess and/or consume alcohol. North Dakota laws on alcoholic beverages can be found in the North Dakota Century Code in Chapter 5, section 01 (<http://www.legis.nd.gov/cencode/t05.html>). ND has adopted the Uniform Controlled Substances Act, which restricts the manufacture, transfer, and possession of narcotic drugs and other drugs that have the potential for abuse or that may lead to physical or psychological dependence. Specific information about North Dakota laws on drugs can be found in North Dakota Century code, Chapter 19, Section 03-01 (<http://www.legis.nd.gov/cencode/t19c03-1.pdf?20150506102051>)

Federal Laws:

Federal law provides criminal and civil penalties for unlawful possession or distribution of alcohol and drugs. Details on Federal trafficking penalties for controlled substance violations can be found at <http://www.dea.gov/druginfo/ftp3.shtml>.

Health Risks of Alcohol and Other Substances of Abuse:

There are many known health risks associated with the use of alcohol and drugs. The health risks range from decreased reaction time and motor coordination to more severe risks of cancer, heart attacks, and even death. More information can be found at the links below.

<http://niaaa.nih.gov/alcohol-health/alcohols-effects-body>

<http://www.dea.gov/druginfo/factsheets.shtml>

Where to Get Help:

Students and employees may receive help for themselves or others by contacting:

On Campus:

1. Counseling Office: 701/662-1546
 2. Student Life Coordinator: 701/351-2544 or 662-1525
 3. Human Resource Manager: 701/662-1543 or 261-3287
 - a. Employee Assistance Program: 866/831-2181
- Live Well Solutions: www.livewellworklife.com Company code: lrsc1

Off Campus:

1. 24-hour Crisis Line: 651-266-7900 or 988
2. Lake Region Human Service Center: 701/665-2200
3. Devils Lake ADAPT Office: 701/662-8174
4. National Drug & Alcohol Hotline: 800-662-HELP (4357)

Disciplinary Sanctions:

Student sanctions for violations of the Student Conduct policy or Alcohol and Drug policy can include written warnings, limited access to campus, mandatory counseling or treatment, restitution, loss of student employment, campus or community service, training, fines or fees, loss of campus privileges, eviction, and/or suspension or expulsion.

Employee sanctions for violations of the employee Code of Conduct or Alcohol and Drug policy can include written warning, limited access to campus, administrative leave, counseling or training, restitution, performance improvement, loss of privileges or wages, class or job reassignment, or termination.



Jessica Dimitch

Counseling and Disabilities Services Coordinator
1801 College Drive North, Devils Lake, ND 58301
701-662-1546 | 800-443-1313 ext. 21546

Jessica.l.dimitch@lrsc.edu

www.lrsc.edu

We enhance lives and community vitality through quality education.

Email Confidentiality Notice: This e-mail and any attachments thereto is intended only for use by the addressee(s) named herein and may contain legally privileged and/or confidential information subject to protection under the law. If you are not the intended recipient of this e-mail, you are hereby notified any dissemination, distribution or copying of the e-mail and any attachments is strictly prohibited. If you receive this e-mail in error, please notify me immediately and permanently delete the original copy and any copy or printout of same. Thank you.

Appendix C – Drug Free Workplace



DRUG-FREE WORKPLACE ACKNOWLEDGMENT

STATE OF NORTH DAKOTA
SFN 16769 (12-2011)

Employee Name

I, an employee of the state of North Dakota, hereby certify that I understand the state of North Dakota's requirements regarding the maintenance of a drug-free workplace. I understand that the unlawful manufacturing, distribution, dispensation, possession or use of a controlled substance is prohibited at my workplace. I understand that violating those prohibitions can subject me to discipline up to and including termination. I understand that as a condition of employment, I must abide by the requirements of the state in this regard and I will notify my supervisor of any criminal drug conviction for a violation occurring in the workplace no later than five (5) days after the conviction. I understand that federal law may require that the agency appointing authority communicate this conviction to an appropriate federal agency, and I hereby waive any and all claims that may arise for conveying this information to the federal agency.

Employee Signature

Date

PLEASE RETURN THIS FORM TO YOUR AGENCY HUMAN RESOURCE OFFICE

State of North Dakota Requirements for a Drug-Free Workplace

Drug abuse and use in the workplace are subjects of immediate concern in our society. These problems are extremely complex and there are no easy solutions. From a safety perspective, the users of drugs may impair the well-being of all employees, the public at large, and result in damage to State property. Public Law 100-690, the Anti-Drug Abuse Act, was enacted by the federal government in 1988. Title V, Subtitle D, the Drug-Free Workplace Act of 1988, is part of the overall act, which requires State agencies that receive federal grants to certify that they will maintain a drug-free workplace and publish and administer specific drug-free workplace policies and drug awareness programs. Therefore, it is the position of the state of North Dakota that the unlawful manufacture, distribution, dispensation, possession or use of a controlled substance in the workplace is prohibited. Any employee violating these prohibitions will be subject to discipline up to and including termination.

1. The state of North Dakota does not differentiate between drug users and drug pushers or sellers. Any employee who unlawfully gives or who in any way transfers a controlled substance to another person or sells or manufactures or unlawfully uses a controlled substance while on the job, in the workplace, or at a site where the agencies' work is performed will be subject to discipline up to and including termination.
2. The term "controlled substance" means any drug listed in 21 U.S.C. 812 and other federal regulations. Generally, these are drugs which have a high potential for abuse and include, but are not limited to, heroin, marijuana, cocaine, PCP, and 'crack'. They also include "legal drugs" which are not prescribed by a licensed physician or other individual licensed in the state of North Dakota to prescribe drugs, and "legal drugs" that are being used by a person other than the one for whom the drug was prescribed or for a purpose other than the one for which the drug was prescribed.
3. Each employee is required to inform the agency appointing authority within five (5) days after the employee is convicted for violation of any federal or state criminal drug statute where such violation occurred in the workplace. A conviction means a finding of guilt, including a plea of guilty or of nolo contendere, or the imposition of a sentence by a judge or jury in any federal or state court.
4. The agency appointing authority must notify the U.S. government agency by whom the grant was made within ten (10) days after receiving notice from the employee or otherwise receiving actual notice of a conviction described in subsection 3, when the violation occurred in the workplace.
5. If an employee is convicted of violating any criminal drug statute while in the workplace, the employee will be subject to discipline up to and including termination. Alternatively, the employee may be required to successfully complete an inpatient or outpatient drug abuse program sponsored by an approved private or governmental institution.
6. As a condition of further employment on any federal government grant, all employees are required to abide by these requirements.

Appendix D – UNIV 101 Schedule

UNIVERSITY 101 SCHEDULE

Week	Date	Topic
1	Wednesday, August 28	LRSC Campus Resources <i>Who's on Campus?; Intake Survey</i>
2	Monday, September 2	Campus Safety and Security <i>College Resources & E-chug Survey & A.L.I.C.E. Training</i>
	Wednesday, September 4	Accepting Personal Responsibility: Develop a Creator Mindset Behaviors For Student Success - Self Assessment Language of Responsibility
3	Monday, September 9	Studying & Test Taking Guide to Improving Study Skills
	Wednesday, September 11	Discovering Self-Management <i>Creating a Support System; The Procrastinators; Quadrant II</i> <i>Time Management System</i>
4	Monday, September 16	Personal Finance Presentation Survey
	Wednesday, September 18	Discovering Self-Motivation <i>SMART Goals & Motivation; Popson's Dilemma</i>
5	Monday, September 23	Soft Skills <i>Survey</i>
	Wednesday, September 25	Developing Emotional Intelligence <i>Four Components of Emotional Intelligence</i>
6	Monday, September 30	Developing and Maintaining Healthy Relationships <i>True Colors: Keys to Personal Success</i>
	Wednesday, October 2	Academic Planning <i>Two Year Academic Plan</i>
7	Monday, October 7	Financial Aid & Scholarships
	Wednesday, October 9	Adopt Lifelong Learning
8	Monday, October 14	Final Week of Class <i>Final Reflection Paper</i>
	Wednesday, October 16	Final Class Day! <i>Reflection Paper Due</i> <i>Review Day-Turn in any missing assignments</i>

Appendix E – Orientation Schedule

ORIENTATION 2024 #ReadyToRoyal2022

Lake Region State College
Sunday, August 19 and Monday, August 22nd

Saturday, August 24, 2022	
12:00 pm - 6:00 pm	Residence Hall Move-In
1:00 pm - 3:00 pm	Offices Open
5:00 pm - 6:30 pm	Family Night Grill Out
9:30 pm - 12:00 am	Frisbee Golf
Sunday, August 25th	
1:00 pm	Orientation Check-In
1:15 pm	Welcome
1:25 pm	Breakout Sessions
4:10 pm	Wrap Up
4:30 pm - 5:00 pm	Athletic Meeting
5:30 pm - 9:00 pm	Outdoor Games
9:00 pm	David Anthony - Magician/Hypnotist
Monday, August 26th	
8:45 am - 9:00 am	Orientation Check-in
9:00 am - 11:00 am	Presidential Welcome Financial Aid Presentation Counseling Goose Chase
12:00 pm	Lunch - Pasta Bar
4:00 pm	Classes Begin
5:00 pm - 6:30 pm	Walking Tacos
5:00 pm - 6:30 pm	Job Fair / Student Organization Fair
9:00 pm	Kacey Spivey - Comedian
Tuesday, August 27th	
10:00 am - 4:00 pm	Photo Booth & Dilly Bars
7:00 pm	Title IX Presentation
Wednesday, August 28th	
5:00 pm	Dinner - Royal Feast
7:00 pm	LRSC Volleyball vs. Trinity Bible

9:00 pm

Bonfire

Appendix F – Student Wellness and Perception, and ACHA/NCHA Survey

2024 American College Health Association/National College Health Assessment III Summary for North Dakota University Systems Institutions

The 2024 American College Health Association/National College Health Assessment (ACHA/NCHA) was developed to provide an insight into the current well-being of North Dakota College Students, ranging from their experiences using alcohol / other drugs to mental health symptomology and sexual experiences. The aim of gathering data through ACHA/NCHA is to inform and develop prevention and intervention efforts specific to students in North Dakota, in addition to students on each institutions campus, within the North Dakota University System.

1. IV. Alcohol and other Drug (AOD) Data / Needs Assessment

Every two years, the North Dakota University System (NDUS) deploys a systemwide survey to capture the impact of alcohol, tobacco, and other drugs on the experiences of students. In 2018, the NDUS stepped away from the CORE Survey format, which had been in place for years, and developed the NDSWAPS: The North Dakota Student Wellness and Perceptions Survey. In 2022, the NDUS moved away from the NDSWAPS and implemented the ACHA/NCHA: American College Health Association/National College Health Assessment during the spring semester of 2024. This comprehensive survey tool provided information in all areas of substance misuse, wellness, perceptions of substance use of peers, sexual assault, suicidality, and mental health. Again in 2024, the Systemwide ACHA/NCHA went to all students. The ACHA/NCHA Executive Summary for Lake Region State College has been provided within this report. For both reports, the Lake Region State College Executive Summary and full Lake Region State College Data Report, can be located online at lrsc.edu: Admission & Aid: Consumer Information: Biennial Review - Edgar.

In 2021, one of the NDUS campuses discovered anomalies in the 2020 data. Upon further inspection in 2022, incongruencies were evident in the 2018 data. From there, the NDUS hired a new researcher to dive into the concerns and find the sources of the issues. After more digging, the researcher was able to identify more concerns that resulted in filing adverse event reports with the Institutional Research Boards at all eleven campuses for both the 2018 and 2020 surveys.

The NDUS is in the process of working with the new research team to correct the data in those reports and to forge ahead with a new survey tool in 2023. Currently, we are not able to share any of the 2018 or 2020 NDSWAPS findings, as the reports are not correct or reliable. We plan to enroll the ACHA/NCHA survey tool in the Fall of 2023 and have fresh data for the 2024 Biennial Review.



LAKE REGION STATE COLLEGE

Executive Summary

Spring 2024

**American College Health Association
National College Health Assessment III**

ACHA-NCHA III

The ACHA-NCHA III supports the health of the campus community by fulfilling the academic mission, supporting short- and long-term healthy behaviors, and gaining a current profile of health trends within the campus community.



AMERICAN COLLEGE HEALTH ASSOCIATION

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ACHA, the nation's principal advocate and leadership organization for college and university health, represents a diverse membership that provides and supports the delivery of health care and prevention and wellness services for the nation's 20 million college students. For more information about the association's programs and services, visit www.acha.org, and www.acha.org/NCHA.

Suggested citation for this document:

American College Health Association. American College Health Association-National College Health Assessment III: Lake Region State College Executive Summary Spring 2024. Silver Spring, MD: American College Health Association; 2024.

Introduction and Notes

The ACHA-National College Health Assessment (ACHA-NCHA) is a national research survey organized by the American College Health Association (ACHA) to assist college health service providers, health educators, counselors, and administrators in collecting data about their students' habits and behaviors on the most prevalent health topics. The ACHA-NCHA now provides the largest known comprehensive data set on the health of college students, providing the college health and higher education fields with a vast spectrum of information on student health.

ACHA initiated the original ACHA-NCHA in 2000 and the instrument was used nationwide through the Spring 2008 data collection period. A revised survey, the ACHA-NCHA-II, was in use from Fall 2008 - Spring 2019 data collection periods. The survey was redesigned again, and data collection with the ACHA-NCHA III began in Fall 2019.

Please note that it is not appropriate to compare trends between versions of the survey. Directly comparing data points between the Original ACHA-NCHA, the ACHA-NCHA II, and the ACHA-NCHA III can lead to an erroneous conclusion and is not recommended.

Notes about this report:

1. Missing values have been excluded from analysis and only valid percents are included in this document, unless otherwise noted.
2. **The ACHA-NCHA III is programmed differently than earlier versions of the survey.** Rather than asking the respondents to answer every question (and offering a "not applicable" option), display logic was used throughout the survey to determine whether, based on their response to an earlier question, the student saw a follow-up question. This makes the valid percents of certain questions impossible to apply to the entire sample, as the denominator used was limited to only the number of students that saw the question. When appropriate, results are also presented using the entire sample as the denominator to show the proportion of the overall sample that experienced a particular issue. These differences in presentation are carefully noted throughout the document and will often explain differences observed between this document and the full data report. Please look carefully at descriptions of the data presented in each table, as well as any footnotes included.
3. **About the use of sex and gender in this report:** Survey results are reported by sex based on the responses to questions 67A, 67B, and 67C. The responses to these questions are used to create a new variable called RSEX. RSEX is used for organizing results in the ACHA-NCHA report documents. Respondents are reported as cis men or cis women only when their responses to 67A, 67B, and 67C are consistent with one another. If gender identity is consistent with sex at birth AND "no" is selected for transgender, then respondents are designated as either cis men or cis women in RSEX. If respondents select "yes" for transgender OR their sex at birth is not consistent with their gender identity, then they are designated as transgender/gender non-conforming in RSEX. A respondent that selects "intersex" for sex at birth, "no" for transgender, and man or woman for gender identity are designated as cis men or cis women in RSEX. A respondent that selects "intersex" for sex at birth, "yes" for transgender, or selects a gender identity other than man or woman are designated as transgender/gender non-conforming in RSEX. A respondent that selects "another identity" on 67C is designated missing in RSEX. A respondent that skips any of the three questions is designated as missing in RSEX. Totals displayed in this report include missing responses. Please see the ACHA-NCHA III survey codebook for more information about how data on sex and gender are coded.
4. **Changes from NCHA III to NCHA IIIb:**
 - To be more inclusive of online learners, N3Q2 (sense of community/belonging) wording was changed and a "does not apply" option was added to N3Q21 (sense of safety on/near campus).
 - A follow-up question, N3Q40B, was added to learn if a pregnancy negatively impacted academic performance in the last 12 months.
 - N3Q47A13-A18 were reworded to clarify that the respondent experienced bullying, cyberbullying, hazing, microaggression, sexual harassment, or discrimination, and was not the perpetrator.
 - N3QMHI-6 were added to the mental health section to measure history of medication and therapy use.
 - N3Q54C and N3Q55B (where student received medical and mental health care) were removed.
 - COVID-19 vaccine (COVIDVAX) questions changed to reflect endemic.
 - "Asexual" was added to N3Q68 as a standalone response option (to date, it had been recoded from write-in responses).
 - Questions N3Q73B and C were added to the demographic section to learn more about dropout intention and risk.
 - N3Q74 was revised to be clearer about visa and international student status.
 - N3Q79 (health insurance question) is now "select all that apply" and an option for insurance coverage through "an embassy or sponsoring agency for international students" was added.
 - N3Q86A-C (Firearms) are now included in the standard survey (with the option to opt-out).

For additional information about the survey's development, design, and methodology, email Mary T Hoban, PhD, MCHES, (mhoban@acha.org), Christine Kukich, MS (ckukich@acha.org), or visit www.acha-ncha.org.

We need to draw your attention to an important change in your ACHA-NCHA Report documents. Beginning in Spring 2021, responses for transgender and gender-nonconforming students are readily available directly in the report documents. This represents an important change in the way we have been reporting ACHA-NCHA results. We've prepared the following information to better explain the specific changes, our reasoning for doing so, and tips for using these redesigned report documents.

I. What we've done to date

- The ACHA-NCHA has asked respondents about their gender identity for 12 years.
- Data on transgender and gender-nonconforming (TGNC) students was available in the data file, but not displayed explicitly in the report documents in an effort to protect the privacy of TGNC students, particularly those students in smaller campus environments and at schools that publicly shared their ACHA-NCHA report documents.
- We have been trying to find the right balance between protecting students' privacy and making the results accessible to campus surveyors who may not use the statistical software that would be required to extract this information directly from the data files. Until now, we've erred on the side of protecting student privacy.

II. Why change?

- The number of TGNC students in our samples has been increasing over the years. Between 2008 and 2015, the number of students identifying as TGNC was very small (less than 0.05%). We've learned over the years that gender identity is complex and fluid. To better capture this complexity, we began asking separate questions about sex at birth and gender identity in Fall 2015. Now TGNC students tend to represent 3-4% of the overall sample.
- With greater number of students identifying as TGNC on the ACHA-NCHA in recent years, we have a better opportunity to understand their needs and behaviors than we have in years past.
- A number of health disparities between TGNC students and their cisgender peers have been well documented^[1], and schools need readily available access to this data in order to better address the needs of TGNC students.

III. What's different about the way we are reporting?

- First – a note about how we have been reporting ACHA-NCHA results to date. RSEX is a variable we create based on the responses to the questions on sex at birth, whether or not a student identifies as transgender, and their gender identity. The RSEX variable had allowed us to sort respondents into 4 groups for reporting purposes: male, female, non-binary, and missing. (Details about this variable can be found in all report documents.)
- The value labels for RSEX have been revised to better represent gender identity rather than sex. A value of "1" has been changed from "Male" to "Cis Men^[2]." A "2" has been changed from "Female" to "Cis Women^[3]." The value "3" has been changed from "non-binary" to "Transgender and Gender-Nonconforming" (TGNC), as it's a more accurate and inclusive term. The value "4" on RSEX remains "missing/unknown" and is used for students who do not answer all three questions.
- The "missing/unknown" column in the Data Report document has been replaced with a "Trans/Gender-Nonconforming" column. Because space limitations in the report prevent us from displaying all 4 categories plus a total column in the same document, it's now the "missing/unknown" column that is not displayed. Now when the Total of any given row is higher than the sum of the cis men, cis women, and TGNC respondents, the difference can be attributed to "missing/unknown" respondents that selected the response option presented in that row
- A column for "Trans/Gender-Nonconforming" has been added the Executive Summary Report document.

IV. Important considerations with this new format

- Percentages in the Executive Summary may represent a very small number of TGNC students and can limit the generalizability of a particular finding. To assist with the interpretation of the percentages displayed in the Executive Summary, the total sample size for each group has been added to every page.
- We encourage ACHA-NCHA surveyors to carefully review their report documents, particularly among the student demographic variables, and consider students who may be inadvertently identified in the results based on a unique combination of the demographic characteristics before sharing the documents widely or publicly. This is especially true for very small schools, as well as schools that lack diversity in the student population.
- Think about the implication of working with and documenting very small samples – from the perspective of making meaningful interpretations, as well as the privacy of respondents. This is true of all demographic variables, and not limited to gender identity. You may consider a minimum cell size or another threshold by which you make decisions about making your Institutional Data Report publicly available. It is less of a concern in your Institutional Executive Summary as we only display the percentages with the overall sample size.

[1] Greathouse M, BrckaLorenz A, Hoban M, Huseman R, Rankin S, Stolzenberg EB. (2018). Queer-spectrum and trans-spectrum student experiences in American higher education: The analysis of national survey findings. New Brunswick, NJ: Tyler Clementi Center, Rutgers University.

[2] Cisgender refers to people whose gender identity matches their sex assigned at birth. Cis men is short for "cisgender men" and is a term used to describe persons who identify as men and were assigned male at birth.

[3] Cis women is short for "cisgender women" and is a term used to describe persons who identify as women and were assigned female at birth.

This Executive Summary highlights results of the ACHA-NCHA III Spring 2024 survey for Lake Region State College consisting of 121 respondents. The response rate was 10.9%.

Findings

Cis Men n =	30
Cis Women n =	80
Trans/GNC n =	7

A. General Health and Campus Climate

- 48.6 % of college students surveyed (61.5 % cis men, 47.2 % cis women, and 0.0 % transgender/gender non-conforming) described their health as *very good or excellent*.
- 85.0 % of college students surveyed (96.2 % cis men, 81.9 % cis women, and 71.4 % transgender/gender non-conforming) described their health as *good, very good or excellent*.

Proportion of college students who reported they agree or strongly agree that:

	Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
I feel that I belong at my college/university		75.9	73.8	57.1	73.3
I feel that students' health and well-being is a priority of my college/university		72.4	73.8	42.9	71.7
I feel that the climate of my college/university encourages free and open discussion about students' health and well-being		89.7	70.0	42.9	73.3
We are a college/university where we look out for each other		69.0	73.8	28.6	70.0

B. Nutrition, BMI, Physical Activity, and Food Security

College students reported:

	Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Drinking 0 sugar-sweetened beverages (per day), on average, in the last 7 days		23.3	17.5	28.6	19.8
Drinking 1 or more sugar-sweetened beverages (per day), on average, in the last 7 days		76.7	82.5	71.4	80.2
Drinking energy drinks or shots on 0 of the past 30 days		50.0	41.0	57.1	43.7
Drinking energy drinks or shots on 1-4 of the past 30 days		30.0	26.9	28.6	29.4
Drinking energy drinks or shots on 5 or more of the past 30 days		20.0	32.1	14.3	26.9
Eating 3 or more servings of fruits (per day), on average, in the last 7 days		13.3	22.5	14.3	19.0
Eating 3 or more servings of vegetables (per day), on average, in the last 7 days		23.3	30.0	28.6	27.3

■ **Estimated Body Mass Index (BMI):** This figure incorporates reported height and weight to form a general indicator of physical health. Categories defined by The World Health Organization (WHO) 2000, reprinted 2004. Obesity: Preventing and Managing the Global Epidemic. WHO Tech Report Series: 894.

	Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
BMI					
<18.5 Underweight		3.6	0.0	14.3	1.7
18.5-24.9 Healthy Weight		42.9	41.3	28.6	41.0
25-29.9 Overweight		32.1	25.0	28.6	26.5
30-34.9 Class I Obesity		14.3	16.3	0.0	14.5
35-39.9 Class II Obesity		3.6	10.0	14.3	9.4
>40 Class III Obesity		3.6	7.5	14.3	6.8
Mean		26.71	28.29	27.44	27.90
Median		25.76	25.84	26.63	25.84
Std Dev		5.40	7.50	9.40	7.15

Students meeting the recommended guidelines for physical activity

Based on: US Dept of Health and Human Services. *Physical Activities Guidelines for Americans*, 2nd edition. Washington, DC: US Dept of Health and Human Services; 2018

Cis Men n =	30
Cis Women n =	80
Trans/GNC n =	7

Definitions:

- Recommendation for **aerobic activity**: 150 minutes or more of moderate-intensity physical activity per week or 75 minutes of vigorous-intensity physical activity or the equivalent combination
- Recommendation for **strength training**: 2 or more days a week of moderate or greater intensity activities that involve all major muscle groups
- **Active Adults** meet the recommendation for strength training **AND** aerobic activity
- **Highly Active Adults** meet the recommendation for strength training **and TWICE** the recommendation for aerobic activity (300 minutes or more of moderate-intensity physical activity per week or 150 minutes of vigorous-intensity physical activity or the equivalent combination)

	Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Guidelines met for aerobic exercise only		73.3	65.8	33.3	65.5
Guidelines met for Active Adults		60.0	45.6	16.7	47.1
Guidelines met for Highly Active Adults		50.0	39.2	16.7	40.3

Food Security

Based on responses to the *US Household Food Security Survey Module: Six-Item Short Form (2012)* from the USDA Economic Research Service.

	Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
High or marginal food security (score 0-1)		63.3	68.8	28.6	65.0
Low food security (score 2-4)		26.7	21.3	14.3	22.5
Very low food security (score 5-6)		10.0	10.0	57.1	12.5
Any food insecurity (low or very low food security)		36.7	31.3	71.4	35.0

C. Health Care Utilization

College students reported:

	Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Receiving psychological or mental health services within the last 12 months		20.0	33.8	28.6	30.0
Visiting a medical provider within the last 12 months		53.3	80.0	42.9	70.0

	Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Ever prescribed medication for a mental health condition		13.3	38.8	57.1	33.3
Prescribed before starting at current college/university*		10.0	37.5	57.1	31.4
Prescribed after starting at current college/university*		3.3	1.3	0.0	1.7
Last 12 months, prescribed medication for a mental health condition*		3.3	20.0	14.3	15.7

*These figures use all students in the sample as the denominator, rather than just those students who have ever been prescribed medication for a mental health condition

	Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Ever had counseling for a mental health condition		26.7	46.3	85.7	43.3
Started counseling before starting at current college/university*		16.7	38.8	71.4	34.7
Started counseling after starting at current college/university*		10.0	7.5	14.3	8.3
Last 12 month, had counseling for a mental health condition*		13.3	25.0	28.6	22.3

*These figures use all students in the sample as the denominator, rather than just those students who have ever had counseling for a mental health condition

Cis Men n =	30
Cis Women n =	80
Trans/GNC n =	7

College students reported:

	Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Flu vaccine within the last 12 months		53.3	53.8	42.9	52.5
Not starting the HPV vaccine series		23.3	22.5	28.6	22.5
Starting, but not completing HPV vaccine series		3.3	5.0	0.0	4.2
Completing HPV vaccine series		50.0	42.5	42.9	44.2
Not knowing their HPV vaccine status		23.3	30.0	28.6	29.2
Ever having a GYN visit or exam (females only)			55.0	42.9	
Having a dental exam in the last 12 months		70.0	75.0	28.6	70.8
Being tested for HIV within the last 12 months		13.3	6.3	14.3	8.3
Being tested for HIV more than 12 months ago		10.0	16.3	0.0	14.2
Wearing sunscreen usually or always when outdoors		26.7	36.3	14.3	32.5
Spending time outdoors with the intention of tanning at least once in the last 12 months		37.9	63.8	28.6	56.3

D. Impediments to Academic Performance

Respondents are asked in numerous places throughout the survey about issues that might have negatively impacted their academic performance within the last 12 months. This is defined as negatively impacting their performance in a class or delaying progress towards their degree. Both types of negative impacts are represented in the figures below. Please refer to the corresponding Data Report for specific figures on each type of impact. **Figures in the left columns** use all students in the sample as the denominator. **Figures in the right columns** use only the students that experienced that issue (e.g. students who used cannabis, reported a problem or challenge with finances, or experienced a particular health issue) in the denominator. *(items are listed in the order in which they appear in the survey)*

Negatively impacted academic performance among all students in the sample

	Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Alcohol use		0.0	1.3	0.0	0.8
Cannabis/marijuana use		3.3	1.3	0.0	1.7
Pregnancy or a partner's pregnancy		0.0	0.0	0.0	0.0

Negatively impacted academic performance among only students that experienced the issue

	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Alcohol use	0.0	1.6	0.0	1.2
Cannabis/marijuana use	14.3	9.1	0.0	10.0
Pregnancy or a partner's pregnancy	0.0	0.0	0.0	0.0

Problems or challenges in the last 12 months

	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Career	10.0	6.3	0.0	6.6
Finances	10.0	11.3	14.3	10.7
Procrastination	30.0	41.3	42.9	37.2
Faculty	6.7	2.5	0.0	3.3
Family	3.3	11.3	28.6	9.9
Intimate Relationships	13.3	6.3	0.0	7.4
Roommate/housemate	0.0	1.3	0.0	0.8
Peers	3.3	5.0	14.3	5.0
Personal appearance	0.0	3.8	14.3	3.3
Health of someone close to me	6.7	8.8	14.3	8.3
Death of a family member, friend, or someone close to me	6.7	15.0	14.3	12.4
Bullying	3.3	3.8	0.0	3.3
Cyberbullying	0.0	1.3	0.0	0.8
Hazing	0.0	0.0	0.0	0.0
Microaggression	3.3	2.5	14.3	3.3
Sexual Harassment	0.0	5.0	0.0	3.3
Discrimination	0.0	1.3	0.0	0.8

	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Career	50.0	25.0	0.0	27.6
Finances	21.4	22.5	20.0	21.3
Procrastination	52.9	55.0	42.9	52.9
Faculty	100.0	33.3	0.0	40.0
Family	25.0	34.6	40.0	32.4
Intimate Relationships	30.8	16.7	0.0	20.0
Roommate/housemate	0.0	5.6	0.0	4.5
Peers	33.3	20.0	33.3	23.1
Personal appearance	0.0	7.5	25.0	7.4
Health of someone close to me	15.4	25.0	25.0	21.3
Death of a family member, friend, or someone close to me	28.6	57.1	33.3	45.5
Bullying	33.3	42.9	0.0	40.0
Cyberbullying	0.0	100.0	0.0	50.0
Hazing	0.0	0.0	0.0	0.0
Microaggression	33.3	22.2	50.0	28.6
Sexual Harassment	0.0	40.0	0.0	36.4
Discrimination	0.0	33.3	0.0	12.5

Cis Men n =	30
Cis Women n =	80
Trans/GNC n =	7

Negatively impacted academic performance among all students in the sample

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Acute Diagnoses in the last 12 months				
Bronchitis	0.0	5.0	0.0	3.3
Chlamydia	0.0	0.0	0.0	0.0
Chicken Pox (Varicella)	0.0	0.0	0.0	0.0
Cold/Virus or other respiratory illness	6.7	17.5	0.0	13.2
Concussion	3.3	3.8	0.0	3.3
Gonorrhea	0.0	0.0	0.0	0.0
Flu (influenza or flu-like illness)	0.0	7.5	0.0	5.0
Mumps	0.0	0.0	0.0	0.0
Mononucleosis (mono)	0.0	1.3	0.0	0.8
Orthopedic injury	0.0	2.5	0.0	1.7
Pelvic Inflammatory Disease	0.0	0.0	0.0	0.0
Pneumonia	0.0	2.5	0.0	1.7
Shingles	0.0	0.0	0.0	0.0
Stomach or GI virus or bug, food poisoning or gastritis	0.0	7.5	0.0	5.0
Urinary tract infection	0.0	1.3	0.0	0.8

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Any ongoing or chronic medical conditions diagnosed or treated in the last 12 months	3.3	25.0	42.9	19.8

Other impediments to academic performance

Assault (physical)	3.3	2.5	0.0	2.5
Assault (sexual)	0.0	3.8	0.0	2.5
Allergies	0.0	0.0	0.0	0.0
Anxiety	6.7	32.5	28.6	24.8
ADHD or ADD	6.7	13.8	28.6	12.4
Concussion or TBI	3.3	5.0	0.0	4.1
Depression	3.3	20.0	28.6	16.5
Eating disorder/problem	0.0	3.8	0.0	2.5
Headaches/migraines	3.3	22.5	14.3	16.5
Influenza or influenza-like illness (the flu)	3.3	6.3	28.6	6.6
Injury	0.0	2.5	0.0	1.7
PMS	0.0	5.0	14.3	4.1
PTSD	0.0	8.8	14.3	6.6
Short-term illness	6.7	8.8	14.3	8.3
Upper respiratory illness	0.0	10.0	14.3	7.4
Sleep difficulties	6.7	23.8	28.6	19.0
Stress	16.7	30.0	42.9	26.4

Negatively impacted academic performance among only students that experienced the issue

Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
0.0	100.0	0.0	80.0
0.0	0.0	0.0	0.0
0.0	0.0	0.0	0.0
25.0	41.2	0.0	38.1
50.0	100.0	0.0	80.0
0.0	0.0	0.0	0.0
0.0	50.0	0.0	42.9
0.0	0.0	0.0	0.0
0.0	100.0	0.0	100.0
0.0	22.2	0.0	18.2
0.0	0.0	0.0	0.0
0.0	100.0	0.0	66.7
0.0	0.0	0.0	0.0
0.0	75.0	0.0	75.0
0.0	10.0	0.0	9.1

Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
4.5	31.7	50.0	26.1

50.0	28.6	0.0	33.3
0.0	33.3	0.0	33.3
0.0	0.0	0.0	0.0
40.0	53.1	33.3	49.2
66.7	57.9	50.0	57.7
100.0	66.7	0.0	71.4
20.0	64.0	50.0	57.1
0.0	60.0	0.0	33.3
14.3	46.2	25.0	40.0
50.0	45.5	100.0	53.3
0.0	20.0	0.0	13.3
0.0	14.3	20.0	15.2
0.0	58.3	50.0	57.1
40.0	46.7	50.0	45.5
0.0	27.6	50.0	26.5
33.3	51.4	40.0	47.9
41.7	42.1	42.9	41.6

Cis Men n =	30
Cis Women n =	80
Trans/GNC n =	7

E. Violence, Abusive Relationships, and Personal Safety

Within the last 12 months, college students reported experiencing:

	Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
A physical fight		6.7	5.0	0.0	5.0
A physical assault (not sexual assault)		0.0	2.5	0.0	1.7
A verbal threat		26.7	13.8	14.3	17.5
Sexual touching without their consent		0.0	6.3	0.0	4.2
Sexual penetration attempt without their consent		0.0	6.3	0.0	4.2
Sexual penetration without their consent		0.0	3.8	0.0	2.5
Being a victim of stalking		6.9	7.5	0.0	6.7
A partner called me names, insulted me, or put me down to make me feel bad		16.7	17.5	0.0	16.7
A partner often insisted on knowing who I was with and where I was or tried to limit my contact with family or friends		16.7	13.8	0.0	14.2
A partner pushed, grabbed, shoved, slapped, kicked, bit, choked or hit me without my consent		3.4	7.5	0.0	5.9
A partner forced me into unwanted sexual contact by holding me down or hurting me in some way		3.3	6.3	0.0	5.0
A partner pressured me into unwanted sexual contact by threatening me, coercing me, or using alcohol or other drugs		6.7	6.3	0.0	5.9

College students reported feeling very safe*:

	Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
On their campus (daytime)		92.6	88.5	71.4	88.7
On their campus (nighttime)		84.2	56.9	33.3	62.8
In the community surrounding their campus (daytime)		58.6	58.3	28.6	56.6
In the community surrounding their campus (nighttime)		53.8	25.9	0.0	32.6

*Note: "Does not apply" responses were removed from the total in the denominator

Cis Men n =	30
Cis Women n =	80
Trans/GNC n =	7

F. Tobacco, Alcohol, and Other Drug Use

Percent (%)	Ever Used			
	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)	40.0	37.5	28.6	38.3
Alcoholic beverages (beer, wine, liquor, etc.)	53.3	71.3	57.1	65.8
Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) <i>[Please report nonmedical use only.]</i>	30.0	36.3	57.1	37.0
Cocaine (coke, crack, etc.)	6.9	5.1	0.0	5.1
Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) <i>[Please report nonmedical use only.]</i>	6.7	5.0	0.0	5.0
Methamphetamine (speed, crystal meth, ice, etc.)	0.0	2.5	0.0	1.7
Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)	3.3	0.0	0.0	0.8
Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) <i>[Please report nonmedical use only.]</i>	3.4	1.3	14.3	2.5
Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)	6.7	3.8	0.0	4.2
Heroin	0.0	1.3	0.0	0.8
Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) <i>[Please report nonmedical use only.]</i>	3.4	1.3	14.3	2.5

*These figures use all students in the sample as the denominator, rather than just those students who reported lifetime use.

Substance Specific Involvement Scores (SSIS) from the ASSIST

Percent (%)	*Moderate risk use of the substance			
	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Tobacco or nicotine delivery products	23.3	16.3	14.3	18.2
Alcoholic beverages	20.0	6.3	0.0	9.9
Cannabis (nonmedical use)	10.0	5.0	14.3	7.4
Cocaine	0.0	0.0	0.0	0.0
Prescription stimulants (nonmedical use)	0.0	0.0	0.0	0.0
Methamphetamine	0.0	0.0	0.0	0.0
Inhalants	0.0	0.0	0.0	0.0
Sedatives or Sleeping Pills (nonmedical use)	0.0	0.0	0.0	0.0
Hallucinogens	0.0	0.0	0.0	0.0
Heroin	0.0	0.0	0.0	0.0
Prescription opioids (nonmedical use)	0.0	0.0	0.0	0.0

*These figures use all students in the sample as the denominator, rather than just those students who reported lifetime use.

Cis Men	Cis Women	Trans/ Gender Non- conforming	*Used in the last 3 months	
			Total	
30.0	21.3	14.3	23.1	
53.3	66.3	28.6	59.5	
20.0	7.5	14.3	11.6	
0.0	0.0	0.0	0.0	
0.0	1.3	0.0	0.8	
0.0	0.0	0.0	0.0	
0.0	0.0	0.0	0.0	
0.0	0.0	0.0	0.0	
0.0	0.0	0.0	0.0	
0.0	0.0	0.0	0.0	

Cis Men	Cis Women	Trans/ Gender Non- conforming	*High risk use of the substance	
			Total	
0.0	1.3	0.0	0.8	
0.0	0.0	0.0	0.0	
0.0	0.0	0.0	0.0	
0.0	0.0	0.0	0.0	
0.0	0.0	0.0	0.0	
0.0	0.0	0.0	0.0	
0.0	0.0	0.0	0.0	
0.0	0.0	0.0	0.0	
0.0	0.0	0.0	0.0	
0.0	0.0	0.0	0.0	

Cis Men n =	30
Cis Women n =	80
Trans/GNC n =	7

***Proportion of students who were prescribed a medication and used more than prescribed or more often than prescribed in the past 3 months**

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Prescription stimulants	0.0	0.0	0.0	0.0
Prescription sedatives or sleeping pills	0.0	0.0	0.0	0.0
Prescription opioids	0.0	0.0	0.0	0.0

*These figures use all students in the sample as the denominator, rather than just those students who reported having a prescription. Note that the title of this table was changed in Fall 2022, but the figures remain the same.

***Tobacco or nicotine delivery products used in the last 3 months**

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Cigarettes	13.3	7.5	0.0	9.1
E-cigarettes or other vape products (for example: Juul, etc.)	20.0	17.5	14.3	18.2
Water pipe or hookah	3.3	0.0	0.0	0.8
Chewing or smokeless tobacco	3.3	0.0	0.0	0.8
Cigars or little cigars	3.3	0.0	0.0	0.8
Other	10.0	0.0	0.0	2.5

*These figures use all students in the sample as the denominator, rather than just those students who reported tobacco or nicotine delivery product use in the last 3 months.

Students in Recovery

■ 3.2 % of college students surveyed (0.0 % cis men, 4.5 % cis women, and 0.0 % transgender/gender non-conforming) indicated they were in recovery from alcohol or other drug use.

When, if ever, was the last time you:

Percent (%)	Drank Alcohol			
	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Never	30.0	17.5	28.6	20.8
Within the last 2 weeks	33.3	40.0	28.6	38.3
More than 2 weeks ago but within the last 30 days	10.0	13.8	14.3	12.5
More than 30 days ago but within the last 3 months	16.7	12.5	0.0	13.3
More than 3 months ago but within the last 12 months	3.3	10.0	0.0	7.5
More than 12 months ago	6.7	6.3	28.6	7.5

*Students were instructed to include medical and non-medical use of cannabis.

Cis Men	Cis Women	*Used Cannabis/Marijuana	
		Trans/ Gender Non- conforming	Total
66.7	63.8	42.9	62.5
13.3	5.0	0.0	7.5
3.3	0.0	14.3	1.7
3.3	5.0	0.0	4.2
3.3	3.8	14.3	4.2
10.0	22.5	28.6	20.0

Driving under the influence

- 17.2 % of college students reported driving after having *any alcohol* in the last 30 days.*
*Only students who reported driving in the last 30 days and drinking alcohol in the last 30 days were asked this question.
- 55.6 % of college students reported driving within 6 hours of using cannabis/marijuana in the last 30 days.*
*Only students who reported driving in the last 30 days and using cannabis in the last 30 days were asked this question.

Estimated Blood Alcohol Concentration (or eBAC) of college students. Due to the improbability of a student surviving a drinking episode resulting in an extremely high eBAC, all students with an eBAC of 0.50 or higher are also omitted from these eBAC figures. eBAC is an estimated figure based on the reported number of drinks consumed during the last time they drank alcohol in a social setting, their approximate time of consumption, sex, weight, and the average rate of ethanol metabolism. Only students who reported drinking alcohol within the last 3 months answered these questions.

Estimated BAC	Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
< .08		66.7	86.8	100.0	82.9
< .10		72.2	90.6	100.0	86.8
Mean		0.08	0.03	0.02	0.04
Median		0.03	0.01	0.00	0.01
Std Dev		0.10	0.06	0.02	0.07

Cis Men n =	30
Cis Women n =	80
Trans/GNC n =	7

*Reported number of drinks consumed the last time students drank alcohol in a social setting.

Number of drinks	Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
4 or fewer		44.4	79.2	66.7	68.8
5		11.1	11.3	0.0	11.7
6		5.6	5.7	33.3	6.5
7 or more		38.9	3.8	0.0	13.0
Mean		7.3	3.0	3.3	4.1
Median		5.0	3.0	3.0	3.0
Std Dev		7.4	2.0	2.5	4.3

*Only students who reported drinking alcohol in the last three months were asked this question.

Reported number of times college students consumed five or more drinks in a sitting within the last two weeks:

	Percent (%)	Among all students surveyed			Total
		Cis Men	Cis Women	Trans/ Gender Non- conforming	
Did not drink alcohol in the last two weeks (includes non-drinkers)		66.7	60.0	71.4	61.7
None		3.3	21.3	14.3	16.7
1-2 times		23.3	17.5	14.3	19.2
3-5 times		3.3	1.3	0.0	1.7
6 or more times		3.3	0.0	0.0	0.8

*Only students who reported drinking alcohol in the last two weeks were asked this question.

*Among those who reported drinking alcohol within the last two weeks

Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
10.0	53.1	50.0	43.5
70.0	43.8	50.0	50.0
10.0	3.1	0.0	4.3
10.0	0.0	0.0	2.2

*College students who drank alcohol reported experiencing the following in the last 12 months when drinking alcohol:

	Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Did something I later regretted		21.1	11.5	0.0	12.8
Blackout (forgot where I was or what I did for a large period of time and cannot remember, even when someone reminds me)		15.8	9.8	33.3	11.6
Brownout (forgot where I was or what I did for short periods of time, but can remember once someone reminds me)		21.1	19.7	0.0	18.6
Got in trouble with the police		0.0	1.6	0.0	1.2
Got in trouble with college/university authorities		0.0	1.6	0.0	1.2
Someone had sex with me without my consent		0.0	0.0	0.0	0.0
Had sex with someone without their consent		0.0	0.0	0.0	0.0
Had unprotected sex		26.3	16.4	33.3	18.6
Physically injured myself		10.5	9.8	0.0	9.3
Physically injured another person		0.0	0.0	0.0	0.0
Seriously considered suicide		0.0	3.3	0.0	3.6
Needed medical help		5.3	0.0	0.0	1.2
Reported two or more of the above		21.4	22.4	0.0	21.2

*Only students who reported drinking alcohol in the last 12 months were asked these questions.

Cis Men n =	30
Cis Women n =	80
Trans/GNC n =	7

G. Sexual Behavior

When, if ever, was the last time you had:

Percent (%)	Oral sex			
	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Never	26.7	33.8	57.1	33.3
Within the last 2 weeks	23.3	38.8	28.6	33.3
More than 2 weeks ago but within the last 30 days	10.0	6.3	0.0	6.7
More than 30 days ago but within the last 3 months	23.3	8.8	0.0	11.7
More than 3 months ago but within the last 12 months	10.0	7.5	0.0	7.5
More than 12 months ago	6.7	5.0	14.3	7.5

Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
34.5	28.8	42.9	31.1
31.0	48.8	42.9	43.7
6.9	5.0	0.0	5.0
17.2	10.0	0.0	10.9
10.3	5.0	0.0	5.9
0.0	2.5	14.3	3.4

Percent (%)	Anal intercourse			
	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Never	80.0	83.8	85.7	83.3
Within the last 2 weeks	0.0	5.0	0.0	3.3
More than 2 weeks ago but within the last 30 days	3.3	1.3	0.0	1.7
More than 30 days ago but within the last 3 months	0.0	1.3	0.0	0.8
More than 3 months ago but within the last 12 months	10.0	2.5	0.0	4.2
More than 12 months ago	6.7	6.3	14.3	6.7

*College students who reported having oral sex, or vaginal or anal intercourse within the last 12 months reported having the following number of sexual partners:

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
None	0.0	0.0	0.0	0.0
1	78.3	76.8	100.0	77.1
2	13.0	12.5	0.0	13.3
3	0.0	8.9	0.0	6.0
4 or more	8.7	1.8	0.0	3.6
Mean	1.5	1.5	1.0	1.5
Median	1.0	1.0	1.0	1.0
Std Dev	1.4	1.3	0.0	1.3

*Only students who reported having oral sex, or vaginal or anal intercourse in the last 12 months were asked this question.

College students who reported having oral sex, or vaginal or anal intercourse within the last 30 days who reported using a condom or another protective barrier *most of the time* or *always*:

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Oral sex	20.0	5.6	0.0	8.3
Vaginal intercourse	45.5	27.9	33.3	31.0
Anal intercourse	0.0	0.0	0.0	0.0

*Only students who reported having oral sex, or vaginal or anal intercourse in the last 30 days were asked these questions.

College students who reported having vaginal intercourse (penis in vagina) within the last 12 months were asked if they or their partner used any method to prevent pregnancy the last time they had vaginal intercourse:

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Yes, used a method of contraception	68.4	76.4	66.7	74.4
No, did not want to prevent pregnancy	10.5	3.6	0.0	5.1
No, did not use any method	21.1	20.0	0.0	19.2
Don't know	0.0	0.0	33.3	1.3

*Only students who reported having oral sex, or vaginal or anal intercourse in the last 12 months were asked this question.

Cis Men n =	30
Cis Women n =	80
Trans/GNC n =	7

*Those students who reported using a contraceptive use the last time they had vaginal intercourse, reported they (or their partner) used the following methods:

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Birth control pills (monthly or extended cycle)	30.8	33.3	0.0	31.0
Birth control shots	0.0	2.4	0.0	1.7
Birth control implants	7.7	9.5	0.0	8.6
Birth control patch	15.4	2.4	0.0	5.2
The ring	7.7	2.4	0.0	3.4
Emergency contraception ("morning after pill" or "Plan B")	0.0	4.8	100.0	6.9
Intrauterine device	7.7	11.9	0.0	12.1
Male (external) condom	46.2	52.4	50.0	51.7
Female (internal) condom	0.0	0.0	0.0	0.0
Diaphragm or cervical cap	0.0	0.0	0.0	0.0
Contraceptive sponge	0.0	0.0	0.0	0.0
Withdrawal	0.0	16.7	0.0	12.1
Fertility awareness (calendar, mucus, basal body temperature)	7.7	4.8	0.0	5.2
Sterilization (hysterectomy, tubes tied, vasectomy)	0.0	16.7	0.0	12.1
Other method	7.7	0.0	0.0	1.7
<i>Male condom use plus another method</i>	23.1	35.7	50.0	34.5
<i>Any two or more methods (excluding male condoms)</i>	7.7	21.4	50.0	19.0

*Only students who reported they or their partner used a method the last time they had vaginal intercourse were asked these questions. This question was select all that apply.

College students who reported having vaginal intercourse (penis in vagina) within the last 12 months were asked if they or their partner used emergency contraception ("morning after pill" or "Plan B") in the last 12 months:

Yes (5.3 % cis men, 14.8 % cis women, 66.7 % trans/gender non-conforming)

College students who reported having vaginal intercourse (penis in vagina) within the last 12 months were asked if they experienced an unintentional pregnancy or got someone pregnant within the last 12 months:

Yes (0 % cis men, 0 % cis women, 0 % trans/gender non-conforming)

H. Mental Health and Wellbeing

Kessler 6 (K6) Non-Specific Psychological Distress Score (Range is 0-24)

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
No or low psychological distress (0-12)	86.7	89.5	71.4	87.9
Serious psychological distress (13-24)	13.3	10.5	28.6	12.1
Mean	6.27	6.99	10.57	7.03
Median	6.00	7.00	9.00	6.00
Std Dev	4.95	4.69	6.75	4.95

UCLA Loneliness Scale (ULS3) Score (Range is 3-9)

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Negative for loneliness (3-5)	60.0	58.8	42.9	57.5
Positive for loneliness (6-9)	40.0	41.3	57.1	42.5
Mean	5.07	5.14	6.00	5.19
Median	4.00	5.00	6.00	5.00
Std Dev	2.10	1.91	1.83	1.97

Diener Flourishing Scale – Psychological Well-Being (PWB) Score (Range is 8-56)
(higher scores reflect a higher level of psychological well-being)

	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Mean	49.30	46.70	38.29	46.93
Median	50.00	48.00	42.00	48.00
Std Dev	5.42	6.60	8.46	6.80

Cis Men n =	30
Cis Women n =	80
Trans/GNC n =	7

The Connor-Davison Resilience Scale (CD-RISC2) Score (Range is 0-8)
(higher scores reflect greater resilience)

	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Mean	6.90	6.17	4.29	6.27
Median	7.00	6.00	5.00	6.00
Std Dev	1.12	1.35	1.38	1.41

Self injury

■ 11.7 % of college students surveyed (6.7 % cis men, 12.5 % cis women, and 28.6 % trans/gender non-conforming) indicated they had intentionally cut, burned, bruised, or otherwise injured themselves within the last 12 months.

28.6 % trans/gender non-conforming)

Within the last 12 months, have you had problems or challenges with any of the following:

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Academics	36.7	37.5	42.9	37.5
Career	20.0	25.0	28.6	24.2
Finances	50.0	50.0	71.4	51.7
Procrastination	62.1	75.0	100.0	72.3
Faculty	6.7	7.5	14.3	8.3
Family	13.3	32.5	71.4	30.8
Intimate relationships	46.7	37.5	14.3	38.7
Roommate/housemate	6.7	22.5	28.6	18.3
Peers	10.0	25.0	42.9	21.7
Personal appearance	34.5	50.0	57.1	46.2
Health of someone close to me	44.8	35.0	57.1	39.5
Death of a family member, friend, or someone close to me	23.3	26.3	42.9	27.7
I was bullied	10.0	8.8	0.0	8.3
I was cyberbullied	0.0	1.3	14.3	1.7
I was hazed	3.3	2.5	0.0	2.5
I experienced microaggression(s)	10.0	11.3	28.6	11.7
I was sexually harassed	3.4	12.5	0.0	9.2
I experienced discrimination	16.7	3.8	0.0	6.7

*Only students who reported a problem or challenge in the last 12 months were asked about level of distress.

Students reporting none of the above	10.0	7.5	0.0	8.3
Students reporting only one of the above	10.0	12.5	0.0	10.8
Students reporting 2 of the above	20.0	15.0	14.3	15.8
Students reporting 3 or more of the above	60.0	65.0	85.7	65.0

***Of those reporting this issue, it caused moderate or high distress**

Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
90.0	83.3	66.7	84.1
66.7	60.0	50.0	58.6
78.6	80.0	100.0	80.0
41.2	48.3	14.3	44.7
100.0	66.7	0.0	66.7
75.0	61.5	80.0	64.9
53.8	46.7	0.0	48.9
50.0	66.7	50.0	63.6
0.0	60.0	66.7	53.8
33.3	57.5	75.0	53.7
69.2	67.9	50.0	66.0
71.4	81.0	100.0	81.8
33.3	57.1	0.0	50.0
0.0	100.0	0.0	50.0
0.0	50.0	0.0	33.3
0.0	33.3	50.0	28.6
0.0	60.0	0.0	54.5
20.0	66.7	0.0	37.5

Suicide Behavior Questionnaire-Revised (SBQR) Screening Score (Range is 3-18)

Cis Men n =	30
Cis Women n =	80
Trans/GNC n =	7

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Negative suicidal screening (3-6)	80.0	78.5	42.9	76.5
Positive suicidal screening (7-18)	20.0	21.5	57.1	23.5
Mean	4.47	4.80	7.71	4.92
Median	3.00	3.00	7.00	3.00
Std Dev	2.52	3.04	4.61	3.12

Suicide attempt

- 4.2 % of college students surveyed (10 % cis men, 2.5 % cis women, and 0 % trans/gender non-conforming) indicated they had attempted suicide within the last 12 months.

Within the last 30 days, how would you rate the overall level of stress experienced:

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
No stress	3.3	1.3	0.0	1.7
Low	36.7	17.5	28.6	24.2
Moderate	40.0	57.5	42.9	51.7
High	20.0	23.8	28.6	22.5

I. Acute Conditions

College students reported being diagnosed by a healthcare professional within the last 12 months with:

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Bronchitis	3.3	5.0	0.0	4.2
Chlamydia	3.3	2.5	0.0	2.5
Chicken Pox (Varicella)	0.0	0.0	0.0	0.0
Cold/virus or other respiratory illness (for example: sinus infection, ear infection, strep throat, tonsillitis, pharyngitis, or laryngitis)	26.7	43.0	0.0	35.3
Concussion	6.7	3.8	0.0	4.2
Gonorrhea	0.0	1.3	0.0	0.8
Flu (influenza) or flu-like illness	6.7	15.0	0.0	11.7
Mumps	0.0	0.0	0.0	0.0
Mononucleosis (mono)	0.0	1.3	0.0	0.8
Orthopedic injury (for example: broken bone, fracture, sprain, bursitis, tendinitis, or ligament injury)	6.7	11.3	0.0	9.2
Pelvic Inflammatory Disease	0.0	0.0	0.0	0.0
Pneumonia	3.3	2.5	0.0	2.5
Shingles	0.0	0.0	0.0	0.0
Stomach or GI virus or bug, food poisoning or gastritis	0.0	10.0	0.0	6.7
Urinary tract infection	0.0	15.0	14.3	10.9

J. Ongoing or Chronic Conditions

Cis Men n =	30
Cis Women n =	80
Trans/GNC n =	7

The questions for the *ongoing or chronic conditions* are presented differently in this report than the order they appear in the survey. In the survey, all items appear in a single list, ordered alphabetically. In this report, the conditions are presented in groups to ease burden on the reader. The findings are divided into mental health conditions, STIs and other chronic infections, and other ongoing or chronic conditions in this report.

Mental Health	College students reported ever being diagnosed with the following:				
	Percent (%)	Cis Men	Cis Women	Trans/ Gender Non-conforming	Total
ADD/ADHD - Attention Deficit/Hyperactivity Disorder		20.0	19.0	42.9	21.0
Alcohol or Other Drug-Related Abuse or Addiction		3.3	2.5	0.0	2.5
Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)		13.3	41.3	57.1	35.0
Autism Spectrum		3.3	0.0	14.3	1.7
Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)		3.3	3.8	14.3	4.2
Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder		0.0	0.0	0.0	0.0
Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)		6.7	28.8	57.1	25.0
Eating Disorders (for example: Anorexia Nervosa, Bulimic Nervosa, Binge-Eating)		0.0	2.5	0.0	2.5
Gambling Disorder		6.7	0.0	0.0	1.7
Insomnia		0.0	10.0	14.3	7.5
Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)		0.0	3.8	14.3	4.2
PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor-related condition		0.0	13.8	14.3	10.1
Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)		0.0	0.0	0.0	0.0
Tourette's or other neurodevelopmental condition not already listed		0.0	0.0	0.0	0.0
Traumatic brain injury (TBI)		0.0	2.5	0.0	1.7

*Of those ever diagnosed, those reporting contact with healthcare or MH professional within last 12 months

Cis Men	Cis Women	Trans/ Gender Non-conforming	Total
33.3	73.3	33.3	60.0
100.0	50.0	0.0	66.7
25.0	81.8	50.0	73.8
0.0	0.0	0.0	0.0
100.0	66.7	0.0	60.0
0.0	0.0	0.0	0.0
50.0	82.6	50.0	76.7
0.0	50.0	0.0	33.3
0.0	0.0	0.0	0.0
0.0	62.5	100.0	66.7
0.0	33.3	0.0	40.0
0.0	63.6	0.0	58.3
0.0	0.0	0.0	0.0
0.0	0.0	0.0	0.0
0.0	50.0	0.0	50.0

*Only students who reported ever being diagnosed were asked about contact with a healthcare or mental health professional within the last 12 months.

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non-conforming	Total
<i>Students reporting none of the above</i>	66.7	53.8	28.6	55.8
<i>Students reporting only one of the above</i>	16.7	10.0	14.3	11.7
<i>Students reporting both Depression and Anxiety</i>	6.7	26.3	57.1	23.3
<i>Students reporting any two or more of the above (excluding the combination of Depression and Anxiety)</i>	10.0	10.0	0.0	9.2

Cis Men n =	30
Cis Women n =	80
Trans/GNC n =	7

STI's/Other chronic infections

College students reported ever being diagnosed with the following:

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Genital herpes	0.0	1.3	0.0	0.8
Hepatitis B or C	0.0	1.3	0.0	0.8
HIV or AIDS	0.0	0.0	0.0	0.0
Human papillomavirus (HPV) or genital warts	0.0	2.5	0.0	1.7

*Only students who reported ever being diagnosed were asked about contact with a healthcare or mental health professional within the last 12 months.

***Of those ever diagnosed, had contact with healthcare or MH professional within last 12 months**

Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
0.0	100.0	0.0	100.0
0.0	100.0	0.0	100.0
0.0	0.0	0.0	0.0
0.0	50.0	0.0	50.0

Other Chronic /Ongoing Medical Conditions

College students reported ever being diagnosed with the following:

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Acne	13.8	28.8	0.0	22.7
Allergies - food allergy	13.3	12.5	14.3	13.3
Allergies - animals/pets	16.7	12.7	14.3	14.3
Allergies - environmental (for example: pollen, grass, dust mold)	26.7	30.0	28.6	29.2
Asthma	26.7	20.3	14.3	21.0
Cancer	0.0	2.5	0.0	1.7
Celiac disease	0.0	0.0	0.0	0.0
Chronic pain (for example: back or joint pain, arthritis, nerve pain)	6.7	7.5	14.3	7.5
Diabetes or pre-diabetes/insulin resistance	3.4	3.8	0.0	3.4
Endometriosis	0.0	5.1	0.0	3.4
Gastroesophageal Reflux Disease (GERD) or acid reflux	6.7	11.3	0.0	9.2
Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)	0.0	3.8	0.0	2.5
High blood pressure (hypertension)	13.3	0.0	0.0	3.4
High cholesterol (hyperlipidemia)	0.0	2.5	14.3	2.5
Irritable bowel syndrome (spastic colon or spastic bowel)	0.0	6.3	0.0	4.2
Migraine headaches	10.0	22.5	14.3	19.2
Polycystic Ovarian Syndrome (PCOS)	0.0	10.0	14.3	7.5
Sleep Apnea	6.7	3.8	14.3	5.0
Thyroid condition or disorder	0.0	2.5	0.0	1.7
Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)	0.0	2.5	0.0	1.7

*Only students who reported ever being diagnosed were asked about contact with a healthcare or mental health professional within the last 12 months.

***Of those ever diagnosed, had contact with healthcare or MH professional within last 12 months**

Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
25.0	40.9	0.0	38.5
25.0	30.0	0.0	25.0
20.0	30.0	0.0	23.5
37.5	37.5	0.0	34.3
25.0	62.5	0.0	48.0
0.0	0.0	0.0	0.0
0.0	0.0	0.0	0.0
50.0	50.0	0.0	44.4
0.0	100.0	0.0	75.0
0.0	100.0	0.0	100.0
50.0	77.8	0.0	72.7
0.0	100.0	0.0	100.0
75.0	0.0	0.0	75.0
0.0	100.0	0.0	66.7
0.0	60.0	0.0	60.0
33.3	61.1	100.0	60.9
0.0	50.0	100.0	55.6
0.0	100.0	0.0	50.0
0.0	100.0	0.0	100.0
0.0	50.0	0.0	50.0

Students who reported being diagnosed with diabetes or pre-diabetes/insulin resistance, indicated they had:

Cis Men n =	30
Cis Women n =	80
Trans/GNC n =	7

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Type I Diabetes	0.0	0.0	0.0	0.0
Type II Diabetes	100.0	50.0	0.0	66.7
Pre-diabetes or insulin resistance	0.0	66.7	0.0	50.0
Gestational Diabetes	0.0	50.0	0.0	33.3

K. Sleep

Reported amount of time to usually fall asleep at night (sleep onset latency):

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Less than 15 minutes	53.3	36.3	14.3	39.2
16 to 30 minutes	20.0	23.8	14.3	23.3
31 minutes or more	26.7	40.0	71.4	37.5

Over the last 2 weeks, students reported the following average amount of sleep (excluding naps):

Percent (%)	On weeknights			
	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Less than 7 hours	36.7	46.3	28.6	42.5
7 to 9 hours	60.0	50.0	71.4	54.2
10 or more hours	3.3	3.8	0.0	3.3

On weekend nights			
Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
20.0	30.0	28.6	27.5
66.7	61.3	57.1	62.5
13.3	8.8	14.3	10.0

Students reported the following on 3 or more of the last 7 days:

Percent (%)	Felt tired or sleepy during the day			
	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
0 days	10.0	1.3	0.0	3.3
1-2 days	16.7	21.3	14.3	20.0
3-5 days	56.7	45.0	28.6	47.5
6-7 days	16.7	32.5	57.1	29.2

Got enough sleep so that they felt rested			
Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
16.7	22.5	42.9	21.7
36.7	50.0	28.6	45.8
20.0	25.0	28.6	24.2
26.7	2.5	0.0	8.3

Demographics and Sample Characteristics

■ Age 18 - 20 years: 51.7 % 21 - 24 years: 14.4 % 25 - 29 years: 7.6 % 30+ years: 26.3 % Mean age: 24.8 years Median age: 20.0 years		■ Students describe themselves as Straight/Heterosexual: 85.7 % Asexual: 0.8 % Bisexual: 6.7 % Gay: 2.5 % Lesbian: 0.8 % Pansexual: 1.7 % Queer: 1.7 % Questioning: 0.0 % Identity not listed above: 0.0 %										
■ Gender* Cis Women: 66.1 % Cis Men: 24.8 % Transgender/Gender Non-conforming: 5.8 % <i>* See note on page 2 regarding gender categories</i>		■ Housing Campus or university housing: 42.0 % Fraternity or sorority residence: 0.0 % Parent/guardian/other family: 9.2 % Off-campus: 44.5 % Temporary or "couch surfing": 0.8 % Don't have a place to live: 0.0 % Other: 3.4 %										
■ Student status 1st year undergraduate: 44.5 % 2nd year undergraduate: 34.5 % 3rd year undergraduate: 9.2 % 4th year undergraduate: 5.0 % 5th year or more undergraduate: 2.5 % Master's (MA, MS, MFA, MBA, etc.): 0.8 % Doctorate (PhD, EdD, MD, JD, etc.): 0.0 % Not seeking a degree: 0.8 % Other: 2.5 % Full-time student: 85.7 % Part-time student: 14.3 % Other student: 0.0 %		■ Students describe themselves as** American Indian or Native Alaskan: 9.9 % Asian or Asian American: 2.5 % Black or African American: 4.1 % Hispanic or Latino/a/x: 4.1 % Middle Eastern/North African (MENA) or Arab Origin: 0.0 % Native Hawaiian or Other Pacific Islander Native: 0.8 % White: 86.8 % Biracial or Multiracial: 1.7 % Identity not listed above: 1.7 %										
■ Relationship status Not in a relationship: 42.0 % In a relationship but not married/partnered: 39.5 % Married/partnered: 18.5 %		If Hispanic or Latino/a/x, are you** Mexican, Mexican American, Chicano: 80.0 % Puerto Rican: 0.0 % Cuban: 0.0 % Another Hispanic, Latino/a/x, or Spanish Origin: 20.0 %										
■ Primary Source of Health Insurance** College/university sponsored SHIP plan: 3.3 % Parent or guardian's plan: 49.6 % Employer (mine or my spouse/partners): 21.5 % Medicaid, Medicare, SCHIP, or VA: 14.9 % Bought a plan directly or from the exchange: 2.5 % Embassy/sponsoring agency (international): 0.0 % Another source: 2.5 % Have insurance, but don't know source: 5.0 % Don't have health insurance: 3.3 % Don't know if I have health insurance: 0.8 % Students that selected more than one source: 5.0 %		If Asian or Asian American, are you** East Asian: 33.3 % Southeast Asian: 100.0 % South Asian: 0.0 % Other Asian: 0.0 %										
■ Student Veteran: 4.2 %		■ Visa status & location of study										
■ Parent or primary responsibility for someone else's child/children under 18 years old: 21.8 %		<table border="1"> <thead> <tr> <th></th> <th>Do not have/need a U.S. visa</th> <th>Have/need a U.S. visa</th> </tr> </thead> <tbody> <tr> <td>Studying in U.S.</td> <td>75.9 %</td> <td>15.2 %</td> </tr> <tr> <td>Studying Outside U.S.</td> <td>7.1 %</td> <td>1.8 %</td> </tr> </tbody> </table>			Do not have/need a U.S. visa	Have/need a U.S. visa	Studying in U.S.	75.9 %	15.2 %	Studying Outside U.S.	7.1 %	1.8 %
	Do not have/need a U.S. visa	Have/need a U.S. visa										
Studying in U.S.	75.9 %	15.2 %										
Studying Outside U.S.	7.1 %	1.8 %										

**this question was select all that apply, totals may add up to over 100%

<ul style="list-style-type: none"> ■ First generation students (Proportion of students for whom no parent/guardian have completed a bachelor's degree) 64.7 % 		<ul style="list-style-type: none"> ■ Participated in organized college athletics: <ul style="list-style-type: none"> Varsity: 26.1 % Club sports: 7.0 % Intramurals: 6.2 %
<ul style="list-style-type: none"> ■ Do you have any of the following? 		<ul style="list-style-type: none"> ■ Member of a <u>social</u> fraternity or sorority: <ul style="list-style-type: none"> Greek member: 0.8 %
<ul style="list-style-type: none"> Attention Deficit/Hyperactivity Disorder (ADD or ADHD): 18.5 % Autism Spectrum Disorder: 2.6 % Deaf/Hearing loss: 4.2 % Learning disability: 7.6 % Mobility/Dexterity disability: 1.7 % Blind/low vision: 6.8 % Speech or language disorder: 0.0 % 		<ul style="list-style-type: none"> ■ Dropout Intention <i>Very, moderately, or slightly likely to:</i> Leave school and transfer to another school 10.9 % Leave school without transferring to another school 1.7 %

Appendix G – LRSC Policy 1500.15

LAKE REGION STATE COLLEGE POLICY AND PROCEDURE MANUAL

SECTION 1500.15

ALCOHOL AND DRUGS

Lake Region State College (LRSC) students and employees are required to abide by all federal, state and local laws. Except as authorized by [SBHE policy 918](#) and/or NDUS procedure 918, the consumption, use, possession, distribution, or sale of alcoholic beverages or illicit drugs while on property under the control of LRSC or at an LRSC sponsored activity is prohibited. Students, employees and visitors shall not be on campus or at an LRSC sponsored activity while visibly impaired by the use of alcohol and/or drugs.

LRSC requires employees to maintain a safe and sober workplace. As such, employees shall not consume alcoholic beverages or drugs (including prescription drugs that can cause impairment) during scheduled work hours or within close proximity to scheduled work hours. Employees on call back, outside of regular hours, shall disclose to their supervisor if they have consumed alcoholic beverages to ensure that only appropriate duties are assigned or the need for the employee is reassigned to another. Employees taking prescription medication that can cause impairment must notify their supervisor, in advance of performing work, to ensure only appropriate duties are assigned, duties are reassigned as necessary, and/or sick leave is taken.

A supervisor may, after consultation with the Human Resources Manager, require an employee suspected of violating this policy to submit to a breath, blood, or urine test. The test is not required should the employee admit to the consumption and/or impairment. If the employee refuses testing, the employee may be disciplined as if the test had been positive. In the event of a positive test and/or admission, the employee shall be required to take annual leave for the remainder of the workday. The supervisor and/or the employee must arrange for safe transportation home.

Violations of this policy constitutes misconduct and disciplinary action may be imposed according to 800.30 [Lake Region State College Student Handbook](#) and 1500.05 [Lake Region State College Policy and Procedure Manual](#).

The policy addressing alcohol and drugs in the residence halls can be found in the 800.08 [Lake Region State College Policy and Procedure Manual](#).

Medical Amnesty Laws: LRSC respects and abides by the medical amnesty laws for drug and alcohol related emergencies under North Dakota Century Codes 05-01-08 (6) and 19-03.01.

Parental Notification: In accordance with the Family Educational Rights and Privacy Act (FERPA), the Director of Student Services reserves the right to notify the parents/guardians of students under 21 years of age, and the parents/guardians of dependent students., regardless of age, of any incident in which the student is found responsible for violating this policy.

The college has programing, coordinated by the Director of Student Services, to prevent drug and alcohol abuse by students. The Director of Human Resources shall make similar information available to all employees. These programs shall include dissemination of informal materials, counseling services, educational programs, referrals, and code of conduct violations.

History

Administrative Council Approved 05/22/15

Administrative Council Approved 09/15/15

Administrative Council Approved 08/30/17

Appendix H – LRSC Policy 800.30

LAKE REGION STATE COLLEGE

POLICY AND PROCEDURE MANUAL

SECTION 800.30 STUDENT CONDUCT

Students are expected to obey local, state and federal laws, to show respect for properly constituted authority, to meet contractual obligations, to maintain academic integrity in scholastic work and to observe standards of conduct appropriate for an institution of higher learning. Students are expected to be responsible for their actions, whether acting individually or in groups. Failure to meet acceptable standards of conduct may result in disciplinary action, suspension or expulsion. The College will ensure due process and define routes of appeal. These policies apply to the conduct of all students, student organizations, teams and clubs. They also apply when off campus in connection with internships, academic activities and any activity sponsored or authorized by Lake Region State College. Lake Region State College will also hold students accountable for behavior that occurs off campus when an offense threatens the safety or security of any individual or institution.

1. Scholastic Dishonesty: Academic Integrity is intellectual honesty, responsibility, and ethical behavior in scholastic conduct from use of information to actions in a classroom. It is the guide for the “pursuit of knowledge and understanding within a community of inquiry” (American University).

The following are examples of academic dishonesty:

- a. Cheating is receiving or sending, or attempting to receive or send information, answers, data, etc. not otherwise permitted by the instructor.
 - i. Receiving, sharing, or transmitting information before or during an exam to someone who will be or is taking the exam
 - ii. Looking at another student’s test during an exam or allowing other students to look at your exam
 - iii. Copying from another student’s test or homework assignment with or without the other student’s permission
 - iv. Working with another student on a test or an assignment without authorization
 - v. Using unauthorized material (texts, calculators, smart phones, paper, websites, notes on computer) to obtain answers or information for a test
 - vi. Using passwords or electronic signatures of other individuals for any reasons, including to take a test for another person
 - vii. Sharing answers for an assignment
- b. Plagiarism is using someone else’s work in part or whole and passing it off as the student’s own whether intentionally or not intentionally.
 - i. Using exact words or phrases without citing the source
 - ii. Buying a paper from an online source or a person

- iii. Using a paper someone else has done either for you specifically or for another class
- iv. Without documenting the source, modifying the information or combining the information from more than one source to make it appear original
- c. Collusion is the unauthorized collaboration with another person in preparing any academic work offered for credit.
- d. Fabrication is falsifying data, research, sources, statistics, as well as information or verification.
 - i. Citing a statistic from a source without being sure if the numbers are correct
 - ii. Combining sources but claiming only one of the sources
 - iii. Forging of signatures on any form requiring another person's verification
 - iv. Misrepresenting situations such as
 1. Claiming a member was present on a group project when he or she was absent or left early
 2. Claiming you handed in work, implying the teacher lost it or the LMS didn't accept it
 3. Claiming a family event, illness, emergency or funeral when, in fact, there is none

CONSEQUENCES

Instructors have the authority to determine how an incident of scholastic dishonesty will affect a student's grade. Situations may differ in severity and consequences as determined by individual instructors.

If a student has an academic grievance, the grievance must be submitted in writing by following the appeals procedure found in policy 800.31.

2. Safe Campus: Lake Region State College strives to provide an environment free of all forms of abuse, criminal activity and intimidation.
 - a. Minor Misconduct: Disciplinary action may be taken against a student who:
 - i. Violates city ordinances or state or federal laws
 - ii. Possesses or uses fireworks on college property
 - iii. Has conduct that interferes with the operations of the college
 - iv. Takes or causes minor damages, to the property of another
 - v. Engages in disorderly behavior, harassment, bullying or any other type of activity that adversely affects another. This could include disruptive activity including verbal abuse of others or the use of profane or vulgar language. This could occur using electronic formats, including, but not limited to, telephone, texting, email, computer, or online social media harassment.
 - vi. Violates the LRSC Alcohol and Other Drugs policy (1500.15) regarding the possession or consumption of alcohol and/or marijuana
 - vii. Misuses a student identification card

- viii. Falsifies any document including transcripts, receipts, identification, etc. or withholds or falsifies information on an application form or to any college official
 - ix. Possesses and/or uses unauthorized keys or otherwise trespasses on college property, including vehicles, rooms or apartments
 - x. Tamper with fire alarms, fire extinguishers, automatic external defibrillators (AED), security cameras or other safety related devices
 - xi. Violates the LRSC Computer Use Policy/agreement (900.09.01)
 - xii. Conspires, facilitates or otherwise assists another who engages in any action that constitutes minor misconduct
- b. Major Misconduct: Major misconduct is any behavior or violation that may result in suspension, or expulsion from Lake Region State College. Disciplinary action may be taken against a student who:
- i. Commits two (2) or more minor misconduct violations
 - ii. Violates the Sexual Misconduct/Title IX Compliance Policy (1500.09)
 - iii. Violates the Harassment Policy (1500.08)
 - iv. Assaults or engages in intimidating behavior: Uses physical force, inflicts bodily injury or threatens another
- v. Intentionally or recklessly terrorizes or places another in fear of injury or death or causes the evacuation of a campus building or otherwise causes serious disruption or public inconvenience. Threatening to commit any crime of violence or act dangerous to human life or falsely informing another that such a dangerous situation or crime of violence is imminent knowing that to be false. This could include initiating a bomb threat or activating a fire alarm when no such emergency exists.
- vi. Is in possession of or uses a dangerous weapon or is in possession of a concealed weapon unless possession or use is expressly authorized by law. Dangerous weapons may include knives, guns, explosives, or any other item that can be used to inflict fear or injury to include BB guns, pellet guns, airsoft guns or any toy replica.
- vii. Intentionally or recklessly causes significant damage to the property of another
- viii. Violates the LRSC Alcohol and Other Drugs policy (1500.15) regarding the unlawful delivery of alcohol or marijuana, or the possession, use, or delivery of other drugs.
- ix. Commits any crime that would constitute a felony under the ND Century Code (i.e. robbery, burglary, criminal trespass, arson, or the possession of stolen property).
- x. Engages in any conduct considered hazing which creates a risk of injury to another or involves forced physical activity which subjects any person to mental stress by the deprivation of sleep, isolation, whipping, beating, paddling, branding, forced calisthenics, or the overexposure to weather. Any initiation or hazing that includes a required consumption of food, liquor, beverages, drugs or other

substances or includes unlawful restraint, public nudity or sexual contact would also constitute major misconduct.

- xi. Conspires, facilitates or otherwise assists another who engages in any action that constitutes major misconduct
3. Retaliation Prohibited: A student, a group of students or a student organization shall not retaliate against any person who files a complaint or grievance; reports misconduct, participates as a witness in an investigation, or otherwise provides information to college officials. Retaliation can be classified as minor or major misconduct depending on the nature of the action.
4. Any person may file a verbal or written complaint with Director of Student Services against any student for misconduct. The complaint and appeal procedure is outlined in Policy and Procedure 800.31.

History

Administrative Council Approved Updates 08/17/15

Administrative Council Approved Updates 09/15/15

Administrative Council Approved Updates 09/01/20

Appendix I – SBHE Policy 918

SBHE Policies

SUBJECT – 900s FACILITIES

EFFECTIVE: July 1, 2015

SECTION 918 ALCOHOLIC BEVERAGES

1. Definitions.

a. "Alcoholic beverages" means any liquid suitable for drinking by human beings, except prescription drugs or over-the-counter medications, which contains one-half of one percent or more of alcohol by volume.

b. "President" includes the dean of Dakota College at Bottineau.

2. The possession, sale, service, use, or consumption of alcoholic beverages upon land or in buildings at institutions under control of the Board is prohibited, except as authorized by the institution's president.

3. Alcoholic beverages may not be purchased with public funds unless the alcoholic beverages will be used for authorized training or educational purposes.

4. Each institution shall adopt policies and/or procedures implementing this policy.

History

New Policy. See SBHE Minutes, April 20, 1994, page 6460.

Amendment SBHE Minutes, September 16, 2004.

Amendment SBHE Minutes, December 17, 2009.

Amendment SBHE Minutes, May 14, 2015.

Appendix J – LRSC Policy 400.25

LAKE REGION STATE COLLEGE

POLICY AND PROCEDURE MANUAL

SECTION 400.25

SMOKE FREE/TOBACO FREE CAMPUS

For purpose of this policy, smoking is defined as inhaling, exhaling, burning, or carrying any lighted or heated cigar, cigarette, pipe, or any other lighted or heated tobacco or plant product intended for inhalation, in any manner or in any form. Smoking also includes the use of an e-cigarette which creates a vapor, in any manner or any form, or the use of any oral tobacco product for the purpose of circumventing the prohibition of smoking in this policy.

Smoking is prohibited on all property owned or leased by Lake Region State College, including buildings, residence halls, apartments, and enclosed structures. Smoking is prohibited in state-owned or leased vehicles and motorized equipment.

Supervisors are responsible for ensuring that employees, students, visitors, and where applicable, contractors are made aware of this policy and that they comply with its requirements.

Violations of this policy by faculty and staff constitutes a violation of the LRSC policy 1500.05 (Code of Conduct). Violations by students constitutes minor misconduct under the LRSC policy 800.30 (Student Conduct).

The Smoke Free Policy may not apply to specific activities used in connection with the practice of cultural activities by American Indians that are in accordance with the American Indian Religious Freedom Act, 42 U.S.C. 1996 and 1996a. All ceremonial use exceptions must be approved in advance by the President of Lake Region State College or designee.

Information regarding tobacco prevention is available through the following websites:

<https://www.hhs.nd.gov/health>

<https://www.hhs.nd.gov/health/ndquits>

<https://www.breathend.com/>

History

Administrative Council Approved 01/11/10

Administrative Council Approved Updates 07/07/15

Administrative Council Approved Updates 10/02/19

Appendix K - North Dakota Century Code 5-01-08

5-01-08.1. Misrepresentation of age - Penalty-Licensee may keep book.

Any person who misrepresents or misstates that person's age or the age of any other person or who misrepresents that person's age through presentation of any document purporting to show that person to be of legal age to purchase alcoholic beverages is guilty of a class B misdemeanor. Any licensee may keep a book and may require anyone who has shown documentary proof of that person's age, which substantiates that person's age to allow the purchase of alcoholic beverages, to sign the book if the age of that person is in question. The book must show the date of the purchase, the identification used in making the purchase and the appropriate numbers of such identification, the address of the purchaser, and the purchaser's signature.

Appendix L – North Dakota Century Code 19-03.1

CHAPTER 19-03.1

UNIFORM CONTROLLED SUBSTANCES ACT

19-03.1-01. Definitions.

As used in this chapter and in chapters 19-03.2 and 19-03.4, unless the context otherwise requires:

1. "Administer" means to apply a controlled substance, whether by injection, inhalation, ingestion, or any other means, directly to the body of a patient or research subject by:
 - a. A practitioner or, in the practitioner's presence, by the practitioner's authorized agent; or
 - b. The patient or research subject at the direction and in the presence of the practitioner.
2. "Agent" means an authorized person who acts on behalf of or at the direction of a manufacturer, distributor, or dispenser. It does not include a common or contract carrier, public warehouseman, or employee of the carrier or warehouseman.
3. "Anabolic steroids" means any drug or hormonal substance, chemically and pharmacologically related to testosterone, other than estrogens, progestins, and corticosteroids.
4. "Board" means the state board of pharmacy.
5. "Bureau" means the drug enforcement administration in the United States department of justice or its successor agency.
6. "Controlled substance" means a drug, substance, or immediate precursor in schedules I through V as set out in this chapter.
7. "Controlled substance analog":
 - a. Means a substance the chemical structure of which is substantially similar to the chemical structure of a controlled substance in a schedule I or II and:
 - i. Which has a stimulant, depressant, or hallucinogenic effect on the central nervous system which is substantially similar to or greater than the stimulant, depressant, or hallucinogenic effect on the central nervous system of a controlled substance in schedule I or II; or
 - ii. With respect to a particular individual, which the individual represents or intends to have a stimulant, depressant, or hallucinogenic effect on the central nervous system substantially similar to or greater than the stimulant, depressant, or hallucinogenic effect on the central nervous system of a controlled substance in schedule I or II.

- b. Does not include:
 - i. A controlled substance;
 - ii. Any substance for which there is an approved new drug application; or
 - iii. With respect to a particular individual, any substance, if an exemption is in effect for investigational use, for that individual, under section 505 of the Federal Food, Drug, and Cosmetic Act [21 U.S.C. 355] to the extent conduct with respect to the substance is pursuant to the exemption.
- 8. "Counterfeit substance" means a controlled substance which, or the container or labeling of which, without authorization, bears the trademark, trade name, or other identifying mark, imprint, number or device, or any likeness thereof, of a manufacturer, distributor, or dispenser other than the person who in fact manufactured, distributed, or dispensed the substance.
- 9. "Deliver" or "delivery" means the actual, constructive, or attempted transfer from one person to another of a controlled substance whether or not there is an agency relationship.
- 10. "Dispense" means to deliver a controlled substance to an ultimate user or research subject by or pursuant to the lawful order of a practitioner, including the prescribing, administering, packaging, labeling, or compounding necessary to prepare the substance for that delivery.
- 11. "Dispenser" means a practitioner who dispenses.
- 12. "Distribute" means to deliver other than by administering or dispensing a controlled substance.
- 13. "Distributor" means a person who distributes.
- 14. "Drug" means:
 - a. Substances recognized as drugs in the official United States pharmacopeia national formulary, or the official homeopathic pharmacopeia of the United States, or any supplement to any of them;
 - b. Substances intended for use in the diagnosis, cure, mitigation, treatment, or prevention of disease in individuals or animals;
 - c. Substances, other than food, intended to affect the structure or any function of the body of individuals or animals; and
 - d. Substances intended for use as a component of any article specified in subdivision a, b, or c. The term does not include devices or their components, parts, or accessories.
- 15. "Hashish" means the resin extracted from any part of the plant cannabis with or without its adhering plant parts, whether growing or not, and every compound, manufacture, salt, derivative, mixture, or preparation of the resin.
- 16. "Immediate precursor" means a substance:
 - a. That the board has found to be and by rule designates as being the principal compound commonly used or produced primarily for use in the manufacture of a controlled substance;
 - b. That is an immediate chemical intermediary used or likely to be used in the manufacture of the controlled substance; and

- c. The control of which is necessary to prevent, curtail, or limit the manufacture of the controlled substance.
17. "Manufacture" means the production, preparation, propagation, compounding, conversion, or processing of a controlled substance, either directly or indirectly by extraction from substances of natural origin, or independently by means of chemical synthesis, or by a combination of extraction and chemical synthesis and includes any packaging or repackaging of the substance or labeling or relabeling of its container. The term does not include the preparation or compounding of a controlled substance by an individual for the individual's own use or the preparation, compounding, packaging, or labeling of a controlled substance:
- a. By a practitioner as an incident to the practitioner's administering or dispensing of a controlled substance in the course of the practitioner's professional practice; or
 - b. By a practitioner, or by the practitioner's authorized agent under the practitioner's supervision, for the purpose of, or as an incident to, research, teaching, or chemical analysis and not for sale.
18. "Marijuana" means all parts of the plant cannabis whether growing or not; the seeds thereof; the resinous product of the combustion of the plant cannabis; and every compound, manufacture, salt, derivative, mixture, or preparation of the plant or its seeds. The term does not include the mature stalks of the plant, fiber produced from the stalks, oil or cake made from the seeds of the plant, any other compound, manufacture, salt, derivative, mixture, or preparation of mature stalks, fiber, oil, or cake, or the sterilized seed of the plant which is incapable of germination.
19. "Narcotic drug" means any of the following, whether produced directly or indirectly by extraction from substances of vegetable origin, or independently by means of chemical synthesis, or by a combination of extraction and chemical synthesis:
- a. Opium and opiate and any salt, compound, derivative, or preparation of opium or opiate.
 - b. Any salt, compound, isomer, derivative, or preparation thereof which is chemically equivalent or identical with any of the substances referred to in subdivision a, but not including the isoquinoline alkaloids of opium.
 - c. Opium poppy and poppy straw.
 - d. Coca leaves and any salt, compound, derivative, or preparation of coca leaves, any salt, compound, isomer, derivative, or preparation thereof which is chemically equivalent or identical with any of these substances, but not including decocainized coca leaves or extractions of coca leaves which do not contain cocaine or ecgonine.
20. "Opiate" means any substance having an addiction-forming or addiction-sustaining liability similar to morphine or being capable of conversion into a drug having addiction-forming or addiction-sustaining liability. The term does not include, unless specifically designated as controlled under section 19-03.1-02, the dextrorotatory isomer of 3-methoxy-n-methylmorphinan and its salts (dextromethorphan). The term includes its racemic and levorotatory forms.
21. "Opium poppy" means the plant of the species *papaver somniferum* L., except its seeds.

22. "Over-the-counter sale" means a retail sale of a drug or product other than a controlled, or imitation controlled, substance.
23. "Person" means individual, corporation, limited liability company, government or governmental subdivision or agency, business trust, estate, trust, partnership or association, or any other legal entity.
24. "Poppy straw" means all parts, except the seeds, of the opium poppy, after mowing.
25. "Practitioner" means:
 - a. A physician, dentist, veterinarian, pharmacist, scientific investigator, or other person licensed, registered, or otherwise permitted by the jurisdiction in which the individual is practicing to distribute, dispense, conduct research with respect to, or to administer a controlled substance in the course of professional practice or research.
 - b. A pharmacy, hospital, or other institution licensed, registered, or otherwise permitted to distribute, dispense, conduct research with respect to, or to administer a controlled substance in the course of professional practice or research in this state.
26. "Production" includes the manufacturing, planting, cultivating, growing, or harvesting of a controlled substance.
27. "Sale" includes barter, exchange, or gift, or offer therefor, and each such transaction made by a person, whether as principal, proprietor, agent, servant, or employee.
28. "Scheduled listed chemical product" means a product that contains ephedrine, pseudoephedrine, or phenylpropanolamine, or each of the salts, optical isomers, and salts of optical isomers of each chemical, and that may be marketed or distributed in the United States under the Federal Food, Drug, and Cosmetic Act [21 U.S.C. 301 et seq.] as a nonprescription drug unless prescribed by a licensed physician.
29. "State" when applied to a part of the United States includes any state, district, commonwealth, territory, insular possession thereof, and any area subject to the legal authority of the United States.
30. "Ultimate user" means an individual who lawfully possesses a controlled substance for the individual's own use or for the use of a member of the individual's household or for administering to an animal owned by the individual or by a member of the individual's household.

Appendix M – Code of Conduct NJCAA Athletics

ARTICLE XX

CODE OF CONDUCT FOR ALL NATIONAL EVENTS, CONTESTS AND TOURNAMENTS SPONSORED BY THE NATIONAL JUNIOR COLLEGE ATHLETIC ASSOCIATION

This code of conduct applies to all region, district and national events, contests and tournaments sponsored by the National Junior College Athletic Association. Violations of the code of conduct occurring during the regularly scheduled season events shall be referred to the respective conference or region Standards and Ethics Committee. The jurisdiction of the NJCAA Code of Conduct ends when colleges competing in such tournaments arrive back on their respective campuses.

Code of Conduct

- A. Participants shall recognize the responsibility for proper conduct at any national tournament, event or contest sponsored by the NJCAA or its member colleges.
- B. Coaches shall recognize and assume responsibility for the actions of themselves and the team members. Each coach who has participants competing in the event shall be responsible for informing each participant about the Code of Conduct.

Behavior

Coaches, players and institutional personnel must remember that they are representatives of an institution of higher learning, its faculty, administration and student body. As such, they are expected to conduct themselves in a manner which would reflect credit on their team, institution, region and the NJCAA. Student-athletes, coaches and institutional personnel who are participating in NJCAA events are subject to all NJCAA rules, regulations and penalties as stated in the NJCAA Handbook as well as local, state and federal laws.

Inappropriate and unacceptable behavior by coaches, players or institutional personnel will not be tolerated before, during, or after contests; at the hotel or in public while representing their college. This Code of Conduct does not replace Article XVIII of the NJCAA Handbook. Unacceptable forms of behavior include, but are not limited to:

1. Fighting
2. Taunting
3. Inappropriate celebration
4. Disrespectful attitude toward opponents, officials, tournament administrators
5. Use of profane and vulgar language
6. Use of tobacco, drugs and/or alcohol
7. Disrespectful attitude toward host hotel personnel
8. Unlawful activities

Derogatory Comments

Coaches, athletes or institutional personnel shall not make derogatory public comments regarding administration of a tournament or officiating of contests during post-game interviews or at other times; to print or broadcast media, in news releases or institutionally produced news releases or under any conditions when their comments may become public. The head coach shall be fully responsible for assuring that no public comments are made by the coaching staff, student-athletes or institutional personnel about officiating, fighting or other incidents which occur during contests.

A coach shall not address or permit anyone in the team area to address uncomplimentary remarks to any game official during the progress of a contest or engage in conduct which might incite student-athletes or spectators against officials.

Reporting

Violations of the Code of Conduct may be reported to the Executive Director of the NJCAA or his/her designee.

Procedures and Penalties

Immediate Action

Where immediate action is needed to alleviate or control a situation, the Executive Director or his/her designee shall have the authority to act at his/her sole discretion. Examples of events which would require immediate action include, but are not limited to, the following:

- Allegation of serious misconduct requiring immediate suspension of institutional personnel or student-athletes from competition.
- Instances where the Executive Director or his/her designee deems it necessary to protect the equity and integrity of the competition.
- Protection of the event's officiating program, particularly in an instance where public comments by an institutional representative may affect competition.
- Any instance or circumstance which might affect the safety of officials, participants or spectators attending the event.

Penalties-Immediate Action

The Executive Director or his/her designee may issue any penalty that he/she believes appropriate to any student-athlete or institutional personnel who has violated the regulations pertaining to conduct when the Executive Director or his/her designee concludes that immediate action is required. The actions of the Executive Director or his/her designee shall be final and binding but shall be reported to the Standards and Ethics Committee within one (1) week.

Timely Action

In cases where immediate action is not required but where sanctions are warranted, the Executive Director or his/her designee may issue the following penalties:

Reprimand

The NJCAA Executive Director or NJCAA Standards and Ethics Committee may issue a letter of reprimand to the coach, player or institutional personnel who violates the regulations pertaining to conduct. Copies of the letter of reprimand will be sent to the Director of Athletics and the President of the institution.

Probation, Suspension and Other Penalties

If the misconduct is serious enough, the Executive Director or his/her designee may issue other penalties which may include, but are not limited to, probation, suspension or disqualification of the coach, player or institutional personnel from participating in one or more contests.

More information can be found at <https://www.njcaa.org/governance/handbook/index> within the Policies Manual.

Appendix N – LRSC Athletic Handbook

WELCOME TO THE LAKE REGION STATE COLLEGE ATHLETIC DEPARTMENT

We hope you are looking forward to the upcoming year as much as we are. The year will involve hard work but it will also include some fun, satisfaction and enjoyment. As you know every team will be trying to beat us, because of the outstanding reputation of winning, teams always feel it an accomplishment if they can beat the **Royals**.

A winning tradition began in these programs during the 1950's and has continued until the present time. Our dedication and hard work will propel us **together**, toward our goal of winning.

LRSC athletics receives much attention during the season. This attention will come from:

1. Fellow students - support each other.
2. Faculty - they want you to succeed in the classroom—and they will be at your games.
3. Administration - they support us on and off campus.
4. Local Fans - they will want to meet and watch you during the season.
5. Parents - many of your parents will travel to be at games.
6. Media - school & local.

Class Organization

We demand that our athletes project the right image in the community and on campus.

1. **Maturity** - be a leader on and off campus, be proud of your actions.
2. **Responsibility** - finish your homework on time, be at practice on time.
3. **Dedication** - understand what your teachers and coaches expect of you.
4. **Extra Effort** - it is not easy to be a student athlete, put in the extra effort to succeed.

Lake Region State College Rules

1. **No Drinking—No Smoking—No Illegal Drugs**

Drinking, smoking, and drugs cannot help you as an athlete. They will hurt your performance and your personality. Violations will be handled on an individual basis. Violations can be anything from game suspensions, loss of aid & even removal from the team.

2. **Campus Conduct**

We expect our athletes to act in a mature manner. Set a good example for fellow students in the classroom, dining area, residence halls, gym, and at social activities.

3. **Housing Conduct**

Student Athletes are expected to live in campus housing. If you are receiving an athletic scholarship, you are required to live on campus or off campus with family. All athletes that live in campus housing are required to purchase the Athletics Meal Plan. If you live off campus with family, you must be on one of the travel plans. You

must act in a responsible manner. It is important to conduct yourself in a way so that your family, your coaches, and our administration will be proud of you.

4. **Class Attendance**

You are expected to be in every class. *Any student athlete that does not remain eligible to play WILL lose their scholarship.* NJCAA LOI's are for a full year so they are valid for both **Fall** and **Spring** semesters.

5. **Insurance**

Your family must provide the athletic department with your insurance company and policy number before you may play in any games or matches.

6. **Physical Examinations**

All student-athletes participating in any one of the NJCAA certified sports must have passed a physical examination administered by a qualified health care professional licensed to administer physical examinations, prior to the first practice for each calendar year in which they compete. Dated after July 1st.

7. **Practice**

You are expected to be at every practice on time. This means 15 minutes before the time, more if you need to see the trainer. If you have a conflict, you must contact the coach **BEFORE** the practice time.

8. **Letter of Intent**

- a. Any student on a Letter of Intent is not allowed to participate in any extracurricular activity other than an NJCAA Sponsored Event while their season is in session. (Basketball Tournaments, Intramural, Softball).

9. **Social Media: Twitter, Facebook, Instagram, Snapchat, Etc.**

- a. People in this Community will follow you! What do you want to be known for?
- b. You must always allow the programs social media to follow you
- c. DO NOT block the programs social media
- d. Always follow back
- e. Never post any negative comments about your team, the coaches, a game, the school, Devils Lake, etc.
- f. Use only language a mature and educated adult male would use
- g. Do not post jokingly or serious about drinking, drugs, fights, parties, sex, etc.
- h. Do not post after midnight on school nights
- i. YOU ARE WHAT YOU RETWEET, FAVORITE, ETC.

10. **Eligibility Rules**

- a. See attached for eligibility rules
 - i. Any eligibility questions ask your coach or the Athletic Director
- b. You can also visit the NJCAA Website for find all eligibility information:
 - i. NJCAA > Scroll to bottom click Compliance > Click Handbook

****Breaking rules will be subject to the coach's discretion**

*****Should the breaking of rules be severe enough it could end up being a matter decided by the coach/AD/School**

The secret to success is to work less as individuals and more as a team. **Success** is the ability of people to work together to accomplish goals. All of us must **Work Hard**; have the desire to succeed in the classroom and on the court. **Dedication** to ourselves, our teammates, our coaches, and our fans, means sacrificing a little bit of ourselves to accomplish **OUR TEAM'S GOALS**.

"Individual commitment to a group effort—that is what makes a team work, a company work, a society work, a civilization work."

*Vince Lombardi (1913 - 1970)
US football coach*

ARTICLE V - ELIGIBILITY RULES 2018-19

Section 1. GENERAL INFORMATION

- A. Compliance with all NJCAA rules of eligibility is the express responsibility of all member colleges.
- B. All NJCAA Rules of Eligibility will become effective as of August 1, 2010.
- C. A member college must be in good standing with the NJCAA and its own conference/region to enter a team or an individual in an activity sponsored by the NJCAA.
- D. Student-athletes participating on an intercollegiate level in any one of the certified sports of the NJCAA shall conform to the requirements of the NJCAA Rules of Eligibility, the rules and regulations of the conference/region with which the college is affiliated, and also the rules of the college at which the student-athletes are attending and participating.
- E. Ineligible student-athletes shall not be allowed to dress for any contest.
- F. Student-athletes who falsify any academic and/or athletic participation record shall be ineligible for further competition in an NJCAA member college at any time.
- G. Colleges having an intercollegiate athletic program above the two-year level shall not be allowed to participate in any of the certified sports of the NJCAA.
- H. The word "term" as used within the Eligibility Rules, refers to quarter, semester or trimester, whichever applies as the official unit of class attendance at a college. Summer sessions shall also be considered as a term of college. Institutions using a modified administrative term, i.e. unit credits, quarter term with semester credits, etc. will be evaluated and an interpretation entered in the Casebook.

- I. A student-athlete's grade point average (GPA) will be determined by dividing the earned/passing accumulated quality points by the corresponding earned/passing credit hours at each institution of attendance.

NOTE: Passing and satisfactory grades may be computed as "C" grades.

J. REMEDIAL/DEVELOPMENTAL STUDIES

1. Student-athletes who earn an A, B, or C or an equivalent grade in which the state/institution uses as a passing grade in a remedial/developmental course, cannot repeat that course and have it count toward eligibility. Furthermore, student-athletes cannot take a remedial/developmental course which is lower than a prerequisite to the one they have successfully passed and have it count toward eligibility.
2. Credit hours in remedial/developmental courses will count toward eligibility for a second season of participation if the student-athlete has successfully exited the course; only one course attempt is calculated

Section 3. REQUIREMENTS FOR ENTERING STUDENT-ATHLETES

- A. A student-athlete must be a graduate of a high school with an academic diploma or a General Education diploma. The high school must not be a high school affected by the NCAA Initial Eligibility process at the time of the student-athlete's enrollment. See the list on the NCAA website of high schools affected by the Initial Eligibility process.
- B. Non-high school graduates can establish eligibility for athletic participation by completing one term of college work passing 12 credits with a 1.75 GPA or higher. This term must be taken after the student-athlete's high school class has graduated. (Implementation date August 1, 2011)
- C. Non-high school graduates who have earned sufficient credit for high school graduation status can establish eligibility for athletic participation by completing one term of college work passing 12 credits with a 1.75 GPA or higher. This term can be completed before the student-athlete's high school class has graduated. (Implementation date August 1, 2011)
- D. Student-athletes who are completing high school and are simultaneously enrolled in 12 or more credits at a college are eligible for athletic participation with the completion of the NJCAA High School Waiver Form (Form 3.E). This form must be signed by the student-athlete's high school Principal and the College President. This provision is applicable to only those student-athletes whose high school class has not graduated at the time of college enrollment. USE FORM 3.E.

Section 4. REQUIREMENTS FOR ATHLETIC ELIGIBILITY

The following rules shall be used to determine a student-athlete's eligibility for athletic competition in any one of the certified sports of the NJCAA.

THIS ENTIRE SECTION MUST BE READ BEFORE A STUDENT-ATHLETE'S ELIGIBILITY STATUS CAN BE DETERMINED.

- A. Student-athletes must be making satisfactory progress within an approved college program or course as listed in the college catalog.
- B. Student-athletes must be enrolled in full-time status using any combination of sessions within a term, and in classes that begin before the end of the regular sport season in which the student-athletes choose to participate, within 15 calendar days from the beginning of the term.
 - 1. Student-athletes that do not conform to this rule will be ineligible for the remainder of the term.
- C. Student-athletes must maintain enrollment in 12 or more credit hours of college work as listed in the college catalog during each term of athletic participation. Student-athletes that drop below 12 hours are ineligible until full-time status is regained within that term.

SEMESTER ELIGIBILITY

- D. Prior to the 15th calendar day from the beginning date of the term for the second full-time semester, as published in the college catalog, a student-athlete must have passed 12 semester hours with a 1.75 GPA or higher.
- E. Prior to the 15th calendar day from the beginning date of the term for the third full-time semester, and all subsequent semesters thereafter, as published in the college catalog, a student-athlete must satisfy one of the following four requirements to be eligible for the upcoming term:
 - 1. Pass a minimum of 12 semester hours with a 2.00 GPA or higher during the previous semester of full-time enrollment, OR
 - 2. Pass an accumulation of semester hours equal to 12 multiplied by the number of semesters in which the student-athlete was previously enrolled full-time with a GPA of 2.00 or higher, OR
 - 3. A first season participant must have passed a minimum accumulation of 24 credit hours with a 2.00 GPA or higher for the initial term of participation, regardless of previous term or other accumulation requirements (NOTE: This only establishes eligibility for the initial term, not subsequent terms.), OR
 - 4. A first or second season participant must have passed a minimum accumulation of 36 credit hours for a fall sport, 48 credit hours for a spring sport, with a 2.00 GPA or higher, regardless of previous term or other accumulation requirement.
- F. Prior to a second season of participation in an NJCAA certified sport, student-athletes must pass a minimum accumulation of 24 semester hours with a 2.00 GPA or higher. (This is in addition to satisfying 4.D or 4.E.)
- G. Student-athletes must be enrolled full-time (12 or more credits) at the college where they have chosen to participate when the regular season schedule of a sport begins.

Appendix O – LRSC Cares Policy 800.29

LAKE REGION STATE COLLEGE POLICY AND PROCEDURE MANUAL

SECTION 800.29 Cares Team

The Cares Team is intended to support and assist students, faculty, and staff in dealing with problematic behavior that interferes with teaching, learning, and campus living.

1. Purpose: The Cares Team is responsible to provide proactive early intervention services for students, faculty, and/or staff who exhibit behaviors that cause concern for the safety and well-being of any member of the campus community.
2. Cares Team Members:
 - a. Vice President of Academic and Student Affairs
 - b. LRSC Counselor(s)
 - c. Director of Student Success
 - d. Director of Human Resources
 - e. Director of Housing
 - f. A member of the Faculty
3. Reporting: All members of the campus community should report behavior that causes concern, is disruptive, or contains threats of harm to self or others. These behaviors may or may not constitute a violation of our student or employee code of conduct.
 - a. Non-Emergency Student Reporting Process: Notification regarding a student should be made directly to the Director of Student Services or via email to LRSC.CARES@ndus.edu. In the absence of the Director of Student Services and/or access to email, the report may be made to any member of the team.
 - b. Non-Emergency Employee Reporting Process: Notification regarding an employee should be made directly to the Human Resources Manager or via email to LRSC.CARES@ndus.edu. In the absence of the HR Manager of and/or access to email, the report may be made to any member of the team.
 - c. Individuals reporting concerns should include any information that may be helpful to the team in evaluating the situation, such as the duration, frequency, severity and/or progression of the behavior; any mitigating circumstances, and any actions previously employed by you or others to assist the individual or change the behavior.
 - d. Emergency situation or behaviors that cause immediate safety concerns should be reported immediately to the Devils Lake Police Department by utilizing 911 and by activating the campus safety team.
4. Team Meetings: The Cares Team shall meet at least monthly and more often as needed when reports of concern have been made.
5. Responsibility
 - a. The Director of Student Services shall be responsible to ensure reports to the Cares Team regarding students are properly addressed, services are offered/provided, and actions are taken to address concerns.
 - b. Human Resources Manager shall be responsible to ensure reports to the Cares Team regarding employees are properly addressed, services are offered/provided, and actions are taken to address concerns.

History

Administrative Council Approved 09/14/16

Administrative Council Approved 05/31/2023

Appendix P – Federal Financial Aid Student Eligibility

Students Convicted of Possession or Sale of Drugs

Do drug convictions affect my ability to get federal student aid?

GETTING STARTED

Drug convictions no longer affect your federal student aid eligibility. Your eligibility won't be suspended even if the offense occurred while you were receiving federal student aid (grants, loans, or work-study funds).

Effective July 1, 2023.

<https://studentaid.gov/help-center/answers/article/do-drug-convictions-affect-ability-to-get-federal-student-aid>

Appendix Q – LRSC Policy 1500.09

LAKE REGION STATE COLLEGE POLICY AND PROCEDURE MANUAL

SECTION 1500.09

Title IX and Sexual Harrassment

1) It shall be the policy of the State Board of Higher Education, the North Dakota University System, and Lake Region State College to fully comply with all aspects of Title IX of the Education Amendments of 1972 and the regulations promulgated under its authority. This policy shall not govern compliance with any other anti-discrimination or anti-harassment statute, rule, or regulation. Failure by an employee of the SBHE, NDUS, or Lake Region State College to comply with the requirements of Title IX or this policy may constitute a violation of Policy 308.1 - Code of Conduct or LRSC Policy 1500.05 - Code of Conduct. Nothing in this Policy should be read to require fewer due process safeguards than would otherwise be provided by SBHE Policy 514.

Lake Region State College prohibits all crimes of sexual misconduct as defined in this policy. For the purposes of complying with the requirements of this policy, any incident meeting these definitions are considered a crime for the purpose of Clery Act reporting.

2) Definitions. For the purpose of this policy, the listed terms shall have the following definitions:

- a. **Actual Knowledge.** Notice of sexual harassment or allegations of sexual harassment to Lake Region State College's Title IX Coordinator or any Lake Region State College official with authority to institute corrective measures on the Lake Region State College's behalf.
- b. **Advisor.** A person chosen by a party or appointed by Lake Region State College to accompany the party to meetings related to the resolution process, to advise the party on that process, and to conduct cross-examination for the party at the hearing, if any.
- c. **Complainant.** An individual who is alleged to be the victim of conduct which could, after investigation, constitute sexual harassment.
- d. **Consent.** Words or actions showing a clear, knowing and voluntary agreement to engage in sexual activity.
 - i. Consent from sexual partners must be obtained. If confusion or ambiguity on the issue of consent arises anytime during sexual activity, consent must be clarified.
 - ii. Consent may not be inferred from:
 1. Silence, passivity or lack of active resistance.
 2. A current or previous dating or sexual relationship.
 - iii. Consent to one form of sexual activity does not imply consent to other forms of sexual activity.
 - iv. Consent can be withdrawn by clear communication at any time.
- e. **Dating Violence.** Includes but is not limited to, sexual or physical abuse or the threat of such abuse. Dating violence does not include acts covered under the definition of domestic violence. Dating violence is violence committed by the respondent:
 - i. Who is or has been in a romantic or intimate relationship with the complainant; and
 - ii. Where the existence of such a relationship shall be determined by considering the length of the relationship, the type of relationship, and the frequency of interactions

between the complainant and respondent.

f. Day. A business day when Lake Region State College is in normal operation.

g. Deliberate Indifference. When Lake Region State College's response to sexual harassment is clearly unreasonable in light of the information known to Lake Region State College at the time.

h. Domestic Violence. Violence committed by the respondent, who is:

- i. a current or former spouse or intimate partner of the complainant,
- ii. a person with whom the complainant shares a child in common,
- iii. cohabiting with or has cohabited with the victim as a spouse or intimate partner,
- iv. similarly situated to a spouse of the complainant under the domestic or family violence laws of the jurisdiction in which the crime of violence occurred,
- v. by any other person against an adult or youth victim who is protected from that person's acts under the domestic or family violence laws of the jurisdiction in which the crime of violence occurred, or
- vi. any person against whose acts the complainant is protected by N.D.C.C. ch. 14-07.1.

i. Education program or activity. Includes locations, events, or circumstances where Lake Region State College exercises substantial control over both the respondent and the context in which the sexual harassment occurs, as well as in any building owned or controlled by a student organization that is officially recognized by Lake Region State College.

j. Fondling. The touching of the private body parts of another person for the purpose of sexual gratification, without the consent of the victim, including instances where the victim is incapable of giving consent because of his/her age or because of his/her temporary or permanent mental incapacity.

k. Formal Complaint. A document filed by a complainant (which either contains the complainant's signature or indicates that the complainant is the one filing the complaint) or signed by the Title IX Coordinator alleging sexual harassment against a respondent and requesting that Lake Region State College investigate.

l. Incest. Sexual intercourse between persons who are related to each other within the degrees wherein marriage is prohibited by law.

m. Rape. Penetration, no matter how slight, of the vagina or anus of the complainant with any body part or object by the respondent, or oral penetration of the complainant by a sex organ of the respondent, without the consent of the complainant.

n. Respondent. An individual who has been reported to be the perpetrator of conduct that could constitute sexual harassment.

o. Sexual Assault. Either rape, fondling, incest, statutory rape, or any of the sexual offenses listed in N.D.C.C. ch. 12.1-20 or by the FBI's Uniform Crime Reporting system.

p. Sexual Harassment. Conduct, on the basis of sex, constituting one (or more) of the following:

- i. An employee of Lake Region State College conditioning the provision of an aid, benefit, or service of Lake Region State College on an individual's participation in unwelcome sexual conduct.

- ii. Unwelcome conduct determined by a reasonable person to be so severe, pervasive, and objectively offensive that it effectively denies a person equal access to Lake Region State College's education program or activity; or

- iii. Sexual assault, dating violence, domestic violence, or stalking, as defined in this section.

q. Sexual Offense. Any sexual act directed against another person, without the consent of the victim, including instances where the victim is incapable of giving consent.

- r. Stalking. Engaging in a course of conduct directed at a specific person that would cause a reasonable person to (a) fear for his or her safety or the safety of others; or (b) suffer substantial emotional distress.
 - i. Course of conduct means two or more acts, including, but not limited to, acts which the stalker directly, indirectly, or through third parties, by any action, method, device, or means follows, monitors, observes, surveils, threatens, or communicates to or about, a person, or interferes with a person's property.
 - ii. Reasonable person means a reasonable person under similar circumstances and with similar identities to the victim.
 - iii. Substantial emotional distress means significant mental suffering or anguish that may, but does not necessarily, require medical or other professional treatment or counseling.
- s. Statutory Rape. Sexual intercourse with a person who is under the statutory age of consent. In North Dakota the statutory age of consent is eighteen (18).
- t. Supportive Measures. Non-disciplinary, non-punitive individualized services offered as appropriate (as reasonably available) and without fee or charge to the complainant or respondent.

3) Title IX Coordinator. An official designated by Lake Region State College to ensure compliance with Title IX and the Title IX program. References to the Coordinator throughout this policy may also encompass a designee of the Coordinator for specific tasks.

- a. Title IX Coordinator, Sandi Lillehaugen - Main Campus, Office 120; 701-662-1543;
- a. Sandra.Lillehaugen@lrsc.edu
- b. Title IX Deputy Coordinator, Brandi Nelson - Main Campus, Office 119; 701-662-1509; Brandi.Nelson@lrsc.edu

The Title IX Coordinator acts with independence and authority free from bias and conflicts of interest. The Title IX Coordinator oversees all resolutions under this policy and these procedures. The members of the Title IX Team are vetted and trained to ensure they are not biased for or against any party in a specific case, or for or against complainants and/or respondents, generally.

To raise any concern involving bias, conflict of interest or discrimination by the Title IX Coordinator, contact the Lake Region State College Vice President of Academic and Student Affairs, Lloyd Halvorson, 701-662-1681; Lloyd.Halvorson@lrsc.edu. Concerns of bias or a potential conflict of interest by any other Title IX Team member should be raised with the Title IX Coordinator.

4) Mandated Reporters. All Lake Region State College employees (faculty, staff, administrators) are required to report actual or suspected discrimination or harassment related to Title IX to appropriate officials immediately.

The following describe the reporting options at Lake Region State College for a complainant or third-party (including parents/guardians when appropriate):

- a. Confidential Resources. If a complainant would like the details of an incident to be kept confidential, the complainant may speak with:
 - i. LRSC professional counselors and intern
 - ii. Off-campus (non-employees):
 - Licensed professional counselors and other medical providers
 - Local rape crisis counselors
 - Domestic violence resources
 - Local or state assistance agencies

- Clergy/Chaplains
- Attorneys

All of the above-listed individuals will maintain confidentiality when acting under the scope of their licensure, professional ethics, and/or professional credentials, except in extreme cases of immediacy of threat or danger or abuse of a minor/elder/individual with a disability, or when required to disclose by law or court order.

Lake Region State College employees who must maintain confidentiality are still required to submit anonymous statistical information for Clery Act purposes unless they believe it would be harmful to their client or patient.

5) Title IX Policy. Lake Region State College will notify applicants for admission and employment, students, and employees of its Title IX Policy.

- a. This notification states:
 - i. Lake Region State College does not discriminate on the basis of sex in its education program or activity.
 - ii. Title IX and 34 C.F.R. 106 require Lake Region State College not to discriminate on the basis of sex.
 - iii. This requirement to not discriminate extends to admission and employment.
 - iv. All inquiries about the application of Title IX and 34 C.F.R. 106 to Lake Region State College should be referred to the Title IX Coordinator, the Department of Education's Assistant Secretary for Civil Rights, or both.
- b. This policy will be displayed on the LRSC website and in the Student Handbook.

6) Grievance Procedures. Lake Region State College has adopted and published grievance procedures that provide for the prompt and equitable resolution of student and employee complaints alleging sexual harassment or sex discrimination, and a grievance process that complies with this policy. These grievance procedures shall only apply to sex discrimination and sexual harassment occurring within the United States.

- a. Lake Region State College shall notify applicants for admission and employment, students, and employees of the Lake Region State College's grievance procedures and grievance process, including, but not limited to, how to report or file a complaint of sex discrimination, how to report or file a formal complaint of sexual harassment, and how Lake Region State College will respond.

7) Method of Reporting. Any person may report violation of this policy. Such report may be made in person, by mail, by telephone, or by email, using the Title IX Coordinator's contact information or any other means which results in the Title IX Coordinator receiving the report, regardless of the time of day. Reporters have the option to notify law enforcement authorities, to be assisted by campus authorities in notifying law enforcement authorities.

8) Preservation of Evidence. Individuals are strongly encouraged to take immediate steps to preserve all evidence that might support a future report or an investigation by the police, by LRSC, or both. Such evidence may include:

- a. forensic sexual assault examination,
- b. clothing, sheets or other materials (items containing bodily fluids should be stored in cardboard boxes or paper bags),
- c. electronic exchanges (e.g., text messages, emails, and Facebook, Instagram, Snapchat or other social media posts, to the extent that they can be captured or

preserved),

- d. photographs (including photographs stored on smartphones and other devices),
- e. voice-mail messages and other physical, documentary and/or electronic data that might be helpful or relevant in an investigation, and/or
- f. electronic and photographic evidence that may be lost through the upgrade or replacement of equipment (including smartphones), software and/or accounts or may simply be lost to the passage of time.

9) **Equitable Treatment.** At all times, Lake Region State College will treat complainants and respondents equitably by following a grievance process which complies with this policy before the imposition of disciplinary sanctions, and by providing remedies to a complainant if a respondent is found to be responsible for sexual harassment.

10) **Rights and Options.** Individuals have the right to:

- a. make a report to local law enforcement,
- b. have disclosures of sexual misconduct, including dating violence, domestic violence, sexual assault, or stalking, treated seriously,
- c. decide whether or not to disclose a crime or violation and participate in the judicial or conduct process and/or criminal justice process free from pressure by LRSC,
- d. participate in a process that is fair, impartial, and provides adequate notice and a meaningful opportunity to be heard,
- e. be treated with dignity and to receive courteous, fair, and respectful health care and counseling services,
- f. be free from any suggestion that a complainant is at fault when these crimes and violations are committed, or should have acted in a different manner to avoid such crimes or violations,
- g. not be required to unnecessarily repeat a description of the incident,
- h. be protected from retaliation,
- i. have access to at least one level of appeal of a determination,
- j. be accompanied by an adviser of choice who may assist and advise a complainant or respondent throughout the judicial or conduct process including during all meetings and hearings related to such process, and
- k. exercise civil rights and practice of religion without interference by the investigative, criminal justice, or judicial or conduct process, and
- l. receive written notification of this policy.

11) **Pre-Grievance Process.**

a. **Timing.** This grievance process shall be carried out using reasonably prompt time frames, including time frames for filing and resolving appeals, and for informal resolution processes if offered. Notwithstanding, temporary delays or extensions of the time frames must be offered for good cause, with written notice to the parties setting forth the cause for the action.

i. **Good cause.** May include considerations such as the absence of a party, a party's advisor, or a witness; concurrent law enforcement activity; or the need for accommodations for language or disability.

b. **Actual Knowledge of Sexual Harassment.** With or without the filing of a formal complaint, once Lake Region State College has actual knowledge of sexual harassment within its educational program or activity in the United States, Lake Region State College must respond promptly and without deliberate indifference pursuant to this policy and any applicable policies.

i. Once Lake Region State College has actual knowledge of sexual harassment, the Title IX Coordinator or designee must contact the complainant and:

- a. Discuss the availability of supportive measures.
- b. Consider the complainant's wishes regarding supportive measures.
- c. Inform the complainant that supportive measures are available with or without the filing of a formal complaint; and
- d. Explain the process of filing a formal complaint.
 - ii. No disciplinary sanctions or other actions which are not supportive measures may be imposed against a respondent prior to the conclusion of the grievance process.
- c. Supportive Measures. Lake Region State College may offer the complainant supportive measures designed to restore or preserve equal access to the education program or activity without unreasonably burdening the respondent, including measures designed to protect the health and safety of both parties or the educational environment, or to deter further sexual harassment.

i. Examples of Permissible Supportive Measures. Lake Region State College must tailor any supportive measures to the parties' situations. Some possible supportive measures include, but are not limited to:

- a. Counseling;
- b. Extensions of deadlines or other course-related adjustments;
- c. Modifications of work or class schedules;
- d. Campus escort services;
- e. Mutual restrictions on contact between the parties;
- f. Changes in work or housing locations;
- g. Leaves of absence; and
- h. Increased security or monitoring of certain areas of campus.

ii. Lake Region State College must maintain confidentiality with respect to supportive measures unless disclosure is required to implement the supportive measures.

iii. The Title IX Coordinator shall coordinate the effective implementation of supportive measures.

iv. Supportive measures may not restrict any party's rights under the United States Constitution.

d. Emergency Removal. Lake Region State College may remove a respondent from the education program or activity on an emergency basis, provided that the Lake Region State College determines, based on an individualized safety and risk analysis, that an immediate threat to the physical health or safety of any student or other individual arising from the allegations of sexual harassment justifies removal.

i. Lake Region State College must provide the respondent with notice and an opportunity to challenge the decision immediately following the removal.

e. Administrative Leave. Lake Region State College may place a non-student employee respondent on administrative leave during the pendency of a grievance process.

12) Grievance Process.

a. Formal Complaint and Notice of Allegations.

- i. Once a formal complaint is received by Lake Region State College, they must provide the following written notice to the known parties:
 - a. Notice of the grievance process, including any informal resolution process.
 - b. Notice of the allegations of sexual harassment, including:
 - i. Sufficient details known at the time and with sufficient time to prepare a response, including, but not limited to, the names of the parties, the conduct allegedly constituting sexual harassment, and the date and location of the alleged conduct.
 - c. A statement that the respondent is presumed not responsible for the alleged conduct and that a determination regarding responsibility is made at the conclusion of the grievance process.
 - d. A statement that the parties may have an advisor of their choice, who may be an attorney, and may inspect and review evidence. The statement should also indicate that if the party does not have an advisor of choice, Lake Region State College will appoint an advisor to assist with cross-examination for the live hearing.
 - e. Notice of any provisions in Lake Region State College's code of conduct that prohibits knowingly making false statements or knowingly submitting false information during the grievance process.
 - ii. If during the course of the grievance process, additional allegations are added to the investigation which were not included in the initial notice, Lake Region State College must provide notice of the additional allegations to the parties.

b. Advisors.

- i. Parties to a grievance proceeding must be afforded the opportunity to select the advisor of their choice to assist them during the proceeding, including during the live hearing.
- ii. If a party does not choose an advisor, Lake Region State College shall provide the party with an advisor. At minimum, Lake Region State College shall provide an advisor to conduct the party's cross-examination at the hearing. However, nothing in this policy or the Title IX regulations should be read to prohibit Lake Region State College to provide an advisor for the full duration of the grievance process, provided that the parties are treated equally as to timing insofar as Lake Region State College appoints advisors for both parties.
- iii. Lake Region State College is not required to provide attorneys to parties to act as advisors, but appointed advisors should be provided with access to appropriate training to ensure an understanding of the grievance process, though the same training provided to Title IX Coordinators, decision-makers, and investigators is not required.
- iv. Lake Region State College is not required to attempt to create equality of advisors between the parties, particularly where one party selects an outside advisor, but should endeavor to seek parity of advisors where Lake Region State College provides advisors to both parties.

a. Member Roles. Lake Region State College has trained Title IX members to serve in the following roles, at the direction of the Title IX Coordinator:

- i. To provide appropriate intake of and initial guidance pertaining to complaints
- ii. To act as an advisor to the parties
- iii. To investigate complaints
- iv. To serve as a hearing facilitator
- v. To serve as a decision-maker regarding the complaint
- vi. To serve on an appeal panel

b. Investigation.

- i. Lake Region State College is required to investigate every filed formal complaint unless the complaint is subject to dismissal, below.
- ii. At all times, the burden of proof and the burden of gathering evidence sufficient to make a determination regarding responsibility rests on Lake Region State College, and they may not seek to shift that burden to the parties.

a. Notwithstanding, Lake Region State College may not restrict the parties' ability to discuss the allegations or to gather or present relevant evidence.

- iii. At all times, Lake Region State College shall observe a presumption that respondent is not responsible for the alleged conduct until and unless there is a determination of responsibility at the conclusion of the grievance process.
- iv. Lake Region State College may not access, consider, disclose, or otherwise use a party's medical records made or maintained in connection with the provision of treatment to the party, unless voluntary, written consent to do so is provided by the party (or the party's parent, if the party is not eligible to provide consent).
- v. Lake Region State College may not require, allow, rely upon, or otherwise use evidence that constitutes, or questions that seek disclosure of, information protected under a legally recognized privilege, unless that privilege is waived.
- vi. Lake Region State College must provide to the parties written notice of the date, time, location, participation, and purpose of all hearings, investigative interviews, or other meetings, with sufficient time for the party to prepare.
- vii. The parties must be afforded an equal opportunity to have others present during any grievance proceeding, including their advisor, though Lake Region State College may establish restrictions regarding the extent to which the advisor may participate in the proceedings, so long as the restrictions apply equally to both parties and comply with this policy.
- viii. Both parties must have an equal opportunity to inspect and review any evidence obtained as part of the investigation related to the allegations raised in a formal complaint, including any evidence upon which Lake Region State College does not intend to rely in reaching a determination of responsibility and any inculpatory or exculpatory evidence, from whatever source.
- ix. At least 10 days prior to the preparation of the investigative report, Lake Region State College must provide each party and the party's advisor the evidence obtained in the investigation in an electronic format or hard copy. The parties may submit a written response to the evidence, which the investigator shall consider prior to completion of the investigative report.
- x. At the conclusion of the investigation, the investigator must create an investigative report that fairly summarizes the relevant evidence. At least 10 days prior to the hearing, the investigator must send a copy of the investigative report to each party and the party's advisor, if any, for review and written response.

c. Dismissal.

i. Mandatory Dismissal.

a. Lake Region State College must dismiss the formal complaint if, at any time during the investigation or hearing:

- ii. The conduct alleged would not constitute sexual harassment as defined in this policy even if proved;
- iii. The conduct alleged did not occur in the education program or activity; or;
- iv. The conduct alleged did not occur against a person in the United States.

ii. Permissive Dismissal.

a. Lake Region State College may dismiss the formal complaint if, at any time during the investigation or hearing:

- i. A complainant notifies the Title IX Coordinator, in writing, that the complainant would like to withdraw the formal complaint or any allegations contained in the formal complaint;
- ii. The respondent is no longer enrolled or employed by Lake Region State College; or
- iii. Specific circumstances prevent Lake Region State College from gathering evidence sufficient to reach a determination as to the formal complaint or allegations in the formal complaint.

b. In the event that a formal complaint is permissively dismissed, Lake Region State College should consult with its legal counsel prior to taking action under another provision of its code of conduct to avoid taking actions constituting retaliation.

iii. Notice of Dismissal. Upon a dismissal pursuant to this section, Lake Region State College must promptly send written notice of the dismissal and reasons therefore to both parties simultaneously.

f. Consolidation of Formal Complaints. Lake Region State College may consolidate formal complaints against more than one respondent, by more than one complainant against one or more respondents, or by one party against the other party, where the allegations of sexual harassment arise out of the same facts or circumstances.

g. Live Hearing.

i. The grievance process must provide for a live hearing after the completion of the investigative report. All evidence obtained by the investigator as part of the investigative process must be made available to the parties and the decision-maker at the live hearing.

ii. The live hearing will be presided over by the decision-maker, who will not be the investigator or the Title IX Coordinator.

a. The decision-maker may be one individual or more than one individual as set by Lake Region State College.

iii. At the request of either party, the hearing must be conducted with the parties located in separate rooms with technology enabling the decision-maker and parties to simultaneously see and hear the party or witness answering questions. Hearings may

be conducted with all parties physically present in the same geographic location, or, any parties, witnesses, and other participants may appear at the live hearing virtually, so long as the participants are able to simultaneously see and hear each other.

- iv. At the live hearing, the decision-maker must permit each party's advisor to ask the other party and any witnesses all relevant questions and follow-up questions, including those questioning credibility. This cross-examination must be conducted directly (the questions may not be asked by the decision-maker), orally, and in real time by the party's advisor and never by a party personally.
 - a. Prior to a party or witness answering a question, the decision-maker must rule on the relevance of the question and explain any decision to exclude a question as not relevant.
 - b. Decision-makers may request, but may not require, that questions by the parties be submitted in advance, to permit the decision-maker to rule on the relevance of questions.
 - c. Lake Region State College may limit the extent to which the party's advisor may participate in the hearing by Lake Region State College.
- v. Rape Shield. Questions and evidence about the complainant's sexual predisposition or sexual history are not relevant, unless such questions are offered to prove that someone other than the respondent committed the alleged conduct, or regard specific incidents of the prior sexual behavior with respect to the respondent, and are offered to prove consent.
- vi. Cross-Examination. If a party or witness does not submit to cross-examination at the live hearing, the decision-maker must not rely on any statement of that party or witness in reaching a determination regarding responsibility. Decision-makers may not draw an inference about the determination regarding responsibility based solely on a party's or witness's absence or refusal to answer cross-examination or other questions. There are no exceptions to this exclusion as there are in legal proceedings.
- vii. Hearing Decorum. Decision-makers may enforce rules to ensure hearing decorum, such as requiring respectful treatment, specifying any objection process, governing timing of hearing and length of breaks, etc.
- viii. Lake Region State College must create an audio or audiovisual recording, or transcript, of any live hearing and make it available to the parties for inspection and review.

h. Determination Regarding Responsibility.

- i. Standard of Evidence. All decisions in grievance processes under Title IX shall require a determination of responsibility based on the preponderance of the evidence.
- ii. After the conclusion of the live hearing, the decision-maker must issue a written determination regarding responsibility, which must include:
 - a. Identification of the allegations potentially constituting sexual harassment;
 - b. Description of the procedural steps taken from the receipt of the formal complaint through the determination, including any notifications to the parties, interviews with parties and witnesses, site visits, methods used to gather evidence, and hearings held;
 - c. Findings of fact supporting the determination;
 - d. Conclusions regarding the application of the Lake Region State College's code of conduct to the facts;
 - e. A statement of, and rationale for, the result as to each allegation, including a

determination regarding responsibility, any disciplinary sanctions to be imposed on the respondent, and whether remedies will be provided to the complainant; and
 f. The procedures, timelines, and permissible bases for the complainant and respondent to appeal.

- iii. The written determination must be provided to the parties simultaneously. The determination regarding responsibility becomes final either on the date that notice of the result of any appeal is provided to the parties, if an appeal is filed, or if an appeal is not filed, the date on which an appeal would no longer be considered timely.
- iv. The Title IX Coordinator shall be responsible to implement any remedies provided by the written determination.

13) **Disciplinary Sanctions.** Disciplinary sanctions imposed after the conclusion of the grievance process shall be assessed pursuant to the Lake Region State College's code of conduct, student handbook, employee handbook, or similar document which sets possible disciplinary sanctions for violations of Title IX or code of conduct, and shall be proportional to the determination of responsibility. These may include, but are not limited to:

- a. Written warning
- b. Limited access to campus
- c. Suspension or expulsion
- d. Counseling or training
- e. Restitution
- f. Performance improvement
- g. Loss of privileges or wages
- h. Class or job reassignment
- i. Termination

14) **Remedies.** Remedies offered after the conclusion of the grievance process on a finding of responsibility must be designed to restore or preserve equal access to the education program or activity. Remedies need not be non-disciplinary or non-punitive and need not avoid burdening the respondent.

15) **Appeals.**

- a. Both parties must be offered the opportunity to appeal from a determination regarding responsibility or from the dismissal of a formal complaint (or any allegations within the formal complaint). The following may form the basis for an appeal:
 - i. Procedural irregularity that affected the outcome of the grievance process.
 - ii. New evidence that was not reasonably available at the time the determination regarding responsibility or dismissal was made that could have affected the outcome of the matter; or
 - iii. The Title IX Coordinator, investigator(s), or decision-maker(s) had a conflict of interest or bias for or against complainants or respondents generally or for or against the individual complainant or respondent, that affected the outcome of the grievance process.
 - iv. Other basis set forth in the campus-level processes, but which must be offered equally to both parties (for example, an appeal based on the severity of the sanctions).
- b. Upon filing of an appeal, Lake Region State College must:

- i. Notify the non-appealing party in writing when an appeal is filed and implement appeal procedures equally for both parties.
- ii. Ensure that the appeal's decision-maker is not the same person as the decision-maker that reached the determination regarding responsibility or dismissal, the investigator, or the Title IX Coordinator.
- iii. Give both parties a reasonable, equal opportunity to submit a written statement in support of, or challenging, the outcome.
- iv. Issue a written decision describing the result of the appeal and the rationale for the result; and
- v. Provide the written decision simultaneously to both parties.

c. In the event that a disciplinary sanction of suspension or expulsion is imposed by the decision-maker, Lake Region State College shall provide a method of reviewing an appeal from a determination regarding responsibility or dismissal for a period of at least one year following the original decision. Lake Region State College may set a shorter deadline for appeals from lesser discipline or for appeals filed by the complainant.

16) **Informal Resolution.** Lake Region State College may not require as a condition of enrollment or continuing enrollment, or employment or continuing employment, or enjoyment of any other right, a waiver of the right to an investigation and adjudication of formal complaints, and may not require the parties to participate in an informal resolution process. Similarly, Lake Region State College may not offer an informal resolution process unless a formal complaint is filed. Notwithstanding, at any time before the written determination is issued, Lake Region State College may facilitate an informal resolution process that does not involve a full investigation and adjudication, so long as Lake Region State College:

- a. Provides the parties a written notice disclosing the allegations, the requirements of the informal resolution process including the circumstances under which it precludes the parties from resuming a formal complaint arising from the same allegations, provided, however, that at any time prior to agreeing to a resolution, any party has the right to withdraw from the informal resolution process and resume the grievance process with respect to the formal complaint, and any consequences resulting from participating in the informal resolution process, including the records that will be maintained or could be shared;
- b. Obtains the parties' voluntary, written consent to the informal resolution process; and
- c. Does not offer or facilitate an informal resolution process to resolve allegations that an employee sexually harassed a student.

17) **Amnesty for Complainants and Witnesses.** Lake Region State College community encourages the reporting of misconduct and crimes by complainants and witnesses. It is in the best interests of Lake Region State College community that complainants choose to report misconduct to Lake Region State College officials, that witnesses come forward to share what they know, and that all parties be forthcoming during the process.

To encourage reporting and participation in the process, Lake Region State College will grant amnesty from minor policy violations - such as underage consumption of alcohol or the use of illicit drugs - related to the incident to complainants and witnesses.

Amnesty does not apply to more serious allegations such as physical abuse of another or illicit drug distribution. The decision not to offer amnesty to a respondent is not based on gender, but on the fact that collateral misconduct is typically addressed for all students within

a progressive discipline system, and the rationale for amnesty, the incentive to report serious misconduct, is rarely applicable to the respondent.

18) **Jurisdiction.** This policy applies to all education programs and activities of the Lake Region State College, to conduct that takes place on the campus or on property owned or controlled by Lake Region State College, at Lake Region State College-sponsored events, or in buildings owned or controlled by Lake Region State College's recognized student organizations. The respondent must be a member of Lake Region State College's community in order for its policies to apply.

Jurisdiction for off-campus misconduct that deprives someone of access to a Lake Region State College educational program or activity will also be investigated. Lake Region State College may also extend jurisdiction to off-campus and/or to online conduct when the Title IX Coordinator determines that the conduct affects a substantial Lake Region State College interest.

Regardless of where the conduct occurred, Lake Region State College will address Title IX related notice/complaints to determine whether the conduct occurred in the context of its employment or educational program or activity and/or has continuing effects on campus or in an off-campus sponsored program or activity. A substantial Lake Region State College interest includes:

- a. Any action that constitutes a criminal offense as defined by law. This includes, but is not limited to, single or repeat violations of any local, state, or federal law.
- b. Any situation in which it is determined that the respondent poses an immediate threat to the physical health or safety of anyone.
- c. Any situation that significantly impinges upon the rights, property, or achievements of oneself or others or significantly breaches the peace and/or causes social disorder; and/or
- d. Any situation that is detrimental to the educational interests or mission of Lake Region State College.

If the respondent is unknown or is not a member of Lake Region State College community, the Title IX Coordinator will assist the complainant in identifying appropriate campus and local resources and support options and/or, when criminal conduct is alleged, in contacting local or campus law enforcement if the individual would like to file a police report.

When the respondent is not a member of the Lake Region State College's community, supportive measures, remedies, and resources may be accessible to the complainant by contacting the Title IX Coordinator.

Lake Region State College may take other actions as appropriate to help protect the complainant against third parties, such as barring individuals from Lake Region State College property and/or events.

When the respondent is enrolled in or employed by another NDUS institution, the Title IX Coordinator will assist the complainant with the reporting process at that institution.

19) **Bystander Intervention.** To create cultural change on campus, it's important that the entire campus community is actively addressing issues contributing to sexual violence. Here are some safe and positive options for bystanders:

- a. Talk to your friends honestly and openly about sexual assault.
- b. Don't be a bystander - if you see something, intervene in any way you can.
- c. Trust your gut. If something looks like it might be a bad situation it probably is.

- d. Be direct. Ask someone who looks like they may need help if they're okay.
- e. Get someone to help you if you see something - enlist a friend, RA, bartender, or host to help step in.
- f. Keep an eye on someone who has had too much to drink.
- g. If you see someone who is too intoxicated to consent, enlist their friends to help them leave safely.
- h. Recognize the potential danger of someone who talks about planning to target another person at a party.
- i. Be aware if someone is deliberately trying to intoxicate, isolate, or corner someone else.
- j. Creating a distraction, drawing attention to the situation, or separating them.
- k. Understand that if someone does not or cannot consent to sex, it's rape.
- l. Never blame the victim.
- m. If you are a victim or survivor, or helping someone in that situation go to www.notalone.gov to get the resources and information you need. You can also call the National Sexual Assault Hotline at 1-800-656 HOPE.

20) Training. LRSC will engage in and require prevention and awareness training for students and employees who live, learn and/or work on the LRSC campus. Annual training for LRSC's conduct and misconduct policies will be provided. Student training will focus on how to file a misconduct complaint, discussion on consent and incapacitation, resources available, complaint procedures, and bystander intervention. Employee training will focus on how to appropriately respond to misconduct complaints, the procedures to file a complaint and the importance of confidentiality. More comprehensive training will be provided to Title IX coordinators, investigators and others involved in the adjudication process.

- a. All persons involved in the grievance process, including, but not necessarily limited to, Title IX Coordinators, investigators, decision-makers, and any person who facilitates an informal resolution process, must receive training on the following areas:
 - i. The definition of sexual harassment;
 - ii. The scope of the education program or activity;
 - iii. How to conduct an investigation and grievance process, including hearings, appeals, and informal resolution processes, as applicable;
 - iv. How to serve impartially, including by avoiding prejudgment of the facts at issue, conflicts of interest, and bias.
- b. Additionally, decision-makers must receive training on the following areas:
 - i. Any technology to be used at a live hearing.
 - ii. Issues of relevance or questions and evidence, including when questions about the complainant's sexual predisposition or prior sexual behavior are not relevant.
- c. Investigators must also be trained on issues of relevance to create an investigative report that fairly summarizes relevant evidence.
- d. All materials used to train the foregoing individuals must not rely on sex stereotypes and must promote impartial investigations and adjudications of formal complaints.
- e. All training materials used to train the foregoing individuals must be made available to the public by posting on the Lake Region State College's website.

21) Recordkeeping.

- a. Lake Region State College shall retain, for a period of seven years, records of:
 - i. Each sexual harassment investigation, including any determination regarding responsibility; any audio or audiovisual recording or transcript; any disciplinary sanctions imposed on the respondent, and any remedies provided to the complainant.
 - ii. Any appeal and the result therefrom.
 - iii. Any informal resolution and the result therefrom.
 - iv. All materials used to train Title IX coordinators, investigators, decision-makers, and any person who facilitates an informal resolution process, which Lake Region State College must make available on its website.
- b. Lake Region State College must create and maintain for seven years, records of any actions, including records of supportive measures, taken in response to a report or formal complaint of sexual harassment. In each instance, Lake Region State College must document the basis for its response was not deliberately indifferent, and document that it took supportive measures, or, if supportive measures were not provided, an explanation of why such a response was not clearly unreasonable in light of the known circumstances.

22) Retaliation.

- a. No institution or other person may intimidate, threaten, coerce, or discriminate against any individual for the purpose of interfering with any right or privilege secured by title IX or this part, or because the individual has made a report or complaint, testified, assisted, or participated or refused to participate in any manner in an investigation, proceeding, or hearing under this part.
- b. Intimidation, threats, coercion, or discrimination, including charges against an individual for code of conduct violations that do not involve sex discrimination or sexual harassment, but arise out of the same facts or circumstances as a report or complaint of sex discrimination, or a report or formal complaint of sexual harassment, for the purpose of interfering with any right or privilege secured by title IX or this part, constitutes retaliation.
- c. The exercise of rights protected under the First Amendment does not constitute retaliation.
- d. Charging an individual with a code of conduct violation for making a materially false statement in bad faith in the course of a grievance proceeding does not constitute retaliation, although a determination regarding responsibility, alone, is not sufficient to conclude that any party made a materially false statement in bad faith.
- e. Complaints alleging retaliation may be filed pursuant to the grievance procedures for sex discrimination under Title IX.

23) Resources for Support. Confidential access to resources, reporting options, services, advocacy and medical treatment is available through on campus counseling, off-campus advocates and counselors, and medical providers. A list of these resources is available on the college website or from the Title IX Coordinator.

Protection Orders and Restraining Orders are court orders and, thus, Lake Region State College is not able to issue them. LRSC will assist both the respondent and the complainant (or any member of the LRSC community impacted by an order of protection), by helping the parties understand the availability of an order, the potential content and parameters of an order, and the consequences for violating an order. LRSC will also assist a protected party in determining the arrest of an individual violating an order of protection.

24) Confidentiality. Notwithstanding Chapter 44-04 of the North Dakota Century code, the identity of any individual who has made a report or complaint of sex discrimination or sexual harassment, any complainant, any respondent, and any witness, including the conduct of any investigation, hearing or judicial proceeding arising thereunder, shall be confidential.

25) Federal Timely Warning Obligations. The Clery Act requires Lake Region State College to issue a timely warning for any violation that poses a serious or continuing threat to the campus community. This includes Title IX violations such as rape, sexual assault, domestic violence, dating violence, and/or stalking.

Lake Region State College will ensure that a complainant's name and other identifying information is not disclosed, while still providing enough information for community members to make safety decisions in light of the potential danger.

26) Policy Conflicts. Any conflicts between this Policy and any existing SBHE Policy, NDUS Procedure, Lake Region State College policy or procedure, or student or employee handbook shall be resolved in favor of this policy.

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Appendix R – SBHE Policy 916

SBHE POLICIES

SUBJECT – 900s FACILITIES

EFFECTIVE: November 17, 2011

SECTION 916 Campus Security

1. Pursuant to N.D.C.C. § 15-10-17.1, the Board delegates to its institutions authority to establish campus police departments, hire police officers and contract with or make arrangements with other agencies to provide for campus security.
2. Each institution shall comply with all requirements of the Student Right-to-Know and Campus Security Act, Clery Act and other applicable laws governing campus security, student notices and reporting.

History:

New policy. SBHE Minutes, October 26-27, 1989, page 5901.

Amendment SBHE Minutes, April 4, 2000.

Amendment SBHE Minutes, November 17, 2011.

Appendix S – LRSC Policy 1500.18

LAKE REGION STATE COLLEGE POLICY AND PROCEDURE MANUAL

SECTION 1500.18

CAMPUS SAFETY

1. Law Enforcement Authority

The Lake Region State College Police Department exists under authority granted by N.D.C.C. 15-10-17.1 and the State Board of Higher Education Policy 916. The licensed and sworn peace officers employed by LRSC have full powers of arrest pursuant to N.D.C.C 44-08-20.

- a. The Lake Region State College campus falls under the jurisdiction of several law enforcement agencies willing and able to assume primary jurisdiction over the response to and investigation of criminal activity on campus. As such, officers of the Lake Region State College Police Department shall:
 - i. When on campus, proactively respond to a crime in progress that threatens the safety and/or security of campus-based persons or property.
 - ii. At all times and for all cases relinquish investigative authority and jurisdiction to the city police, county sheriff, and/or highway patrol upon their arrival to campus.
 - iii. Assist those law enforcement agencies as requested during any investigation or call for service.
 - iv. Notify the appropriate law enforcement agency in any instance where the officer makes a criminal arrest or responds to a crime in progress or other emergency on campus.
 - v. Provide a written narrative (copied to the LRSC Chief of Police) to the appropriate law enforcement agency whenever they take official action as a peace officer, use force, recover evidence, or otherwise have information that needs to be included in an official police report.
- b. The President shall issue a Notice of Appointment and administer the Oath of Office to one licensed peace officer to serve as the Chief of Police. The Chief of Police shall issue a Notice of Appointment and administer the Oath of Office to any other licensed peace officers employed by LRSC.
- c. LRSC Peace Officers shall at all times maintain a current ND Peace Officer License and comply with all requirements for licensure and training established by the ND Peace Officer Standards and Training Board. Officers shall adhere to all legal requirements regarding the enforcement of laws, jurisdictional authority, and use of force.
- d. The LRSC Chief of Police shall establish and maintain an up-to-date policy handbook that must include, at a minimum, the department's policy on the use of force, emergency vehicle operations, and weapons carry/qualification standards.
- e. The Director of Peace Officer Training shall:

- i. Oversee the licensing and training of the Peace Officer Training Program's employed training supervisors to ensure continued compliance with ND POST standards.
- ii. Serve on the Loss Control Committee.
- iii. Serve as the LRSC Police Department's primary liaison with other law enforcement agencies.
- iv. Provide assistance to the Director of Institutional Research in preparing our Campus Safety and Security Report.
- v. Coordinate, provide, and/or delegate the delivery of annual safety training to LRSC faculty, staff, and students.
- vi. Help manage the LRSC safety and security responsibilities under the Clery Act.
- vii. Serve as the primary Campus Safety Authority (CSA).

2. Campus Safety

Lake Region State College works closely with the Devils Lake Police Department (DLPD). When incidents arise that require joint investigative efforts, resources, crime related reports, and exchanges of information. There is a cooperative agreement between LRSC and DLPD stating that the DLPD will notify LRSC if it determines that LRSC student(s) have been involved in any alcohol or drug-related occurrence off campus.

Campus safety is managed by the Loss Control Committee. During the academic year, the Loss Control Committee with assistance from the Physical Plant Director, the Risk Management Coordinator, and the Director of Peace Officer Training. The loss control Committee meets routinely to discuss locks, alarms, lighting, communications, and other safety issues.

Due to the design of the campus and the extremely short distance between the entrances to campus housing and student parking areas, a formal safety escort program is not in place at Lake Region State College. The Housing Director shall make relevant safety information available to students who inquire about escorts and/or who express a need for one. Students who become afraid due to clearly identifiable circumstances or who witness suspicious behavior on campus should report those observations to the police, to the RA on duty, and to the Housing Director.

Safety escorts will be provided by the institution if recommended as part of an interim measures requirement as recommended by the Assistant VP of Student Affairs and/or approved by the Title IX Coordinator. In these cases, the directive shall indicate who will provide the escort and when such escort should be made available. A provided escort can never be interpreted to guarantee safety and will not be provided by a police officer, unless that officer is already on campus and on-duty.

The Student Senate Advisor and/or Housing Director shall periodically assess the perception of safety on campus and the level of need for safety escorts. This can be done via discussion with Student Senate leadership, a resident hall survey, and/or through an analysis of crime information from our annual Campus Security and Fire Safety Report.

3. Campus Access

During business hours, the college (excluding residence halls) is open to students, employees, and visitors. During non-business hours, access to all College facilities is by key or electronic key card, if issued, or by admittance via the Residence Life staff. Residence halls are secured 24 hours a day.

Some facilities may have individual hours, which may vary at different times of the year. Examples are the Library, the Bookstore, and Student Services. In these cases, the facilities will be secured according to schedules developed by the department responsible for the facility.

Employees, when acting as advisors to a group of students, must not leave the building or room until all students using the facilities have left. Students must not be made responsible for locking up after an activity.

4. Safety Awareness Programs

Annually, students and employees are informed of services offered by Lake Region State College. Slide presentations and handouts outline ways to maintain personal safety. Students attend a campus safety presentation at each fall orientation.

Information on ALICE (Alert, Lockdown, Inform, Counter, Evacuate) is also included in our freshman success courses and made available to staff and faculty. The annual safety report is made available to students and employees to inform them of safety-related matters. Crime prevention programs and sexual assault prevention programs are available on a continual basis. A common theme of all awareness and crime prevention programs is to encourage students and employees to be aware of their responsibility for their own safety and the safety of others. Crime prevention programs on personal safety and theft prevention are sponsored by various campus organizations throughout the year. Policies related to student safety are included in the Student Handbook, which is made available to all students.

5. Timely Warnings

Lake Region State College will issue a timely warning notice in the event of a Clery Act crime that occurred on or near campus that may pose a serious or ongoing threat to members of the campus community. The warning will be issued through the college emergency notification system to all employees and currently enrolled students.

a. A timely warning notice will be issued when there is a threat to the safety and security of persons for the following Clery Act crimes:

- i. Aggravated assault
- ii. Arson
- iii. Burglary (involving violence)
- iv. Domestic violence, dating violence, stalking
- v. Manslaughter
- vi. Motor vehicle theft
- vii. Murder
- viii. Robbery
- ix. Sexual offenses
- x. Any other crime in which the victim was chosen on the basis of race, color, national origin, religion, sexual orientation, gender identity, genetic information, sex, age, creed, marital status, veteran's status, political belief or affiliation, or disability.

b. Decisions concerning whether to issue a timely warning will be made on a case-by-case basis using the following criteria: (1) nature of the crime; (2) continuing

danger to the campus community; (3) possible risk of compromising law enforcement efforts.

- c. The President is responsible for deciding if a timely warning notice will be issued and the LRSC Chief of Police or designatee will develop and issue the notice. In the President's absence, the responsibility will go to: (1) Vice President of Academic and Student Affairs; (2) Vice President of Administrative Services; (3) Director of Student Services.
- d. If the threat is sudden and serious, a warning will be issued immediately and will be continually updated until the threat is contained or neutralized. If a threat is less immediate, the warning will be fully developed and distributed after that point in time. In some cases, information may be kept confidential to avoid compromising an ongoing investigation.
- e. LRSC is not required to issue a timely warning with respect to crimes reported to a pastoral or professional counselor.

6. Reporting Criminal Offenses

Students, faculty, staff, and visitors are encouraged to report all crimes and any suspicious activity in an accurate and timely manner to an identified campus safety authority (CSA) and local law enforcement. LRSC encourages accurate and prompt reporting of all crimes to the campus police and the appropriate police agencies, when the victim of a crime elects to, or is unable to, make such a report. For emergencies call 9-1-1. The Primary CSA is the Director of Peace Officer Training (701-662-1526).

Additional CSAs include but are not limited to:

- o Faculty assigned to the Peace Officer Training Program
- o Assistant Vice President of Student Services (701-662-1508)
- o Director of Academic Affairs (701-662-1553)
- o Risk Management Coordinator (701-662-1543)
- o Athletic Director (701-662-1523)
- o Title IX Coordinators (701-662-1509 or 701-662-1543)
- o Vice President of Academic & Student Affairs (701-662-1681)
- o Vice President of Administrative Affairs (701-662-1502)
- o Physical Plant Director (701-662-1521)
- o Director of Housing (701-662-1525)
- o Counselor (701-662-1546)

7. Individuals filing a report may request confidentiality. LRSC will evaluate the request and determine the extent to which confidentiality may be maintained. LRSC must weigh the request for confidentiality against its desire to protect the safety and security of the entire campus. Therefore, with the exception of the counselor, LRSC cannot guarantee absolute confidentiality. All crimes reported, other than those reported to the counselor, are included in the annual disclosure of crime statistics.

8. Disclosure of Crime Statistics

The Director of Institutional Effectiveness prepares the annual Campus Security and Fire Safety Report to comply with the Jeanne Clery Disclosure of Campus Security Policy and Crime Statistics Act. The full text of this report can be located on the college website at www.lrsc.edu. This report is prepared in cooperation with the local law enforcement agencies surrounding on-campus and noncampus sites, the Director of Peace Officer Training, the Title IX Coordinator, Director of Housing, and Director of Student Services. Each entity provides updated information on their educational efforts and programs to comply with the Act.

Campus crime, arrest, and referral statistics include those reported to designated campus security authorities (CSA) and local law enforcement agencies. Each year, an e-mail notification is made to all faculty, staff, and enrolled students. Copies of the report may also be obtained by calling 701-662-1509.

Lake Region State College employs one counselor who, when acting as such, is not required to report crimes for inclusion into the annual disclosure of crime statistics. As a matter of policy, they are encouraged, if and when they deem it appropriate, to inform persons being counseled of the procedures to report crimes on a voluntary basis for inclusion into the annual crime statistics.

9. Disclosure to Victims of Alleged Crimes

Lake Region State College will, upon written request, disclose to the alleged victim of a crime of violence, or a non-forcible sex offense, the results of any investigation conducted by the college against the student who is the alleged perpetrator of the crime or offense. If the alleged victim is deceased as a result of the crime or offense, LRSC will provide the results of the disciplinary hearing to the victim's next of kin, if so requested.

10. Registered Sex Offenders

The Campus Sex Crimes Preventions Act (CSCPA) of 2000 is a federal law that provides for the tracking of convicted, registered sex offenders enrolled at, or employed by, institutions of higher education. The act requires sex offenders already required to register in a State to provide notice of each institution of higher education in the State at which the person is employed, carries a vocation, or is a student. Out-of-state sex offenders are required to register if they work or attend school in North Dakota. The state then provides this information to law enforcement authorities in the jurisdiction where the institution is located.

The law requires LRSC to advise the campus community where law enforcement agency information provided by a State concerning registered sex offenders may be obtained. The North Dakota Sex Offender website is available via the Internet pursuant to North Dakota Century Code section 12.1-35-15 at <http://www.sexoffender.nd.gov/Laws/laws.shtml>.

History

Administrative Council Approved 09/28/15

Administrative Council Approved 12/05/2016

Administrative Council Approved 10/31/2023

Appendix T – LRSC Campus Security Report

2024 ANNUAL SECURITY AND FIRE SAFETY REPORT

Reporting Period January 1 – December 31, 2023

(Published September 27, 2024)

Introduction

The safety of the campus community is of vital importance to Lake Region State College (LRSC). LRSC accepts its responsibility to employ safety measures and provide information on the prevention and reporting of crimes. Creating a safe and secure campus is a shared responsibility. The active involvement of the entire campus community - students, employees, visitors - in their own personal safety and the safety of their neighbors will help keep our campus safe and a desirable place to learn, work and live.

The *2024 Annual Security and Fire Safety Report* is prepared annually in compliance with the Clery Act. Clery Act reporting covers the preceding calendar year, January 1 to December 31, 2023. It provides information related to campus security and safety including crime statistics, policies and procedures, and other information designed to inform students, employees and visitors about prevention of crimes and how to respond if a crime occurs. Included in this report are three years of reported crimes that occurred on campus, in certain off-campus buildings, or on property owned or controlled by LRSC, and on public property within, or immediately adjacent to and accessible from the campus.

The Clery Act

Jeanne Clery was a freshman at Lehigh University when she was raped and murdered in her residence hall on April 5, 1986. Her killer was a drug and alcohol abuser, a Lehigh student whom Jeanne had never met. He gained access to her room by proceeding, unopposed, through three propped-open doors, each of which should have been locked. He was convicted of the crime and sentenced to death.

The Jeanne Clery Disclosure of Campus Security Policy and Campus Crime Statistics Act (Clery Act) is a federal mandate requiring all institutions of higher education that participate in the federal student financial aid program to disclose campus crime statistics and security information. The Clery Act is intended to provide students and their families, as higher education consumers, with accurate, complete, and timely information about safety on campus so that they can make informed decisions.

Clery Act Compliance

The Clery Act requires LRSC to give timely warning of crimes that represent a threat of safety to students or employees and to make public its campus security policies and procedures. It also requires LRSC to publish and distribute an annual security report that provides crime statistics for the prior three years and campus crime prevention program descriptions.

When the Higher Education Opportunity Act was signed into law in 2008, it amended the Clery Act by adding a number of safety- and security related requirements to the Higher Education Act of 1965. To be in full compliance with the law, LRSC must:

1. Collect, classify and count crime reports and crime statistics.
2. Issue a timely warning for any Clery Act crime that represents an ongoing threat to the safety of students or employees.
3. Issue an emergency notification upon the confirmation of a significant emergency or dangerous situation involving an immediate threat to the health or safety of students or employees occurring on the campus.
4. Provide educational programs to promote the awareness of dating violence, domestic violence, sexual assault, and stalking.
5. Have procedures for institutional disciplinary action in cases of dating violence, domestic violence, sexual assault, and stalking.
6. Publish an annual security report containing safety- and security-related policy statements and crime statistics and distribute it to all current students and employees.
7. Inform prospective students and employees about the availability of the annual campus security and fire safety report.
8. Submit crime and fire statistics to the Department of Education each fall.
9. Disclose missing student notification procedures that pertain to students residing in on-campus student housing facilities.
10. Disclose fire safety information related to on-campus student housing facilities. This includes maintaining a fire log that is open to public inspection; publishing an annual fire safety report containing policy statements and fire statistics associated with each on-campus student housing facility, including number of fires, cause, injuries, deaths and property damage; and submitting fire statistics to the Department of Education each fall.

This annual report reflects the period of January 1 through December 31, 2023. Campus crime statistics include those reported to designated campus safety officials and local law enforcement agencies. All policy statements and procedures contained within this report apply to all on- and off-campus locations. Each year notification is sent to current students and employees. The notification provides information on how to access the report online. A hard copy may be obtained by contacting Brandi Nelson, Director of Academic Affairs, at 701-662-1509.

Campus Safety

LRSC Policy 1500.18

Law Enforcement Agency

See Appendix S on page 65.

Alcohol and Drugs

LRSC Policy 1500.15

See Appendix G on page 35.

Emergency Notification System

LRSC Policy 1500.13

Lake Region State College uses an Emergency Notification System (ENS). This system allows the campus to contact students, employees, and on-campus entities during an emergency. The emergency notification system will require emergency notification information from students, employees, and on-campus entities. This information is how the campus can contact the employee, student, or designated person. LRSC employee participation in the emergency notification system is mandatory and all employees, including student employees, are required to provide emergency contact information.

The responsibility to make the decision to close Lake Region State College due to weather/emergency rests with the college President. Lake Region State College administrative staff at the Grand Forks Air Force Base has the authorization to make the appropriate call for LRSC classes at the GFAFB Education Center. The President may coordinate with designated personnel before making the decision to close campus, cancel classes, delay start time, etc.

In the President's absence the responsibility will go to the:

1. Vice President for Academic and Student Affairs
2. Vice President for Administrative Services
3. Assistant Vice President of Student Affairs

Employee emergency notification telephone numbers or other emergency notification information is exempt from the state's open records laws as provided in Policy 1912 and may be released only as provided in that policy.

Emergency notification contact information will come from ConnectND and is updated monthly. This removes former employees and students from the system.

To eliminate misuse of the emergency notification system, only designated personnel will have access to deploy the system. An "emergency" means a situation that poses an immediate threat to the health or safety of someone in the institution or system community or significantly disrupts institution or system programs and activities.

The emergency notification system is only for emergencies as defined in NDUS Policy 1902. Lake Region State College's Loss Control Committee defines certain emergencies that warrant system use. According to NDUS system requirements, LRSC will conduct unannounced emergency notification tests at least once each fall, spring, and summer semester. A log is maintained of all notifications describing the exercise, date, start and end time.

Employees are required to review their emergency notification information annually. In addition, employees will receive reminders bi-annually to update their records. Emergency notification information may include campus email, campus phone, home phone, home cellular phone, and work cellular phone. Employees can opt-in for SMS "texting" capabilities. LRSC's Human Resources will gather emergency information from non-campus personnel such as the childcare center, Devils Lake Police Department, and the Devils Lake Fire Department, and other campuses based at LRSC.

Additional emergency notifications not outlined by the Loss Control Committee can be deployed if necessary, by designated personnel (if situation fits NDUS Policy 1902). Campus emergency procedures will be available for employees on the shared information drive. LRSC will use campus email and website for detailed updates, unless the situation requires redeployment.

During an emergency, LRSC employees and students are asked to refer all media inquiries to LRSC's Marketing and Communication Director or the President's Office.

Students, employees, and visitors should report all emergency situations to the LRSC Risk Management Office or Physical Plant Director.

Students will have the ability to add and update their information in Campus Connection. The portal will allow students to enter campus phone, cellular phone, email, texting information, and home phone. The system will periodically remind students to review their information. In addition, students can receive emergency notifications from other campuses depending on their class location. Students can "opt-out" of the emergency notification system in Campus Connection.

Students are allowed to leave cell phones on during class to receive emergency notifications unless instructed by faculty. If a faculty member instructs students to turn their cell phones off, the faculty member must be able to receive emergency notifications through a registered cell phone, or other means of receiving emergency messages at all times students are required to turn off their phones.

Students' emergency notification information or contact information such as phone numbers or email addresses submitted for purposes of participation in an emergency notification system, shall be excluded from directory information that is therefore confidential as provided under the Family Educational Rights and Privacy Act (FERPA). However, if a student phone number or email or other address submitted for the purpose of participation in an emergency notification system is also contained in other institution records used for other purposes, that information contained in the other institution records is directory information and not confidential, unless a student has exercised the student's right to refuse to permit disclosure of directory information.

Emergency Response

LRSC Policy 1500.19

The Vice President for Administrative Affairs or designee, as delegated by the president, is responsible for directing emergency management operations. The designee identifies other departments, units, and individuals responsible for providing emergency response and critical support services, and describes their respective roles and responsibilities. The president or designee assesses the danger and potential threat the event may pose to the safety of the campus community. If a significant emergency or dangerous situation is confirmed, the designee shall take into account the safety of the campus community, determine what information to release about the situation, and begin the notification process. In the event that notification may compromise efforts to assist a victim, contain the emergency, respond to the emergency, to otherwise mitigate the emergency, a notification may not be issued. The Loss Control Committee shall create and maintain an emergency response plan.

LRSC has a variety of ways of disseminating emergency information to the larger community, including, but not limited to:

- Public Media
 - Local radio and television stations are notified of any disasters or emergencies occurring on the campus.
 - The Director of Marketing and Communications coordinates connections with all major media outlets to provide emergency notifications.
- Mass Calling and Notification
 - The emergency notification system allows designated personnel to send a recorded voice message, e-mail, and text message simultaneously from a remote site. This message will be sent to the entire campus community and will contain important information about the emergency. When the system is activated, one or more of the following alerts are sent depending on the contact information the recipient has provided.
 - Voice Call - Individuals who have provided their phone numbers are called and a prerecorded voice message is played.
 - Email - An email is sent to all individuals who have provided email addresses.

- Text message - Individuals who have provided cell phone numbers are sent a text message.
- Warning Sirens
 - Warning sirens are strategically placed in and around the City of Devils Lake to sound in the event of a tornado warning. The sirens are tested on this system every Wednesday at 6:00pm.
- Building Evacuation Alarms
 - Every campus building has an evacuation alarm. Buildings may also be equipped with a voice public address system by which instructions may be given.
- LRSC Website
 - The Director of Marketing and Communications will update the LRSC website with pertinent information and instructions in the event of a disaster or emergency.
- Email Transmission
 - A mass email may be sent to the campus community with pertinent information and instructions in the event of a disaster or emergency.

The following is a list of individuals or organizations responsible for carrying out these procedures:

- President
- Vice President of Administrative Affairs
- Vice President of Academic & Student Affairs
- Director of Marketing and Communications
- Loss Control Committee

LRSC will publish a summary of its emergency response procedures in conjunction with at least one emergency notification test each calendar year.

Sexual Misconduct and Title IX

LRSC Policy 1500.09

See Appendix Q on page 57.

Missing Student Notification

LRSC Policy 800.08.01

As required by the Higher Education Opportunity Act of 2008, this policy addresses missing student notification for students residing in on-campus student housing and includes procedures that LRSC will follow in the event a student is reported missing.

A missing student is defined as a person currently enrolled at LRSC, residing in on-campus student housing, whose whereabouts have been unaccounted for by LRSC or local law enforcement for more than 24 hours. If a student is determined to be missing, LRSC will initiate notification procedures within 24 hours.

Designation of Confidential Contact Information

1. Students residing in on-campus student housing have the option to designate a confidential contact person who will be notified in the event the student is determined by LRSC or local law enforcement to be missing.
2. A student may designate a confidential contact person at any time by filing a Confidential Contact Form with the Director of Housing. The student is responsible for the accuracy of the contact information and for updating the information as necessary.
3. A student's confidential contact information will be accessible only by authorized campus officials and law enforcement in the course of the investigation.
4. The confidential contact may be someone other than the emergency contact listed in Campus Connection. Emergency contact information listed in Campus Connection will be kept separately from the missing student contact information.
5. If the missing student is under the age of 18 and is not an emancipated individual, LRSC is required to notify the student's parent or guardian, in addition to any confidential contact designated, immediately after determining that the student has been missing for 24 hours.
6. When a student is missing and the student failed to designate a confidential contact, LRSC may contact any person who they believe may have information about the student's whereabouts.

Notification of Missing Persons

1. Any individual who has information that a student who resides in on-campus housing is missing shall immediately notify the Assistant Director of Housing or the Resident Assistant on duty.
2. The housing official will confirm that the student is currently enrolled and living in on-campus student housing.
3. If confirmed, the housing official shall immediately notify the Director of Housing and Director of Student Services.
4. The Director of Housing will conduct an investigation to verify the situation and determine the circumstances that exist.
5. If it is determined that the student is missing, the Director of Student Services shall, within 24 hours, report the missing student to:
 - a. Local law enforcement,
 - b. The student's designated confidential contact,
 - c. The student's parent or guardian,
 - d. Other campus officials as deemed necessary.

Campus Communication Regarding Missing Persons

1. Prior to providing the LRSC community with any information about a missing student, the Director of Development and Community Relations shall consult with law enforcement to ensure that communications do not hinder the investigation.
2. All communication with the general public regarding missing students will be handled by law enforcement authorities, who shall consult with the Director of College Relations.

Fire Safety in Student Housing

Per federal law, Lake Region State College is required to annually disclose statistical data on all fires that occur in on-campus student housing facilities. Listed below are the non-emergency numbers to call to report fires that have already been extinguished in on-campus student housing. These are fires for which one is unsure whether Lake Region State College may already be aware. If one finds evidence of such a fire or hears about such a fire, they can contact one of the following:

- Risk Management (701-662-1543)
- Physical Plant Director (701-662-1521)
- Director of Housing (701-662-1525)

Candles and Incense

For fire and safety reasons, candles, lanterns, and incense are not permitted in the residence hall rooms for any reason.

Electrical Appliances

Popcorn poppers, George Foreman grills, pizza ovens, hot plates, toasters, toaster ovens, and other heating and cooking devices may not be used in student rooms. Such devices may be used in the kitchen area available in each hall. Microwaves and refrigerators (4.3 Cubic Feet or smaller) are permitted. All electrical appliances must be UL approved. The UL seal must appear on both the appliance and the cord. Coffee pots are not allowed; however, you may have a Keurig or Keurig type of device in your room.

Tobacco Free Campus

LRSC Policy 400.25

See Appendix J on page 40.

Fire Emergency Procedures

When the fire alarm sounds, students must exit the room, shut the door, and leave the building at the nearest safest exit. Once students have left the building, they meet at the following locations:

- North Residents: North Hall parking lot. Once everyone has gathered the staff may choose to relocate to a more suitable location.
- Gilliland and South Residents: Gilliland/South Hall parking lot. Once everyone has gathered the staff may choose to relocate you to a more suitable location.

Once the Devils Lake Fire Department has determined it is safe, residents will be allowed back into the building.

Future Improvements in Fire Safety

During the 2021-2022 academic year, Lake Region State College upgraded the fire safety systems in on-campus student housing facilities.

Chart 1: Crime Statistics

Residence Hall	Calendar Year	Total On-Campus	On-Campus Residence ¹	Non-Campus	Public	Unfounded
Aggravated Assault	2023	0	0	2*	0	0
	2022	0	0	0	0	0
	2021	0	0	0	0	0
Arson	2023	0	0	0	0	0
	2022	0	0	0	0	0
	2021	0	0	0	0	0
Burglary	2023	0	0	0	0	0
	2022	0	0	0	0	0
	2021	0	0	0	0	0
Motor Vehicle Theft	2023	0	0	0	0	0
	2022	0	0	0	0	0
	2021	0	0	0	0	0
Murder/Non-negligent manslaughter	2023	0	0	0	0	0
	2022	0	0	0	0	0
	2021	0	0	0	0	0
Manslaughter by negligence	2023	0	0	0	0	0
	2022	0	0	0	0	0
	2021	0	0	0	0	0
Robbery	2023	0	0	0	0	0
	2022	0	0	0	0	0
	2021	0	0	0	0	0
Fondling	2023	0	0	0	0	0
	2022	0	0	0	0	0
	2021	0	0	0	0	0
Incest	2023	0	0	0	0	0
	2022	0	0	0	0	0
	2021	0	0	0	0	0
Statutory Rape	2023	0	0	0	0	0
	2022	0	0	0	0	0
	2021	0	0	0	0	0
Rape	2023	0	0	0	0	0
	2022	0	0	0	0	0
	2021	0	0	0	0	0
VAWA Offenses (domestic violence, dating violence, stalking)	2023	0	0	0	0	0
	2022	0	0	0	0	0
	2021	0	0	0	0	0

¹On-Campus Residence statistics are included in the Total On-Campus numbers.

Note: * LRSC has a classroom location at the North Dakota State Hospital in Jamestown, ND; a facility providing acute inpatient psychiatric and substance abuse treatment and intermediate psycho-social rehabilitation services. The reports of aggravated assault occurred within this facility, but not within the LRSC nursing classroom environment. Note: There were no hate crimes reported in 2021, 2022 or 2023. There were no crimes reported in 2021, 2022 or 2023 at LRSC's locations in West Fargo (POTP), Grand Forks (GFAFB, Launch!, Nursing, POTP), or Mayville (Nursing).

Chart 2: Arrests

Residence Hall	Calendar Year	Total On-Campus	On-Campus Residence ¹	Non-Campus	Public	Launch!
Liquor Law Violations	2023	0	0	0	0	0
	2022	4	4	0	0	0
	2021	0	0	0	0	0
Drug Violations	2023	1	0	0	0	0
	2022	0	0	0	0	0
	2021	0	0	0	0	0
Weapons Violations	2023	0	0	0	0	0
	2022	0	0	0	0	0
	2021	0	0	0	0	0

¹ On-Campus Residence statistics are included in the Total On-Campus numbers.

Chart 3: Non-Arrest Campus Referrals

Residence Hall	Calendar Year	Total On-Campus	On-Campus Residence ¹	Non-Campus	Public	Launch!
Alcohol	2023	18	18	1*	0	0
	2022	18	18	0	0	0
	2021	6	6	0	0	4
Drug Violations	2023	0	0	1*	0	0
	2022	0	0	0	0	0
	2021	0	0	0	0	0
Weapons Violations	2023	0	0	0	0	0
	2022	0	0	0	0	0
	2021	0	0	0	0	0

¹ On-Campus Residence statistics are included in the Total On-Campus numbers.

* LRSC has a classroom location at the North Dakota State Hospital in Jamestown, ND; a facility providing acute inpatient psychiatric and substance abuse treatment and intermediate psycho-social rehabilitation services. The reports of alcohol and drug violations occurred within this facility, but not within the LRSC nursing classroom environment. Note: There were no arrests or non-arrest campus referrals reported in 2021, 2022 or 2023 at LRSC's locations in West Fargo (POTP), Grand Forks (GFAFB, Nursing, POTP), or Mayville (Nursing).

Chart 4: Fire Statistics

Residence Hall	Calendar Year	Fires	Injury	Death	Financial Loss
Gilliland Hall	2023	0	0	0	\$0
	2022	0	0	0	\$0
	2021	0	0	0	\$0
North Hall	2023	0	0	0	\$0
	2022	0	0	0	\$0
	2021	0	0	0	\$0
South Hall	2023	0	0	0	\$0
	2022	0	0	0	\$0
	2021	0	0	0	\$0

Chart 5: Fire Safety Systems in Student Housing

Residence Hall	Gilliland Hall	North Hall	South Hall
Building Fire Alarm	X	X	X
Pull Stations	X	X	X
Smoke Detection	X	X	X
Fire Extinguisher Devices	X	X	X
Evacuation Plans	X	X	X
Fire-Rated Doors	X	X	X
Monitored Fire Alarm System	X	X	X
Number of Yearly Evacuation Drills	4	4	4

Appendix U – LRSC Policy 1500.05

LAKE REGION STATE COLLEGE POLICY AND PROCEDURE MANUAL

SECTION 1500.05

CODE OF CONDUCT

Lake Region State College (LRSC) is committed to ethical and professional conduct. It is the responsibility of each employee acting on behalf of LRSC, including student employees, to comply with legal and regulatory requirements, policies, and procedures that apply to her/his particular duties.

There may be instances when a policy or procedure appears difficult to interpret or to apply. In those cases, clarification should be sought through the employee's supervisor. If necessary, further questions should be directed to the administration office that has responsibility for the oversight of the policy.

This policy applies to all employees or contracted professionals of Lake Region State College.

Expectations - It is expected that all employees:

1. Perform their duties conscientiously, honestly, and in accordance with the best interests of LRSC.
2. Comply with applicable federal and state laws, SBHE, NDUS and LRSC policies and procedures.
3. Will not use their position or the knowledge gained as a result of their position for private or personal advantage.
4. Support an environment that is free of intimidation, threatening behavior, discrimination and/or harassment.
5. Conduct themselves in a businesslike manner.
6. Will be responsible and use good judgement when spending LRSC funds including reimbursable expenses.
7. Follow the policies and procedures for recording, handling, and protecting money and other assets.
8. Will not make, send, enter or distribute a false record or communication of any kind.
9. Comply with applicable laws, regulations, SBHE policies and NDUS procedures concerning privacy, confidential records, access to open records and records retention.
10. Make every effort to communicate completely, accurately, and in a timely manner.
11. Only collect personal information necessary for LRSC business.
12. Retain customer information for only as long as required by LRSC's records retention schedule.
13. Will have a legitimate business reason for accessing information.

14. Will only accept *de minimus* contributions, such as a purchase of a meal at reasonable value as part of a conference or other event with no conditions attached.
15. Will not accept entertainment, gifts, or personal favors that could, in any way, influence, or appear to influence, business decisions in favor of any person or organization with whom or with which LRSC has or is likely to have business dealings.
16. Will not accept kickbacks and commissions from suppliers.
17. Avoid investing in or acquiring a financial interest for their own accounts in any business organization that has a contractual relationship with LRSC, or that provides goods or services to LRSC, if such investment or interest could influence or create the impression of influencing their decisions in the performance of their duties.
18. Share responsibility for good public relations, especially at a community level.
19. Must avoid outside activities that create an excessive demand upon their time and attention, thus depriving LRSC of their best efforts in fulfilling their job duties or that create a conflict of interest, or an obligation, interest, or distraction, that interferes with the independent exercise of judgment in the best interest of LRSC.
20. Separate their personal roles from their LRSC positions when communicating on matters not involving LRSC business. They may not use LRSC identification, stationery, supplies, and equipment for personal or political matters.
21. May not represent that they speak for LRSC, unless that is one of their duties or they are otherwise authorized to do so.
22. Must take care not to compromise the integrity or damage the reputation of LRSC when dealing with the community.
23. Will not engage in disruptive behavior; and will not engage in unlawful gambling.
24. Will abide by the LRSC alcohol and drug policy and the requirements for presidential approval under SBHE policy 918.

25. Will not possess any dangerous weapon, firearm (including handguns, rifles, and shotguns), or explosive device on property owned, leased, or under the control of LRSC unless expressly authorized by law. Faculty and instructors of the Peace Officer Training Program, a hunter education program, or other course or program approved by the President may possess approved dangerous weapons according to the approved curriculum. Sworn officers of the LRSC Police Department are also exempt from this policy when use or possession occurs in the performance of their official duties.

26. Are prohibited from making threats of harm to others, in person, through a third person, in writing or by electronic means (social media, text, phone calls, etc.).
27. Will not use public property or resources to perform unauthorized activities that disrupt the efficient and economical administration of LRSC.

Reporting - Employees shall report suspected violations of the Code of Conduct policy to their supervisor, the VP for Administrative Affairs, VP for Academic and Student Affairs, or the President. In addition, the NDUS has a fraud hotline and suspected violations may be

reported anonymously by use of that hotline. Failure to report known or suspected violations is in itself a violation and employees may be subject to disciplinary action up to and including termination.

Investigations- Alleged violations of this Code of Conduct shall be investigated by the VP for Administrative Affairs, the VP for Academic and Student Affairs, another officer designated by the President or the NDUS at the request of the President. All employees shall cooperate in these investigations.

Discipline - If it is determined that the Code of Conduct or another policy has been violated, the offending employee may be subject to disciplinary action up to and including termination. In some circumstances, employee may be subject to civil and criminal charges and penalties.

Retaliation - The Code of Conduct prohibits retaliation against those who participate in reporting or investigating policy violations. Any person who retaliates against another may be subject to disciplinary action up to and including termination.

Acknowledgement - New employees will review the Code of Conduct and sign a statement certifying that the employee has read and agrees to comply with the Code of Conduct. All benefitted employees are required to annually certify in writing that they have read and are in compliance with the Code of Conduct.

History

Administrative Council Approved 06/15/10

Administrative Council Approved (1500.05, 2) 06/05/17

Administrative Council Approved 11/20/2018

Appendix V – Devils Lake City Ordinance on Alcohol Titles

CHAPTER 5.24 ALCOHOLIC BEVERAGES

5.24.010 Definitions.

5.24.020 Applicability of chapter--Exceptions.

5.24.030 License--Required.

5.24.040 License--Term.

5.24.050 Classes of licenses, fees and limitation of number issued.

5.24.060 License qualifications for any applicant.

5.24.070 License application--Investigation of applicant's fitness.

5.24.080 License transfers and site locations--Restrictions.

5.24.090 Licenses--Limitation of number issued to license holder.

5.24.100 Posting of licenses.

5.24.110 License termination, suspension, revocation and hearing provisions.

5.24.120 Restrictions on sale, service and dispensing of alcoholic beverages.

5.24.130 Limitation on hours and days of sale.

5.24.140 Employment of minors prohibited.

5.24.150 Sale to minors and certain persons prohibited.

5.24.160 Responsibility for conduct on premises--Gambling devices prohibited--Sale of other items restricted.

5.24.170 Inspection of premises by police officers permitted.

5.24.180 Closed booths and windows prohibited.

5.24.190 Possession of unstamped and untaxed liquor unlawful.

5.24.200 Delivery of intoxicating liquor by nonlicensed persons unlawful.

5.24.210 Hearing on alleged violations.

5.24.220 Severance clause.

5.24.230 Violations--Penalties stated.

5.24.240 Special permit.

5.24.250 Consumption of alcoholic beverages adjacent to licensed premises.

5.24.260 Server training.