Tammy Riggin

Tammy Riggin, Associate Professor at Lake Region State College, leads the Fitness Trainer Technician (FiTT) Program—preparing students to become certified personal trainers and pursue careers in exercise science, physical therapy, and athletic training. "As a faculty member at Lake Region State College, I am proud to lead this fantastic program," she said.

This academic pathway prepares students for quick entry to the workforce and lays the foundation for advanced degrees, Riggin said.

"Our students are passionate about health and wellness, and they are committed to making a lasting impact on our

communities," Riggin shares. "Many graduates return to the Lake Region area to help others live healthier, more active lives."

Riggin emphasizes the importance of donor support, "Scholarships provide crucial financial relief, allowing students to complete their two-year degree with fewer loan burdens." Program endowments also enhance hands-on learning. "Program

endowments make it possible for us to offer hands-on learning with the most up-to-date equipment available in the everevolving fitness industry."

"Your support is an investment not just in our students—but in the health and wellness of our entire region."

Community College Foundation
Supporting Lake Region State College since 1959

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Connecting Possibilities

At Lake Region State College, opportunity comes full circle. As students work toward their goals, one of their biggest challenges is the cost of tuition and expenses.

Your support through the Community College Foundation closes the gap. Whether funding scholarships, academic programs, or support services, your gift strengthens the network of opportunity around each student.

With some of the lowest tuition rates in North Dakota, LRSC is an affordable choice, but scholarships make all the difference. They provide the missing link that helps students choose their path and complete their education. When you give, you become part of a continuous circle of support—one that starts with generosity and leads to success.

Tyler Kleinjan

For Tyler Kleinjan, Lake Region State College was the right choice—offering the chance to continue his education and athletic career while staying close to home. With scholarship support from the Community College Foundation, Tyler gained the tools he needed to succeed. He chose the Business Program after a campus visit with Cindy Brown.



"It applies to many real-world jobs, and the material learned can be used in everyday life," he shares. Encouragement from instructors like Cindy Brown and Scott Sandy has helped him stay on track.

In addition to his studies, Tyler was involved in baseball, hockey, and served as Vice President of

LRSC DECA. These experiences, made possible by donor support, are preparing him for life after college. Your gift helps students like Tyler pursue their goals and finish what they start. When you give, you strengthen the circle of opportunity that begins at LRSC.

Expand the Circle of Opportunity



Strengthen Student Success

The North Dakota Higher Education
Challenge Fund offers a 50% match for
qualifying contributions toward scholarships
and endowments through the CCF,
expanding opportunities for LRSC students.



Create a Lasting Impact

Establish a named endowment. Create a lasting support for LRSC students.
An endowment that is eligible for the challenge match will grow 50%, creating increased impact.



Join the Circle of Giving

We are happy to help donors find gifting options that match their passions. Contact the CCF Office to learn how your contribution can make a lasting difference.

Erin Wood, Executive Director Rebekah Urban, Donor/Development Specialist Ashlee Collison, Office Manager Michelle Roerick, Administrative Assistant

Mattyson Ertelt

Mattyson Ertelt of Devils Lake had planned to attend the University of North Dakota after high school—until a presentation by Ashlee Collison from Lake Region State College changed her course.

"I was new to the whole 'applying-for-college' routine, and it made me a bit overwhelmed," Mattyson shared. "But after hearing Ashlee speak about LRSC, I realized it offered endless opportunities in degrees, student organizations, sports, and scholarships."

Mattyson decided to attend LRSC for one year—a decision she does not regret. Thanks to a scholarship from the LRSC

Foundation, she was able to focus on her studies. "This scholarship reduced financial stress, allowing me to focus more on my studies," she explained.

In May, Mattyson graduated with an Associate of Arts and will continue her education at UND, pursuing a double major in Marketing and Management. She hopes to one day give back to LRSC. "The meaning of life is to find your gift. The purpose of life is to give



it away," she said. "I hope to one day give away a scholarship here as well to support another student."

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